

Lincoln Memorial University requires the following students, enrolled in six or more hours, to carry personal health insurance: Undergraduate, Graduate, and Professional Nursing, Physician Assistants, Doctor of Anatomical Education, Doctor of Medical Science, Master of Science, Veterinary Medicine, Jurisprudence, Dental Medicine, Physical Therapy, Occupational Therapy, and Osteopathic Medicine. **Your student account will be charged for this insurance coverage.** If you are currently covered by comparable health insurance through the end of the academic year, you may be able to waive **automatic enrollment** in the plan.

The Lincoln Memorial University student injury and sickness insurance plan will be administered by UnitedHealthcare Student Resources for the 2022-2023 academic year. Here are some ways you can better understand your benefits, find care options, manage costs and get more out of your health plan. **You are required to take action. If you do not apply for and receive an approved waiver by the close of the waiver period, your student account charge will not be removed.**

### **Waiver**

If you are currently covered by comparable health insurance through the end of the academic year, apply for your waiver of automatic enrollment by going to [www.studentcenter.uhcsr.com/lmunet](http://www.studentcenter.uhcsr.com/lmunet). (Use **Google Chrome**) Please see the attached flyer for other important information on waiving the mandatory student insurance.

### **Understand your benefits.**

You can find your insurance Certificate of Coverage and other helpful information regarding the available services or general health information online at [www.uhcsr.com/lmunet](http://www.uhcsr.com/lmunet).

### **Activate your My Account.**

Once enrolled: when it comes to managing your health plan, [www.uhcsr.com/myaccount](http://www.uhcsr.com/myaccount) lets you see what's covered, manage costs and so much more. To help everyone get the most from their plan, it's important that each member create their My Account login. Use My Account to:

- Download your ID card
- Access claims information
- See messages sent to you
- See what benefits are available to you

### **Download the UnitedHealthcare Student Resources (UHCSR) app.**

The UHCSR app puts your health plan at your fingertips. Download it to:

- View and share your ID card as needed
- Find nearby care options in your network
- See your claim details
- Connect with HealthiestYou to make a virtual medical or mental health appointment

### **Simple ways to save.**

Stay in the network. The doctors and facilities in the network may have agreed to provide services at a negotiated rate - so staying in network makes sense, especially when visiting an out-of-network provider could cost you more for care. Sign into My Account > Find Medical Provider/Estimate cost OR Find Mental Health Resources to locate:

- Labs
- Hospitals
- Mental health professionals
- Network doctors

Please reply to [finaid@lmunet.edu](mailto:finaid@lmunet.edu) if you have additional questions.