



COMmunity LINC

Lincoln Memorial University –
DeBusk College of Osteopathic Medicine
VALUES • EDUCATION • SERVICE

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What's Inside:

- PA Program Welcomes Class of 2017 (3)
- OMS Class of 2015 Celebrates Graduation (4-7)
- University Medical Clinic Announces Move (8)
- Students Hold Memorial Service for Donors (9)
- Reaching Out: Haiti and Honduras (10-13)
- Student Activities and Accolades (14-18)
- Alumni Notes (19)



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Director of Marketing and
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A Message from the Interim Dean

As always, it has been an exciting year and a very busy summer at LMU-DCOM. In May, we celebrated with the OMS Class of 2015 as they walked across the stage and tossed their hats in celebration of four years of hard work. As they journey into residency we look forward to sharing their stories of success with you.

In June, the OMS Class of 2017 returned to campus for a crash course on the Essentials of Clinical Rotations (ECR). During this new two-week course, third-year students refreshed themselves on OMM, practiced basic life support skills and polished their CVs as they prepared to begin rotations.



This summer we also celebrated our PA Class of 2015 with a White Coat Ceremony in June. These physician assistant students have begun their clinical rotations, not only in our own Appalachian region but across the country.

And finally, as I write this letter, we are welcoming the Class of 2019 osteopathic medical students. As we continue to grow we are committed to staying true to our core mission: preparing outstanding osteopathic physicians to serve the underserved in this region and beyond. To that end we have added several new faculty members, continue to strengthen our curriculum, and are creating new partnerships around the region.

The proof of our mission is the accomplishments of our students and graduates. I encourage you to take a look at notes in this newsletter regarding some of the research and service activities being conducted by members of the LMU-DCOM family. I think you will be impressed.

J. Michael Wieting, DO, MED

*Interim Dean,
LMU-DeBusk College of Osteopathic Medicine*



Physician Assistant Program Welcomes Class of 2017

LMU-DCOM's Physician Assistant (PA) Program welcomed its seventh class of students on May 11.

The students in the PA Class of 2017 will pursue a full-time, 27-month program that leads to the Master of Medical Science degree in Physician Assistant Studies. The PA program hails the largest class size of all PA programs in the southeastern United States. The entering class of 2017 is 74% female and 27% male. The average age is 26 and the average GPA is 3.46. Approximately 65% of the class hails from the Appalachian region, with the majority of those coming from Tennessee, Kentucky or Virginia.

The PA Program is an integral part of the health professions education taking place at LMU. Following the medical model, PA program courses are taught by experienced clinicians and scientists, with PA students having full use of LMU-DCOM's high quality learning labs. PA students at LMU-DCOM study cadaveric anatomy on-site in the anatomy lab and engage in medical scenario simulations in the building's state of the art simulation suite. Delivery of the program's curriculum utilizes the latest technological advances, including the ability to digitally record and archive all lectures for students' use. Curricular materials are made available to students utilizing LMU's online e-learning portal.



Dr. Williamson Awarded Northup Educator of the Year

John Williamson, MD, associate professor/chair of OB/GYN and director of international medicine was awarded the George W. Northup Educator of the Year Award by the national Student Osteopathic Medical Association (SOMA).

The George W. Northup Educator of the Year Award was developed by SOMA in honor of George Northup, DO who acted as mentor to many osteopathic medical students throughout his career, often going above and beyond his call of duty to improve students' educational experiences. Each year, local SOMA chapters nominate a professor, dean, or faculty member from their osteopathic medical school who exemplifies the qualities of Dr. Northup. Nominees in the past have provided countless additional hours to students during exam preparation, have opened their homes to students, volunteered in the community, and acted as a friend when needed.



Dr. John Williamson

"I consider it a great privilege to be on this journey with our LMU-DCOM students. Most of the time we spend together is inside the classroom where they listen to me, but the times I treasure most are those outside the classroom where I get to listen to them," said Williamson. "I enjoy the experiences we share together in the operating room, the exam room, in my home and on international medical outreach trips. My heartfelt gratitude goes out to the many individuals who invested their time and effort to help make this happen on my behalf. I am both honored and humbled to receive this award."

Williamson is the second LMU-DCOM professor to receive the George W. Northup Educator of the Year Award. In 2011, Howard S. Teitelbaum, DO, PhD, professor and chair of preventive medicine at LMU-DCOM was awarded the honor. Also, in 2007, Ava Stanczak, DO, assistant dean of clinical medicine and professor of pediatrics for LMU-DCOM won the award when working for Edward Via College of Osteopathic Medicine in Virginia. 🌿

Congratulations Class of 2015

The members of the LMU-DCOM Class of 2015 celebrated their graduation on Saturday, May 9, 2015. Dr. Donald Polk, chair of the Federation of State Medical Boards and chair of the Tennessee Board of Osteopathic Examination, delivered the commencement address.

