# More Than a Community of Practice: A Netnographic Exploration of Journalists' Emotional Support in Time of Crisis

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## **ABSTRACT**

Netnographic case study Journalists as Community of Practice (CoP) Communities in time of crisis Conceptualize CoP—more than 'practice' Keywords: Community of Practice; Journalist; Crisis; Emotion

## BACKGROUND

Covid forces working from home Camaraderie and inter-personal interactions removed Turning to SNS (Social Network Systems) Change from practical to safety-based info Higher Ed Collective site-- "For as much as this is academic, it is also social. Make new friends and colleagues. Laugh together, cry together"

### **METHODS**

Pandemic case study in stress/trauma (Papper, 2020) Netnographic Research—ethnographic method of social interaction in contempory digital context--"anthropology on the internet, using the publicly available information that people freely share through social media" (Blumm, 2015, p.3)

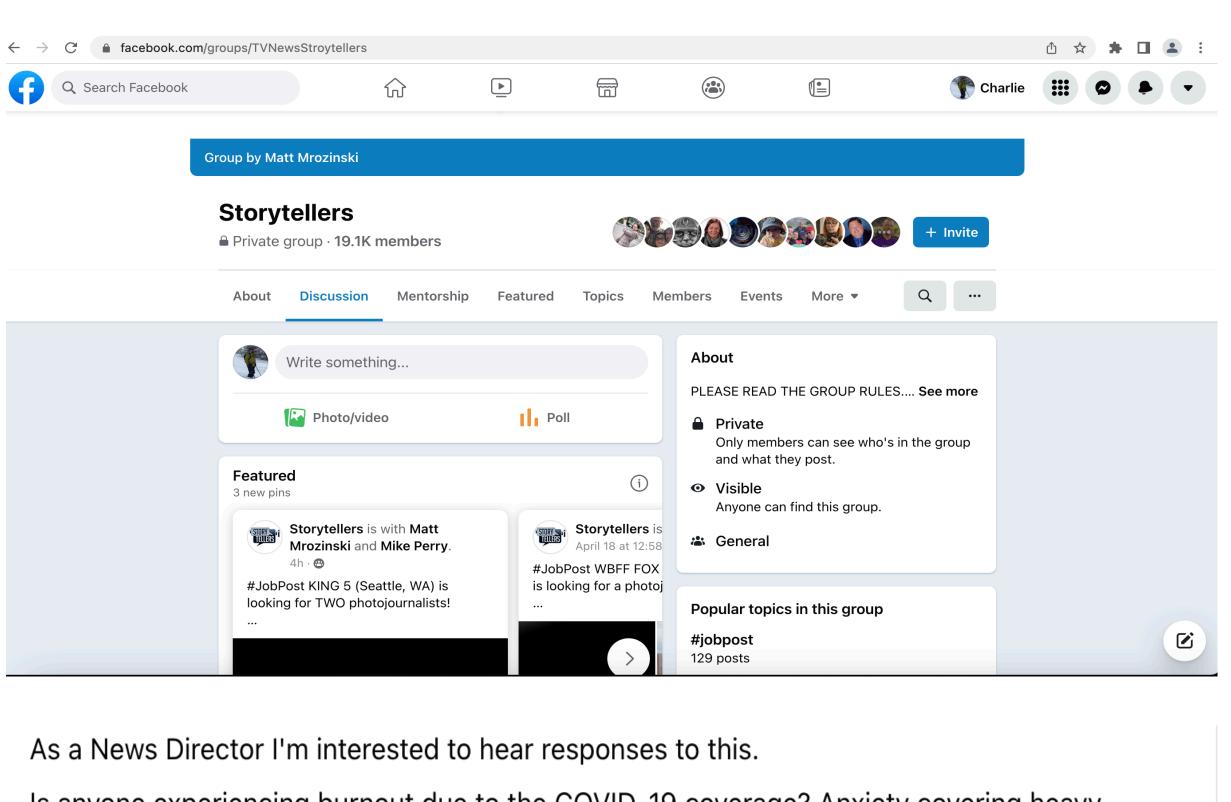
U&G—Information seeking behavior on SNS (Karnik, et.al. 2013; Krause, North & Heritage, 2014; Roth-Cohen & Lahav, 2021) Case study (Berkowitz, 1992)

Thematic content analysis

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Is anyone experiencing burnout due to the COVID-19 coverage? Anxiety covering heavy material day-to-day, balancing your personal health concerns with daily expectations on the job? If so, how are you managing it?

172 🖒 Like

💭 Comment

## RESULTS

196 posts — 75 unique participants

## Grief

"...it's exhausting covering constant misery and frustration even if it's important..."

"It's okay to cry sometimes. I try to do it privately..." "Randomly just crying, not for any particular reason it just happens."

"...people just basically discrediting everything you do and all the work you put into anything.

## Humor

"How am I managing it? Booze. Every day I feel like Bill Murray waking up to the Pennsylvania Polka..."

196 Comments

Send

"I'm exhausted. Not enough wine can relieve the anxiety I'm feeling right now." "50 Days??!! That's worse than prison. Seriously. Get out and talk with people (At a safe distance)."

#### **SUPPORT**

"This [thread] is a relief to anyone who has had that, "Wait, AM I okay?"... "Based on all of the comments here one helpful tactic is to simply listen." "But your post clearly proves that when given the space, people want to talk." "Um as your boss, you're good." (response to employee about lack of editing tools)

## DISCUSSION

Pandemic case study in stress/trauma (Papper, 2020) Journalists—outside normal CoP, times of crisis News Personnel—grieved together, laughed together, and supported each other SNS allows sharing intimacy (Zhang & Ling, 2021) FB closed group—helping w/ change in uncertain future Journalists—concerns, anecdotes, suggestions for self-care resources, vent in a healthy manner "Your post clearly proves that when given the space, people want to talk."

