

Psychology Research Track - Four-Year Plan

The following is a suggested four-year plan of study for freshmen entering LMU during the 2025-2026 academic year. This plan should be used in conjunction with the University catalog and in consultation with the faculty advisor. Transfer students should contact their advisor if they have questions regarding transfer credit. Courses listed on the four-year plan may be taken during other years, based on availability and course placement. This plan meets LMU's general education (Liberal Arts Common Core) requirements, major requirements and 300/400 level course requirements. **Note: In order to graduate in four years (eight regular semesters) the student must average passing 15/16 credit hours per semester. Major courses must have a grade of C- or better.**

First Year

Fall

ENGL 101 Composition I ^a	3
LNCN 100 Lincoln's Life and Legacy ^a	1
Mathematics Requirement ^a	3
PSYC 100 Introduction to Psychology ^{ab}	3
UACT 100 Strategies for College Success ^a	1
Elective	3
TOTAL	14

Spring

COMM 200 Fundamentals of Speech Communication ^a	3
ENGL 102 Composition II ^a	3
Fine Arts, Humanities, Ethics Requirement ^a	3
PSYC 221 Child & Adolescent Development ^{ab}	3
Elective	3
TOTAL	15

Second Year

Fall

Fine Arts, Humanities, Ethics Requirement ^a	3
History Requirement ^a	3
Science Requirement ^a	4
Elective	3
Elective	3
TOTAL	16

Spring

PSYC 222 Adult Development ^b	3
PSYC 255 Social Psychology ^b	3
History Requirement ^a	3
Science Requirement ^a	4
Elective	3
TOTAL	16

Third Year

Fall

PSYC 375 Statistical Methods Social Sciences ^b	3
PSYC 314 History & Systems of Psychology ^b	3
PSYC 314X Junior Writing Req ^b	0
PSYC 315 Theories of Personality ^b	3
Elective	3
Elective	3
TOTAL	15

Spring

CIVX 300 American Civics ^a	2
PSYC 340 Abnormal Psychology ^b	3
PSYC 380 Research in Psychology ^b	3
PSYC 394 Cognitive Psychology ^b	3
Elective	3
Elective	3
TOTAL	17

Fourth Year

Fall

PSYC 470 Tests and Measurement ^b	3
PSYC 475 Neuropsychology ^b	3
PSYC 480 Experimental Psychology ^b	3
PSYC 480Z Senior Writing Req ^b	0
Elective	3
Elective	3
TOTAL	15

Spring

PSYC 450 Health Psychology ^b	3
Elective	2
Elective 300/400 Level	3
Elective 300/400 Level	3
Elective 300/400 Level	3
TOTAL	14

a = General Education or Degree Requirement

b = Major requirement

* Students must earn 36 credits of upper-level (300/400) course credits

TOTAL 122

Psychology Course Offerings

PSYC 100 Introduction to Psychology	3
PSYC 221 Child & Adolescent Development	3
PSYC 222 Adult Development	3
PSYC 255 Social Psychology	3
PSYC 260 Introduction to Evolutionary Psychology	3
PSYC 280 Statistical Methods for the Social Sciences	3
PSYC 314 History & Systems of Psychology	3
PSYC 315 Theories of Personality	3
PSYC 340 Abnormal Psychology	3
PSYC 370 Educational Psychology	3
PSYC 380 Research in Psychology	3
PSYC 394 Cognitive Psychology	3
PSYC 420 The Psychology of Aging	3
PSYC 450 Health Psychology	3
PSYC 460 Theories of Psychotherapy	3
PSYC 470 Tests and Measurement	3
PSYC 475 Neuropsychology	3
PSYC 480 Experimental Psychology	3
PSYC 488 Senior Thesis	3
PSYC 496 Seminar in Psychotherapy	3
PSYC 498 Seminar & Internship in Psychological Services	3 to 6