Approximately 80% of the members of the graduating class will enter their first year of residency training in a primary care residency, including family medicine, internal medicine, pediatrics, OB/GYN, emergency medicine, osteopathic manipulative medicine and transitional year/traditional rotating internship. The members of the Class of 2015 will be in 107 different residency programs in 33 states and within 22 different specialties.

During the ceremony LMU President B. James Dawson and LMU-DCOM Interim Dean J. Michael Wieting presented Dr. Ray E. Stowers, founding dean of LMU-DCOM with a special proclamation recognizing his leadership and commitment to the development and growth of Tennessee's

largest medical school and naming him dean emeritus and professor of family medicine emeritus.

Stowers served as a consultant to LMU when the University began its exploration into the feasibility of opening a College of Osteopathic Medicine. He was named the Founding Dean of LMU-DCOM in 2005 and managed the establishment and development of Tennessee's only osteopathic medical school. Serving as a mentor to hundreds of future osteopathic physicians during their time as LMU-DCOM students, he encouraged them to serve as primary care physicians in underserved communities within the Appalachian region and beyond. Stowers was also instrumental in the establishment of the Physician Assistant Program at LMU-DCOM in 2009 and has been a local, state and national leader in the osteopathic profession. Stowers retired as vice president of health sciences, dean of LMU-DCOM and professor of family medicine on January 1, 2015.



Dr. J. Michael Wieting (L) and Dr. B. James Dawson (R) presenting Dr. Ray Stowers the special proclamation.

“Dr. Ray Stowers has served LMU as a dynamic leader, passionate advocate, pioneering innovator and a great recruiter for the past decade,” said Dawson. “He has enhanced our academic community one hundred fold, building strong and robust medical education programs, recruiting world class faculty, building innovative and state-of-the-art facilities and enhancing the reputation of Lincoln Memorial University. While his presence will be missed on campus, his legacy will live here for generations to come.” ✝



DO Graduation Week 2015



Founding Dean Dr. Ray Stowers and his wife Peggy visited with LMU-DCOM faculty and staff at "Lunch with the Founding Dean" during commencement week.



Two Docs BBQ at the Annual MDA Fundraiser hosted by the PM&R Club during graduation week.



Tim Attridge, DO '15, Lindsay Cahill, DO '15, Bobby Lawrence, DO '15, Matthew Penfold, DO '15 and Mallory Raper, DO '15 at the Military Awards Ceremony.

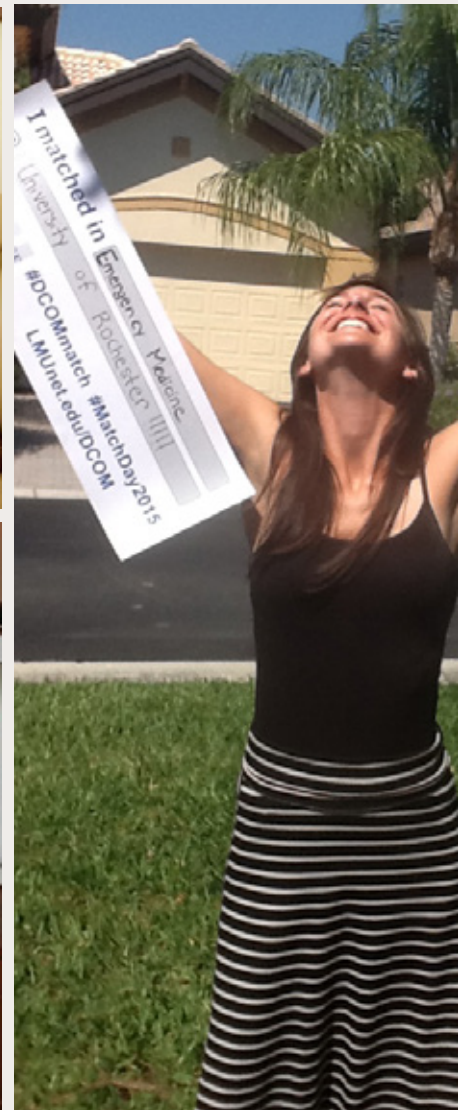
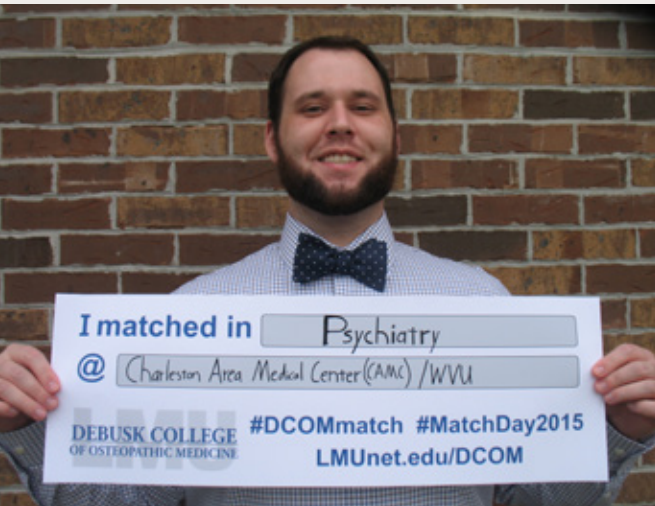


Students gathered back together for the first time in two years at the Class of 2015 Graduation Breakfast.



