

# Doctor of Occupational Therapy: Guaranteed Professional Admissions (GPA) Pathway Checklist & Timeline

**Pathway 1: Direct Entry** (“4+3” resulting in B.S. General Exercise Science and an OTD-traditional pathway)

**Pathway 2: “3+3” resulting in OTD only**

**Pathway 3: “3+3” resulting in B.S. General Exercise Science and an OTD** (internal to LMU undergraduate students *only* in the GPA Pathway)

## **General Academic Requirements:**

All applications must be submitted through the Occupational Therapy Centralized Application System (OTCAS), which opens mid-July of the year prior to matriculation and remains open until mid-March. Interviews occur both in person and virtually and are listed on the OTD website in June or July.

## **Admission Requirements:**

- Minimum of 90 hours of undergraduate hours (can do 3+3 pathways)
- 3.0 overall GPA on all college coursework\*\*
- 3.0 overall GPA on all prerequisite coursework\*\*
- Minimum grade of “c” required for prerequisite courses
- Minimum of 40 hours of shadowing an occupational therapist
- Three letters of recommendation (At least one from an OT)
- Personal statement

\*\*If your overall GPA or Prerequisite GPA on all college coursework falls below a 3.0, you may still be eligible for admission.

## **Prerequisites:**

### **Required:**

- Anatomy and Physiology I with Lab (4 credits)
- Human Growth and Development **OR** Lifespan Development (3 credits)
- Abnormal Psychology (3 credits)
- Sociology, Anthropology, Philosophy **OR** Introduction to Psychology (3 credits)
- Statistics (3 credits)
- Medical Terminology (1-3 credits)

### **Recommended:**

- Anatomy and Physiology II with Lab (4 credits)
- Kinesiology or Biomechanics (3 credits)

**NOTE:** Substitution of requirements for any of the above prerequisite courses may be granted individually by the occupational therapy program admissions committee.

**Transfer of Credits.** *There is no credit for experiential learning or work experience. Previous OT coursework is non-transferable into the OTD program.*

**AP Credits.** Advanced Placement (AP) credits are not accepted to fulfill prerequisite requirements. However, if you've completed a higher-level course in the same subject area (e.g., a more advanced biology course to replace an introductory biology prerequisite), it may be accepted as a substitution. Be sure to provide the course description and syllabus for review, as substitutions are considered on a case-by-case basis.

## Fall - Year 1

Requirement/Action Item	Completed	Ongoing Required Courses
Meet with professional advisor to review GPA Pathway requirements	<input type="checkbox"/>	<input type="checkbox"/> Anatomy and Physiology I with Lab (4 credits) <input type="checkbox"/> Human Growth and Development OR Lifespan Development (3 credits) <input type="checkbox"/> Abnormal Psychology (3 credits) <input type="checkbox"/> Sociology, Anthropology, Philosophy OR Introduction to Psychology (3 credits) <input type="checkbox"/> Statistics (3 credits) <input type="checkbox"/> Medical Terminology (1-3 credits) <b>Recommended:</b> <input type="checkbox"/> Anatomy and Physiology II with Lab (4 credits) <input type="checkbox"/> Kinesiology or Biomechanics (3 credits)
Meet/email with CMSHP GPA contact	<input type="checkbox"/>	
Start volunteering and observing with OT if possible (ensure you log hours for submission with application)	<input type="checkbox"/>	

## Spring - Year 1

Requirement/Action Item	Completed	Ongoing Required Courses
Maintain cumulative 3.0 GPA	<input type="checkbox"/>	<input type="checkbox"/> Anatomy and Physiology I with Lab (4 credits) <input type="checkbox"/> Human Growth and Development OR Lifespan Development (3 credits) <input type="checkbox"/> Abnormal Psychology (3 credits) <input type="checkbox"/> Sociology, Anthropology, Philosophy OR Introduction to Psychology (3 credits) <input type="checkbox"/> Statistics (3 credits) <input type="checkbox"/> Medical Terminology (1-3 credits) <b>Recommended:</b> <input type="checkbox"/> Anatomy and Physiology II with Lab (4 credits) <input type="checkbox"/> Kinesiology or Biomechanics (3 credits)
Maintain minimum grade of "C" for all required courses	<input type="checkbox"/>	
Meet/email with CMSHP GPA contact	<input type="checkbox"/>	
Continue volunteering and observing with OT if possible (ensure you log hours for submission with application)	<input type="checkbox"/>	

