

Savannah Campbell, PsyD

Assistant Professor of Psychology

Biography

Dr. Campbell is an Assistant Professor of Psychology in the department of Social Sciences. She graduated magna cum Laude with a bachelor's in psychology and a major completed in journalism from Eastern Kentucky University. While completing that degree, Dr. Campbell conducted research on the effect of background music on short-term recall. She then completed a master's degree in clinical psychology at Eastern Kentucky University and following her graduation, worked for a number of years in providing mental health services of both therapy and assessment with different community agencies. She later returned to Eastern Kentucky University to earn her PsyD in Clinical Psychology with an emphasis in rural mental health. Dr. Campbell's doctoral specialization project involved creation of a therapeutic intervention that combined expressive techniques with Acceptance and Commitment Therapy (ACT). She completed a doctoral internship as a therapist at the Ball State University Counseling Center. In her non-teaching time, Dr. Campbell enjoys reading, creative writing, listening to music, and spending time with her family and friends.

Teaching and Research Interests

Dr. Campbell's research interests are primarily in expressive and narrative therapies and the emotional growth and development gained through interventions based in these techniques. She is also interested in the connections between personality and musical preferences.

Publications and Presentations (last five years)

Publications

Creative endeavors through therapy: how artistic expressions can help foster growth (Dissertation, 2021).

Learning to Live (novel, 2018).