Robert Heilig, DO '15, Judy Choe, DO '15, Stephen Hull, DO '15 and Derek Goff DO '15 at the Graduation Banquet.

DEBUSK COLLEGE OF OSTEOPATHIC MEDICINE



Class of 2015 Match Day

Match Day is an exciting day for medical students across the country. To celebrate, we asked students to post a match day picture on social media using the hashtag #DCOMmatch. From the campus in Harrogate, Tennessee to a small village in Africa, LMU-DCOM students celebrated their residency placements around the world!

Of the graduating class, 60.69% were placed into osteopathic residency programs. 36.55% accepted residency positions with allopathic programs and 2.76% are going into military programs. Approximately 25% of the graduating class placed into programs within the Appalachian region and 7% within the State of Tennessee.

For more Match Day pictures search #DCOMmatch on Facebook or Twitter! 📱





Dr. Nicole Shields, medical director of the University Medical Clinic and the UMC staff at the grand opening celebration.


University Medical Clinic Moves to New Location

University Medical Clinic (UMC) moved its New Tazewell, Tennessee, location to a new address located at 424 North Broad Street in New Tazewell (previously the location of Radio Shack and C&C Office Supply). The new 14,000 square foot location opened on August 3, 2015.

The new center features 18 patient exam rooms, a well-waiting area and a sick waiting area. In addition to primary care, UMC services include preventive care, prenatal care, child psychiatry, diabetic care, pediatric care, women's health, gynecology, early prenatal care, smoking cessation, sports medicine, osteopathic manipulation and physical medicine and rehabilitation. UMC also provides childhood and adult immunizations, injections, allergy shots, on-site laboratory studies and x-ray services.

The UMC currently has two pediatricians on staff, Ava Stanczak, DO, FACOP and Jeffrey Mann, DO, FACOP as well as many family physicians who see children on a regular basis. UMC is also pleased to offer specialty care by John Williamson, MD, one of the few board certified OB/GYN in the tri-state area, and Dwan Perry, DO, a physical medicine and rehabilitation/sports medicine specialist.



The UMC, operated by LMU-DCOM has two locations in Harrogate and New Tazewell, Tennessee. Both facilities are open to the public and appointments may be made by calling 423-869-7193. Same day appointments are available. Most insurances accepted. For more information on the University Medical Clinic visit its website at www.LMU-umc.com. 

Students Honor Donors at Memorial Service

LMU-DCOM held its annual Donor Memorial Service on Wednesday, May 13, 2015, at the Hamilton Math and Science Building on the LMU main campus in Harrogate, Tennessee.

The ceremony began with opening remarks from Interim Dean Dr. J. Michael Wieting followed by the national anthem and color-guard presentation. Several LMU-DCOM students performed songs and shared their gratitude to the donors and their families through poetry they had written. The service was led by long-time LMU staff member and friend, Rev. Bob Jackson who spoke to the families of the donors of the great legacy their family members were leaving.

"The students shared their heartfelt words, music and prayers in an inspirational and beautiful ceremony. It is times like these that show how special a place LMU-DCOM is," said Wieting. "On behalf of LMU-DCOM and the anatomy department we would like to thank the donors and the donor families for their unselfish gift to the education of our medical students."

The LMU-DCOM Anatomical Donation Program is a whole body donor program established to give students the best medical education possible, and provide thorough anatomical training that is vitally important to the comprehensive education of future physicians. This program is only made possible by individuals like those who have donated who possess the

generosity and passion to help others. For more information on the Anatomical Donation Program at LMU-DCOM visit www.lmunet.edu/dcom or call 423.869.6745. ✚

"The greatest teachers we could ever ask for never knew any of us, yet they had the courage and the willingness to be there for us, no matter how early, no matter how late. They were people we didn't even know, but ones we knew everything about. They will forever be with us, still teaching and still reminding us every step of the way. They were more than notes, they were more than lectures, they were more than presentations. We never knew their names, we never knew where they were from, we never heard their voice and we never heard their laughter. But we touched every nerve, grasped every muscle, embraced their hearts, and held their hands through it all. Whatever their reason, whatever their purpose, I hope they know that their memory will forever live in our minds."

- Sean Masi, OMS Class of 2018



Reaching Out Around the World

Haiti & the Dominican Republic

by Stacia Powers

Thirteen students from the DO program took the trip of a lifetime to Jimani, Dominican Republic and Po-Plume, Haiti. Their typical day started at 7 am with a good homemade breakfast from the staff that worked at the orphanage and the guest house they were staying in. Each day, the students would prep for the clinic by packing bags with medicine that would eventually fill the shelves of the pharmacy they would put together. Each day they would travel up to three hours away to reach each village.