## Fall - Year 2

Requirement/Action Item	Completed	Ongoing Required Courses
Maintain cumulative 3.0 GPA	<input type="checkbox"/>	<input type="checkbox"/> Anatomy and Physiology I with Lab (4

Maintain minimum grade of “C” for all required courses	<input type="checkbox"/>	credits)
Meet/email with CMSHP GPA contact	<input type="checkbox"/>	<input type="checkbox"/> Human Growth and Development OR Lifespan Development (3 credits)
Continue volunteering and observing with OT if possible (ensure you log hours for submission with application)	<input type="checkbox"/>	<input type="checkbox"/> Abnormal Psychology (3 credits) <input type="checkbox"/> Sociology, Anthropology, Philosophy OR Introduction to Psychology (3 credits) <input type="checkbox"/> Statistics (3 credits) <input type="checkbox"/> Medical Terminology (1-3 credits) <b>Recommended:</b> <input type="checkbox"/> Anatomy and Physiology II with Lab (4 credits) <input type="checkbox"/> Kinesiology or Biomechanics (3 credits)

## Spring - Year 2

Requirement/Action Item	Completed	Ongoing Required Courses
Maintain cumulative 3.0 GPA	<input type="checkbox"/>	<input type="checkbox"/> Anatomy and Physiology I with Lab (4 credits)
Maintain minimum grade of “C” for all required courses	<input type="checkbox"/>	<input type="checkbox"/> Human Growth and Development OR Lifespan Development (3 credits)
Meet/email with CMSHP GPA contact	<input type="checkbox"/>	<input type="checkbox"/> Abnormal Psychology (3 credits)
Continue volunteering and observing with OT if possible (ensure you log hours for submission with application)	<input type="checkbox"/>	<input type="checkbox"/> Sociology, Anthropology, Philosophy OR Introduction to Psychology (3 credits) <input type="checkbox"/> Statistics (3 credits) <input type="checkbox"/> Medical Terminology (1-3 credits) <b>Recommended:</b> <input type="checkbox"/> Anatomy and Physiology II with Lab (4 credits) <input type="checkbox"/> Kinesiology or Biomechanics (3 credits)

## Fall - Year 3

Requirement/Action Item	Completed	Ongoing Required Courses
Maintain cumulative 3.0 GPA	<input type="checkbox"/>	<input type="checkbox"/> Anatomy and Physiology I with Lab (4 credits)
Maintain minimum grade of “C” for all required courses	<input type="checkbox"/>	<input type="checkbox"/> Human Growth and Development OR Lifespan Development (3 credits)
Meet/email with CMSHP GPA contact	<input type="checkbox"/>	<input type="checkbox"/> Abnormal Psychology (3 credits)
Complete volunteering and observing with (ensure hours are logged for submission with application)	<input type="checkbox"/>	<input type="checkbox"/> Sociology, Anthropology, Philosophy OR Introduction to Psychology (3 credits) <input type="checkbox"/> Statistics (3 credits) <input type="checkbox"/> Medical Terminology (1-3 credits)
<b>Pathways 2 &amp; 3:</b> <ul style="list-style-type: none"> <li>Ensure all required</li> </ul>	<input type="checkbox"/>	<b>Recommended:</b> <input type="checkbox"/> Anatomy and Physiology II with Lab (4 credits)

prerequisites are met <ul style="list-style-type: none"> <li>• Ensure observation hours are complete</li> <li>• Ensure letters of recommendation are complete</li> <li>• OTCAS application must be submitted by mid-March for May matriculation</li> </ul>		credits) <ul style="list-style-type: none"> <li><input type="checkbox"/> Kinesiology or Biomechanics (3 credits)</li> </ul>
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### Spring - Year 3

