

Psychology General Track - Four -Year Plan

The following is a suggested four-year plan of study for freshmen entering LMU during the 2025-2026 academic year. This plan should be used in conjunction with the University catalog and in consultation with the faculty advisor. Transfer students should contact their advisor if they have questions regarding transfer credit. Courses listed on the four-year plan may be taken during other years, based on availability and course placement. This plan meets LMU's general education (Liberal Arts Common Core) requirements, major requirements and 300/400 level course requirements. **Note: In order to graduate in four years (eight regular semesters) the student must average passing 15/16 hours per**

First Year

Fall

ENGL 101 Composition I ^a	3
Fine Arts, Humanities, Ethics Requirement ^a	3
LNCN 100 Lincoln's Life and Legacy ^a	1
Mathematics Requirement ^a	3
PSYC 100 Introduction to Psychology ^{ab}	3
UACT 100 Strategies for College Success ^a	1

TOTAL 14

Spring

ENGL 102 Composition II ^a	3
COMM 200 Fundamentals of Speech Communication ^a	3
*Developmental Psych. Req. ^b (PSYC 221 or 222)	3
Elective	3
Elective	3

TOTAL 15

Second Year

Fall

Fine Arts, Humanities, Ethics Requirement ^a	3
History Requirement ^a	3
Science Requirement ^a	4
Psychology Elective ^b or Elective	3
Psychology Elective ^b or Elective	3

TOTAL 16

Spring

History Requirement ^a	3
Science Requirement ^a	4
*SocioCultural Psych. Req. ^b (PSYC 255) or Elective	3
Psychology Elective ^b or Elective	3
Psychology Elective ^b or Elective	3

TOTAL 16

Third Year

Fall

PSYC 375 Statistical Methods Social Sciences ^b	3
PSYC 314 History & Systems of Psychology ^b	3
PSYC 314X Junior Writing Req ^b	0
*SocioCultural Psych. Req. ^b (PSYC 315) or Elective	3
Psychology Elective ^b or Elective	3
Psychology Elective ^b or Elective	3

TOTAL 15

Spring

CIVX 300 American Civics ^a	2
PSYC 380 Research in Psychology ^b	3
PSYC 394 Cognitive Psychology ^b	3
*SocioCultural Psych. Req. ^b (PSYC 340) or Elective	3
*Applied Psych Req. ^b (PSYC 370) or Elective	3
Psychology Elective ^b or Elective	2

TOTAL 16

Fourth Year

Fall

PSYC 475 Neuropsychology ^b	3
PSYC 480 Experimental Psychology ^b	3
PSYC 480Z Senior Writing Req ^b	0
*Applied Psych Req. ^b (PSYC 470) or 300/400 Elect	3
Elective	3
Elective	3

TOTAL 15

Spring

*Applied Psych Req. ^b (PSYC 450) or 300/400 Elect	3
Elective 300/400 Level	3
Elective 300/400 Level	3
Elective 300/400 Level	3
Elective 300/400 Level	3

TOTAL 15

a = General Education or Degree Requirement

b = Major requirement

TOTAL 122

***Developmental Psych Requirement - Pick one course**

PSYC 221 Child & Adolescent Development

PSYC 222 Adult Development

***SocioCultural Psych Requirement - Pick one course**

PSYC 255 Social Psychology

PSYC 315 Theories of Personality

PSYC 340 Abnormal Psychology

***Applied Psych Requirement - Pick one course**

PSYC 370 Educational Psychology

PSYC 450 Health Psychology

PSYC 470 Tests and Measurement

Note:

* Students must take at least 6 credits of psychology electives (any level).

* Students must earn 36 credits of upper-level (300/400) course credits.

* Students must earn 122 credits overall.

There are multiple pathways to meet these goals

* e.g., a psychology elective at the 300/400 level would contribute to all of the above requirements.

* this 4-year plan only serves as a guide; students should consult with their academic advisor.