"The nearest hospital was two to three hours away from them, so the

residents of the village were thankful to have us take a look at them and their children and to just listen to what they had to tell us," said Danielle Allen, OMS Class of 2017.

The students were broken into four groups of six students and then split into pairs to see patients. Before giving medications they consulted with fourth-year students or one of the attending physicians. The students saw patients for about four to five hours each day and would break for lunch afterwards.

Taylor Shaw, OMS Class of 2018

said, "I was quite timid during our first clinic day. I was not used to having autonomy with real patients with real problems. Standardized patients are an excellent way to practice a routine and to learn the aspects of a good history and physical, but it pales in comparison to treating a real illness."

Language barriers can often be intimidating for students. On the first day they spent time learning phrases and instructions in Spanish.

"When I wasn't sure how to translate my questions to Spanish or Creole, I became an excellent mime," added Shaw.

In the evenings they had free time to visit the children in the orphanage or fellowship with each other. "The kids would just latch on to us with huge smiles and not want to let go," said

"The kids would just latch on to us with huge smiles and not want to let go. They just loved having someone showing they cared..."

- Alex Vanlandingham, OMS Class of 2018





Alex Vanlandingham, OMS Class of 2018. "They just loved having someone showing they cared and someone new to play with." At the end of each day all the students would gather on the porch and reflect on the day.

One memory of a man stood out with clarity for Brittany Holliman, OMS Class of 2017. "He began telling us how thankful he was that we were there because he had no way of traveling down the mountain to ever see a doctor. He presented with visual changes, headache, weakness and numbness, and the more history I took, the more evident it became that this man was probably having TIAs," said Holliman. "This man needed to see a neurologist; there was nothing our tiny traveling clinic could do."

Having to tell this patient that they couldn't help was heart breaking for Holliman. They saw many patients just like this man over the course of their trip, who needed more help than

they were able to provide. Holliman said, "We had to learn that we are only human, and with our limited resources we can't help everybody."

Even with little resources the community shared their joy with the students.

"If these patients can be happy with so little, we should be ecstatic with what we are afforded here," said Allen.

Each student shared both happy and sad memories from their trips, but one thing they all had in common was that going on an outreach trip has greatly impacted their future career as a doctor.

"I heard my first real heart murmur on this trip, drained my first popliteal cyst and saw my first case of tinea. These experiences will forever be ingrained and I will be a better physician because of it. It sparked a fire in me," said Allen. "The biggest impact is that I will

continue to provide medical care for those who need it most."

On this trip the students learned how appreciative the villagers were.

Bethany Jackson, OMS Class of 2017 shared that her one take away was that "despite how discouraged the first two years of school leave you, one day, doing what you love, makes it all worth it." 🌿

"I heard my first real heart murmur on this trip, drained my first popliteal cyst and saw my first case of tinea."

- Danielle Allen, OMS Class of 2018 (pictured right)



Reaching Out Around the World

Pespire, Honduras

by Stacia Powers

Over Spring Break, ten students along with, Dr. Ava Stanczak, assistant dean of clinical medicine and professor of pediatrics and Dr. Nicole Shields, assistant professor of family medicine and medical director of the University Medical Clinic traveled to Pespire, Honduras, to set up a self-sustaining pharmacy and treat as many patients as possible.

"I feel like we couldn't have picked two better people to go with than Dr. Shields and Dr. Stanczak," said Gregory Cox, OMS Class of 2018. "It was nice to get to know the professors in a setting that was different than the classroom."

The trip was filled with adventure from the beginning when they flew into Jalopnik, Honduras on one of the world's shortest runways. From there, they drove two hours on busy streets to get to the village where they would be working that week. Their typical day was jam packed. They would wake up at 5 a.m. and have breakfast before setting out on a two hour journey to the village they would be working in that day. They would see hundreds of patients between 8:30 a.m. and 3 p.m. and afterwards they would head back into the town. On the second day they saw 780 patients alone, which broke the Central American Relief Efforts

(CARE) record for the most people to be cared for in such a short amount of time.

"Getting to serve the people in Honduras was a humbling experience," said Rachel Wheeler, OMS Class of 2018. "In the week we were there we were able to provide health care to

to continue this project and start additional pharmacies each year.

The days didn't just end at 3 p.m. for the students. After a long day of treating patients, they spent time with people in the community. Hannah Stewart, OMS Class of 2018, said one of her favorite parts of the trip was playing with the children when they visited local orphanages. "There were several little girls I remember that would follow us around and want to take pictures with us!"

Cox recalls one 16 year-old boy who couldn't speak. He said, "His medications were super expensive, so he would draw pictures and sell them to pay for his medication. He would unfold cereal boxes and draw pictures and color them, and he was really talented, but it was sad that he had to do that to pay for his medicine."

