

Psychology Counseling & Practice Track - Four -Year Plan

The following is a suggested four-year plan of study for freshmen entering LMU during the 2026-2027 academic year. This plan should be used in conjunction with the University catalog and in consultation with the faculty advisor. Transfer students should contact their advisor if they have questions regarding transfer credit. Courses listed on the four-year plan may be taken during other years, based on availability and course placement. This plan meets LMU's general education (Liberal Arts Common Core) requirements, major requirements and 300/400 level course requirements. **Note: In order to graduate in four years (eight regular semesters) the student must average passing 15/16**

First Year

Fall

ENGL 101 Composition I ^a	3
Fine Arts, Humanities, Ethics Requirement ^a	3
LNCN 100 Lincoln's Life & Legacy ^a	1
Mathematics Requirement ^a	3
PSYC 100 Introduction to Psychology ^{ab}	3
UACT 100 Strategies for College Success ^a	1

TOTAL 14

Spring

ENGL 102 Composition II ^a	3
COMM 200 Fundamentals of Speech Communication ^a	3
PSYC 221 Child & Adoles. Development ^{ab}	3
Elective	3
Elective	3

TOTAL 15

Second Year

Fall

Fine Arts, Humanities, Ethics Requirement ^a	3
History Requirement ^a	3
Science Requirement ^a	4
Elective	3
Elective	3

TOTAL 16

Spring

History Requirement ^a	3
Science Requirement ^a	4
PSYC 222 Adult Development ^b	3
PSYC 255 Social Psychology ^b	3
Elective	3

TOTAL 16

Third Year

Fall

PSYC 375 Statistical Methods Social Sciences ^b	3
PSYC 314 History & Systems of Psychology ^b	3
PSYC 314X Junior Writing Req ^b	0
PSYC 315 Theories of Personality ^b	3
Elective	3
Elective	3

TOTAL 15

Spring

CIVX 300 American Civics ^a	2
PSYC 340 Abnormal Psychology ^b	3
PSYC 380 Research in Psychology ^b	3
Elective	3
Elective	3
Elective	2

TOTAL 16

Fourth Year

Fall

Elective	3
PSYC 470 Tests & Measurement ^b	3
PSYC 475 Neuropsychology ^b	3
PSYC 460 Theories of Psychotherapy ^b	3
Elective	3

TOTAL 15

Spring

Elective	3
Elective	3
PSYC 450 Health Psychology ^b	3
PSYC 498Z Senior Writing Req ^b	0
PSYC 498 Seminar & Internship ^b	3
* may complete PSYC 498 for 6 credits with approval	
Elective 300/400 Level	3
* not required when completing PSYC 498 for 6 credits	

TOTAL 15

a = General Education or Degree Requirement

b = Major requirement

* Students must earn 36 credits of upper-level (300/400) course credits

TOTAL 122