Requirement/Action Item	Completed	Ongoing Required Courses
Maintain cumulative 3.0 GPA	<input type="checkbox"/>	<input type="checkbox"/> Anatomy and Physiology I with Lab (4 credits)
Maintain minimum grade of “C” for all required courses	<input type="checkbox"/>	<input type="checkbox"/> Human Growth and Development OR Lifespan Development (3 credits)
Meet/email with CMSHP GPA contact:	<input type="checkbox"/>	<input type="checkbox"/> Abnormal Psychology (3 credits)
Complete volunteering and observing with (ensure hours are logged for submission with application)	<input type="checkbox"/>	<input type="checkbox"/> Sociology, Anthropology, Philosophy OR Introduction to Psychology (3 credits)
<b>Pathway 2 &amp; 3 (3+3 students):</b> schedule OTD summer courses	<input type="checkbox"/>	<input type="checkbox"/> Statistics (3 credits)
<b>Pathways 2 &amp; 3:</b> <ul style="list-style-type: none"> <li>• Ensure all required prerequisites are met</li> <li>• Ensure observation hours are complete</li> <li>• Ensure letters of recommendation are complete</li> <li>• OTCAS application must be submitted by mid-March for May matriculation</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/> Medical Terminology (1-3 credits) <b>Recommended:</b> <input type="checkbox"/> Anatomy and Physiology II with Lab (4 credits) <input type="checkbox"/> Kinesiology or Biomechanics (3 credits)

### Fall - Year 4

Requirement/Action Item	Completed	Ongoing Required Courses
Meet with professional advisor to review GPA Pathway requirements and discuss intent-to-graduate forms	<input type="checkbox"/>	<input type="checkbox"/> Anatomy and Physiology I with Lab (4 credits)
Maintain cumulative 3.0 GPA	<input type="checkbox"/>	<input type="checkbox"/> Human Growth and Development OR Lifespan Development (3 credits)

Maintain minimum grade of “C” for all required courses	<input type="checkbox"/>	<input type="checkbox"/> Abnormal Psychology (3 credits) <input type="checkbox"/> Sociology, Anthropology, Philosophy OR Introduction to Psychology (3 credits) <input type="checkbox"/> Statistics (3 credits) <input type="checkbox"/> Medical Terminology (1-3 credits) <b>Recommended:</b> <input type="checkbox"/> Anatomy and Physiology II with Lab (4 credits) <input type="checkbox"/> Kinesiology or Biomechanics (3 credits)
Meet/email with CMSHP GPA contact	<input type="checkbox"/>	
<b>Pathway 2 &amp; 3 (3+3 students):</b> schedule OTD summer courses	<input type="checkbox"/>	
<b>Pathway 1:</b> Complete volunteering and observing with (ensure hours are logged for submission with application)	<input type="checkbox"/>	
<b>Pathway 1:</b> Identify three references to be submitted with application	<input type="checkbox"/>	
<b>Pathway 1:</b> Submit OTCAS application by mid-March for May matriculation	<input type="checkbox"/>	

## Spring - Year 4

Requirement/Action Item	Completed	Ongoing Required Courses
Meet with professional advisor to review GPA Pathway requirements and ensure intent-to-graduate form is complete	<input type="checkbox"/>	<input type="checkbox"/> Anatomy and Physiology I with Lab (4 credits) <input type="checkbox"/> Human Growth and Development OR Lifespan Development (3 credits) <input type="checkbox"/> Abnormal Psychology (3 credits) <input type="checkbox"/> Sociology, Anthropology, Philosophy OR Introduction to Psychology (3 credits) <input type="checkbox"/> Statistics (3 credits) <input type="checkbox"/> Medical Terminology (1-3 credits) <b>Recommended:</b> <input type="checkbox"/> Anatomy and Physiology II with Lab (4 credits) <input type="checkbox"/> Kinesiology or Biomechanics (3 credits)
Maintain cumulative 3.0 GPA	<input type="checkbox"/>	
Maintain minimum grade of “C” for all required courses	<input type="checkbox"/>	
Meet/email with CMSHP GPA contact	<input type="checkbox"/>	
<b>Pathway 2 &amp; 3 (3+3 students):</b> schedule OTD summer courses	<input type="checkbox"/>	
<b>Pathway 1:</b> Complete volunteering and observing with (ensure hours are logged for submission with application)	<input type="checkbox"/>	
<b>Pathway 1:</b> Identify three references to be submitted with application	<input type="checkbox"/>	
<b>Pathway 1:</b> Submit OTCAS application by mid-March for May matriculation	<input type="checkbox"/>	