The students found that people in Honduras don't have an easy way to seek out treatment. The students experienced a bit of culture shock after visiting a local hospital. "The



Dr. Nicole Shields (third from right, top row) and students after setting up the self-sustaining pharmacy.

over 1,500 people. They were so grateful for everything we did and were very happy to see us."

Another important project they worked on while in Honduras was setting up a self-sustainable pharmacy within the village. The pharmacy, organized through CARE, was set up in the home of a local resident who is paid by the community to keep the pharmacy running. This is the second trip LMU-DCOM has taken to Honduras, and they would like

"We also had the opportunity to visit an orphanage. Spending the day visiting with the kids was the highlight of my trip."

- Rachel Wheeler, OMS Class of 2018 (pictured right)



hospitals are nothing like the hospitals here in America," said Cox. "For example, if the patients need a catheter or a shot, they have to go buy their own tube or needle and bring it back to the hospital."

Some of their observations were troubling. They explained that in the hospital they visited, patients with TB or HIV are kept in isolation rooms with a glass door and walls that did not reach the ceiling. Overcrowding was an issue as well, with patients in rooms with two people in the same bed.

One thing Cox pointed out is that patients in Honduras—whether they were children getting teeth pulled or mothers giving birth—all had a high pain tolerance. They had the opportunity to watch mothers give birth. "They don't give epidurals and the average age is 14 for giving birth to their first child," noted Cox.

The students were able to experience first-hand some of the hardships of living in a third world country, like the power in their hotel being out for three days. On the other hand they had the opportunity to visit a congressman's ranch, where there was an in-ground swimming pool, a soccer field and dirt bikes.

*Hannah Stewart, OMS Class of 2018
with one of the children of the orphanage.*

"We saw the poorest of the poor and the richest of the rich all in the same week," shared Cox. "It made me think differently about what I have and don't have. It changed my perspective on life."

The students were touched that the community in Honduras showed such gratitude for everything they had, even though it seemed like so little.

"Sometimes while you are in medical school you need inspiration to keep on going, because you forget why you are here. It reminded me of why I wanted to become a doctor," said Cox. ✚

***"It reminded me
of why I wanted to
become a doctor."***

- Gregory Cox, OMS Class of 2018





Students Log Over 11,000 Hours of Community Service

Students at LMU-DCOM celebrated the completion of 11,231 community service hours through the TOUCH program on May 13, 2015, at its annual TOUCH Hours Awards Ceremony.

"We know that students at LMU-DCOM volunteer for various organizations, but when you step back and look at the numbers, it really shows how much our students love this community," said Casey Bassett, PhD, associate dean of students at LMU-DCOM.

TOUCH, which stands for Translating Osteopathic Understanding into Community Health, is a program started by the Council of Osteopathic Student Government Presidents (COSGP) to encourage osteopathic medical student involvement in community service activities. Through this program, students are recognized for their hard work and dedication in serving others during their years spent in medical school.

The TOUCH year lasts from April to March and students are recognized based on the number of hours they accrue over the year. Twenty-five LMU-DCOM students logged over 100 hours of community service and received Gold-

level recognition and 71 LMU-DCOM students logged over 50 hours and received Silver-level recognition.

Each year, one student is chosen from each school by the COSGP as a top participant with Platinum-level recognition for community service on a local, national and international level. The Platinum recipient at LMU-DCOM was second-year osteopathic medical student Emmanuel Okenye of Cleveland, Tennessee. Okenye completed 375 hours of community service which included participation in the LMU-DCOM community wellness program at local schools, as well as internationally through a school that he founded in Nigeria.

Over the last year LMU-DCOM students have held a Kids' Pediatric Health Fair, given free health screenings at several events, mentored students at Middlesboro Elementary, helped create a community wellness program at Forge Ridge School and volunteered through Servolution and Remote Area Medical Volunteer Corps. Hundreds of students also got together to make baby blankets and hats for newborns at Middlesboro ARH and East Tennessee Children's Hospital. ✚





MIDDLESBORO ELEMENTARY SCHOOL STUDENTS IN THE HEART TO HEART PROGRAM TOURING THE LMU COMMUNITY GARDEN

STUDENT OSTEOPATHIC MEDICAL ASSOCIATION (SOMA)

SOMA's Community Outreach Director, Danielle Allen, OMS Class of 2018 is in charge of coordinating the Heart-to-Heart Program with the Middlesboro Elementary 3rd and 4th graders. These students visited the LMU campus on May 2, 2015, for a gardening lesson and activity. The LMU Community Garden is funded by a grant from Grow Appalachia and is open to any community members. The group started off with a tour of the garden and then talked about why gardening is important, how it can be fun, how it can relieve stress and how many foods come from the earth. LMU-DCOM students planted radishes and beans together in solo cups for the kids to take home and tend to on their own, encouraging them to help their families begin a garden. Lastly, they weeded a community bed outside and planted onions and potatoes, which they have been invited to watch grow over the summer and to come harvest. A Subway lunch and a healthy snack was also provided for the kids.

