

Psychology Counseling & Practice Track - Four -Year Plan

The following is a suggested four-year plan of study for freshmen entering LMU during the 2024-2025 academic year. This plan should be used in conjunction with the University catalog and in consultation with the faculty advisor. Transfer students should contact their advisor if they have questions regarding transfer credit. Courses listed on the four-year plan may be taken during other years, based on availability and course placement. This plan meets LMU's general education (Liberal Arts Common Core) requirements, major requirements and 300/400 level course requirements. **Note: In order to graduate in four years (eight regular semesters) the student must average passing 15/16**

**First Year**

**Fall**

ENGL 101 Composition I <sup>a</sup>	3
COMM 200 Fundamentals of Speech Communication <sup>a</sup>	3
LNCN 100 Lincoln's Life & Legacy <sup>a</sup>	1
Mathematics Requirement <sup>a</sup>	3
PSYC 100 Introduction to Psychology <sup>ab</sup>	3
UACT 100 Strategies for College Success <sup>a</sup>	1

**TOTAL 14**

**Spring**

ENGL 102 Composition II <sup>a</sup>	3
Fine Arts, Humanities, Ethics Requirement <sup>a</sup>	3
PSYC 221 Child & Adoles. Development <sup>ab</sup>	3
Elective	3
Elective	3

**TOTAL 15**

**Second Year**

**Fall**

Fine Arts, Humanities, Ethics Requirement <sup>a</sup>	3
PSYC 255 Social Psychology <sup>b</sup>	3
History Requirement <sup>a</sup>	3
Science Requirement <sup>a</sup>	4
Elective	3

**TOTAL 16**

**Spring**

PSYC 222 Adult Development <sup>b</sup>	3
History Requirement <sup>a</sup>	3
Science Requirement <sup>a</sup>	4
Elective	3
Elective	3

**TOTAL 16**

**Third Year**

**Fall**

PSYC 280 Statistical Methods Social Sciences <sup>b</sup>	3
PSYC 314 History & Systems of Psychology <sup>b</sup>	3
PSYC 314X Junior Writing Req <sup>b</sup>	0
PSYC 315 Theories of Personality <sup>b</sup>	3
Elective	3
Elective	3

**TOTAL 15**

**Spring**

CIVX 300 American Civics <sup>a</sup>	2
PSYC 340 Abnormal Psychology <sup>b</sup>	3
PSYC 380 Research in Psychology <sup>b</sup>	3
Elective	3
Elective	3
Elective	3

**TOTAL 17**

**Fourth Year**

**Fall**

Elective	3
PSYC 470 Tests & Measurement <sup>b</sup>	3
PSYC 475 Neuropsychology <sup>b</sup>	3
PSYC 498Z Senior Writing Req <sup>b</sup>	0
PSYC 498 Seminar & Internship <sup>b</sup>	3*
* may complete PSYC 498 for 6 credits with approval	
Elective 300/400 Level	3*
* not required when completing PSYC 498 for 6 credits	

**TOTAL 15**

**Spring**

PSYC 450 Health Psychology <sup>b</sup>	3
PSYC 460 Theories of Psychotherapy <sup>b</sup>	3
Elective	3
Elective	3
Elective 300/400 Level	3

**TOTAL 15**

**TOTAL 123**

a = General Education or Degree Requirement

b = Major requirement

\* Students must earn 36 credits of upper-level (300/400) course credits