For fall, SOMA is planning many fun events with the kids including a trip to the Cumberland Gap National Historical Park with a Ranger-led walk and talk, followed by a cookout in the park, an LMU science day, a trip to a local farm, an etiquette lesson at a local restaurant and much more. This summer a few students volunteered to visit some of the kids with Middlesboro Elementary School Principal, Dr. Anthony Maxwell, and encourage them to read over the summer.

FIFTH ANNUAL DOGGIE DASH

The Fifth Annual Doggie Dash and Community Wellness Expo was held Friday, April 25, 2015 on the LMU main campus in Harrogate, Tennessee. The Doggie Dash was sponsored by the Student Osteopathic Medical Association and the Association of Military Osteopathic Physicians and Surgeons at LMU-DCOM to benefit the Claiborne Animal Shelter. The event featured a dog costume contest, photography, face painting, "meet the puppies," homemade dog treats and more.



5th Annual Doggie Dash and Community Wellness Expo

STUDENT ACTIVITIES

PASSAGE CLUB

PASSAGE stands for Physicians And Students Serving Appalachia Gaining Education. PASSAGE has been busy seeing patients at the local free clinic at Servolution Health Services. The club has worked closely with Dr. Richard Clark twice a month assisting with a primary care clinic and Dr. Tammy Baker once a month in a Women's Health clinic. Through the club, they are hoping to expand the clinic days and gain more preceptors from LMU-DCOM. PASSAGE also set up a table and talked with patients at the Remote Area Medical (RAM) clinic to provide an option for follow-up medical and dental care for patients without health insurance. They also assisted with medical visits and in treating patients with OMT.



PEDIATRIC MEDICINE CLUB

Pediatric Medicine Club at LMU-DCOM hosted its annual Kids Health Fair on Sunday, April 12, 2015, at Harrogate City Park. The community-wide event was pirate-themed and children were invited to come dressed up like a pirate. There were many games and fun activities including a treasure hunt, walk the plank, pin the hook on the pirate and face painting. Also, in keeping with health and medicine, LMU-DCOM students provided healthy snacks and showcased "What's in a Doctor's Bag," giving children and their families the opportunity to see and learn about tools that doctors use on a daily basis.



LIGHT THE NIGHT 5K

The Physician Assistant Program Class of 2016 presented the Light the Night 5K Race on Friday, June 19. All proceeds from the race benefited Food for Kids through the Second Harvest Food Bank of East Tennessee.

Food for Kids is a collaborative effort between Second Harvest and an ever-increasing number of public schools within the food bank's 18-county service area. The program is designed to provide healthy, easily prepared food to some of the most vulnerable children in our community—children who may be missing meals on a regular basis.

In total the PA Class of 2016 raised \$13,868 for the Second Harvest Food Bank of East Tennessee!



LMU-DCOM Students Create Community Wellness Program and Higher Education Initiative

The LMU-DCOM Community Wellness Program's new subset, The LMU-DCOM Higher Education Initiative, is off to a great start as fifteen middle school students from Forge Ridge School in Harrogate, Tennessee, visited the campus of LMU-DCOM on May 14, 2015, in hopes of inspiring them to achieve higher education after high school. The visit consisted of faculty speakers, an Osteopathic Manipulative Therapy demonstration and a tour of LMU-DCOM and LMU facilities. The visiting students were also able to experience the state-of-the-art simulation lab. The simulation lab was a big hit with the students as they practiced performing CPR on the infant mannequin, which has simulated vitals and respirations.

The LMU-DCOM Higher Education Initiative was created by Sterling McClain along with the support of LMU-DCOM Community Wellness Program founder Juan Querubin and Community Wellness Program members Stephanie Wick, Cody Smith, Cassandra Do and Ashlee Griffin, members of the OMS Class of 2018.

The LMU-DCOM Community Wellness Program has had tremendous success in the local community during its first year and will be expanding its outreach next year to further

influence healthy lifestyle habits in local school children. As a subset of the LMU-DCOM Community Wellness Program, the LMU-DCOM Higher Education Initiative will also expand and incorporate more school visits to LMU-DCOM during the upcoming academic year so that children can be inspired by medical students to set high academic goals for themselves and aspire to achieve higher education.

Faculty speakers include: Dr. Amiel Jarstfer, PhD and Dr. Howard S. Teitelbaum, DO, PhD, MPH. Notable Osteopathic medical student field trip volunteers: Ashlee Griffin, Cassandra Do, Cody Smith, Eduardo Milla, Hayden Maag, Jeremy Polman, Jonathan File, Juan Querubin, Stephanie Wick, Sterling McClain, Sylvia Silberman and T.J. Garrabrant, members of the OMS Class of 2018. ✚

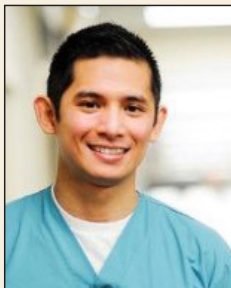


STUDENT ACCOLADES

Two Students Selected for Paul Ambrose Scholars Program

Juan Querubin, OMS Class of 2017 and Madison Lamar, OMS Class of 2018 were selected to join the Association for Prevention Teaching and Research (APTR's) Paul Ambrose Scholars Program in 2015.

APTR is a national membership association for medical and health professions institutions. APTR has created The Paul Ambrose Scholars Program which prepares public health and clinical health professions students to address population health challenges.



Juan Querubin

For the Paul Ambrose Scholars Program, Querubin will continue to carry out LMU-DCOM's Community Wellness Program, a community health project that he established to help positively impact the local community. The program is run by the LMU-DCOM Student Government Association. His goal is to promote healthy behaviors on a community level with weekly didactic instruction

involving health and wellness fundamentals and integrate physical activity in the lessons. By the end of the Spring 2015 semester the program saw an average of 180 students each week and approximately 20 elderly adults on a bi-monthly basis.

Lamar will carry out a community health project to impact the LMU community. The three course modules will be mental health, physical exercise and nutrition. Lamar will use hashtag #52ToAHealthierYou to bring awareness to her community health project. The hashtag is meant to represent 52 weeks in the year to provide a tracking system for those who participate in the challenge. The goal is to increase the health and mindfulness of those who are participating on campus, so that they can be ambassadors of the initiative. 🌱



Madison Lamar

Shireen Sachdeva, OMS Class of 2018 presented a research project at the National Student Research Forum (NSRF) on April 23, 2015. The forum is part of University of Texas Medical Branch (UTMB) School of Medicine. There were 150+ MDs from around the United States and Canada. Sachdeva was the only OMS student attending and presented her project in front of TIME magazine's person of the year, Dr. Thomas Geisbert. The research project, titled "Osteophytic Lipping as a response to BMI in the Tibio-Femoral Joint," won the "People's Choice Award." The mentor for this paper was **Dr. Natalie Langley, associate professor of anatomy and director of the master of anatomical sciences program** and the fellow student researcher was **Sunay Patel, OMS Class of 2018**.



Shireen Sachdeva

Ricky Kalia, OMS Class of 2016 was selected as Student Doctor of the Year (SDOY) for LMU-DCOM for the 2014-15 year. SDOY is a program of the Council of Osteopathic Student Government Presidents (COSGP). The primary focus of the award is to acknowledge students' commitment to their school, their community and the osteopathic profession.



Ricky Kalia

Kalia was elected class president during his second year of medical school and re-elected president during his third and fourth years. He has served in the community performing health screenings for local residents and led clean-up activities in abandoned areas of Middlesboro, Kentucky. He tutored fellow students and served as an ambassador, frequently giving tours to prospective medical students on their interview day. Kalia participated in the Tennessee Osteopathic Medical Association (TOMA) state conference and attended TOMA meetings as a student representative. Nationally, he was a member of the COSGP and served as the National Global Health Representative from May 2014 through April 2015. He was also the national director of Omega Beta Iota: National Osteopathic Politician Action Honor Society.

Alumni Notes Alumni Notes Alumni Notes

Tyler McCurry, DO '13 has been selected chief resident at East Tennessee State University's Family Medicine Residency program in Johnson City, Tennessee.

Craig Best, DO '11 was featured in an online interview with the Canadian Osteopathic Medical Student Association regarding his experience in Physical Medicine and Rehabilitation. The interview was conducted by **Sevan Evran, OMS Class of 2016**. The interview is available online at http://www.studentdo.ca/drupal_beta/content/interview-1-physical-medicine-rehabilitation. Best completed his PM&R residency at Rush University Medical Center in Chicago, Illinois, and is currently pursuing a pain medicine fellowship at Beth Israel Deaconess Medical Center (a Harvard teaching institution) in Boston, Massachusetts.



Craig Best

Stanley Marlowe, DO '13 has been selected chief resident at Norton Community Hospital's Internal Medicine Residency program in Norton, Virginia.

Chad Gambrell, DO '13 has been selected chief resident of the Family Medicine Residency program at St. Claire Regional in Morehead, Kentucky.

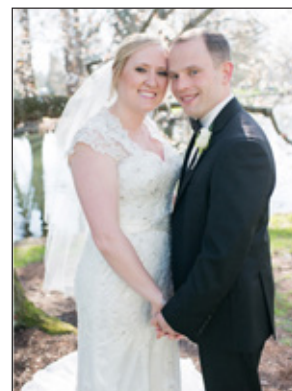
Patrick Craig, DO '12 and his wife Jamie welcomed daughter Caroline Margaret on February 21. Caroline weighed in at 4 lbs., 13 oz. Craig graduated from internal medicine residency at East Carolina University but is staying an additional year as a chief resident.



Lori Staudenmeier, DO '12 received the Joseph B. Moon Award from the University of Tennessee Family Medicine Residency Program in Knoxville, Tennessee. The award is given to an outstanding senior resident each year.

Amy Drittler, LMU-DCOM director of alumni services, joined several LMU-DCOM alumni for dinner in Miami Beach, Florida, in April. Attending the dinner were **April Morrison, DO '12**, **Haroon Andar, DO '13**, **Jillian Cepeda, DO '12** and **Amir Mahajer, DO '12**.

Lindsay Cahill, DO '15 married **Matthew Huckabee, DO '15** at the Cathedral Basilica of the Assumption in Covington, Kentucky on April 11, 2015. The two met in their first year of medical school at LMU-DCOM and began dating while on a medical mission trip to Africa. They will be starting their residencies in Michigan in a Traditional Rotating Internship and Psychiatry, respectfully. Members of the wedding party included fellow LMU-DCOM students **Ethan Huckabee, OMS Class of 2018**, **Nicole Rausch, DO '15**, **Jordan Tichenor, DO '15** and **Emily Ezell, OMS Class of 2016**.



Matthew Huckabee, DO '15 published a paper titled "Law #1: Don't Panic" in The Journal of the American Osteopathic Association, June 2015, Vol. 115, 402. The paper was submitted to JAQA's section called "In Your Words" which include essays, stories, poetry and perspectives based on osteopathic physicians' and osteopathic medical students' experiences. Huckabee's article speaks to the fear that many medical students have when first entering a psychiatric ward and how to overcome it. Huckabee said, "Students should always be safe, but should not let their fears keep them from fully engaging their patients. Psychiatry patients already feel alienated by the world, they shouldn't feel that way from their doctor."

Peter Snell, DO '15 and his wife welcomed their first child into the world on June 30, 2014. Their daughter's name is Lena Pearl Snell.



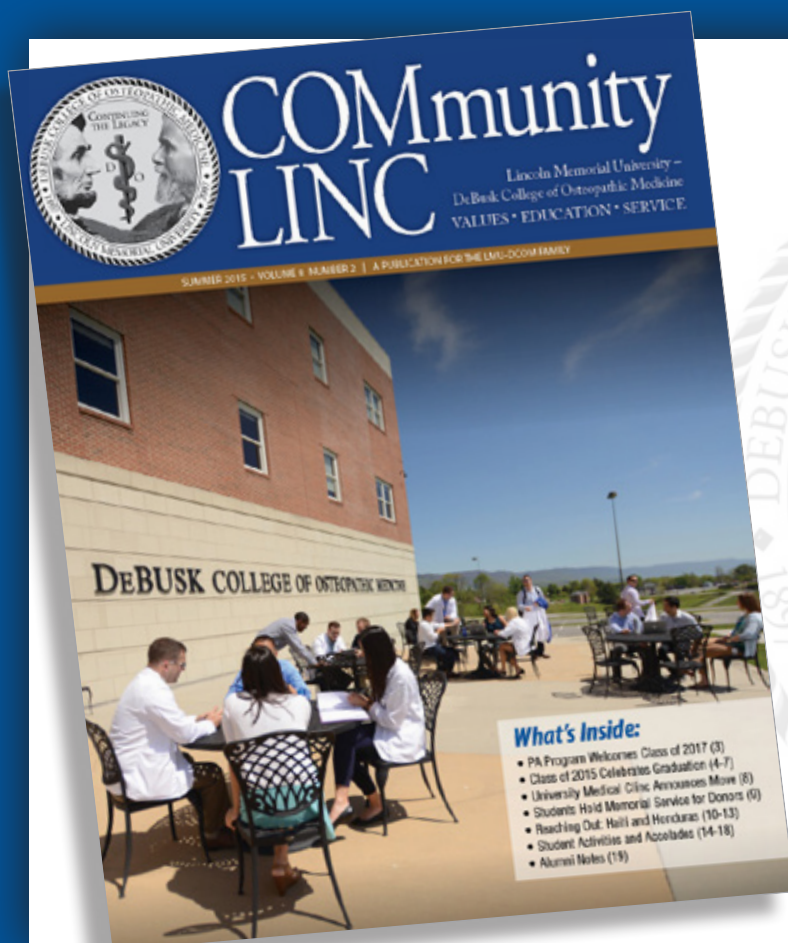
Interim Dean Michael Wieting joined several LMU-DCOM alumni in the Oklahoma City, Oklahoma, area in June. Attending the dinner were **Carlos Cabrera, DO '11**, **Damien Morgan, DO '11**, **Nick Pleat, DO '11**, **Kent Russell, DO '14** and **Chris Uitvlugt, DO '14**.

Submissions for the Alumni Notes should be emailed to Amy Drittler at amy.drittler@LMU.net.

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