



# COMMUNITY LINC

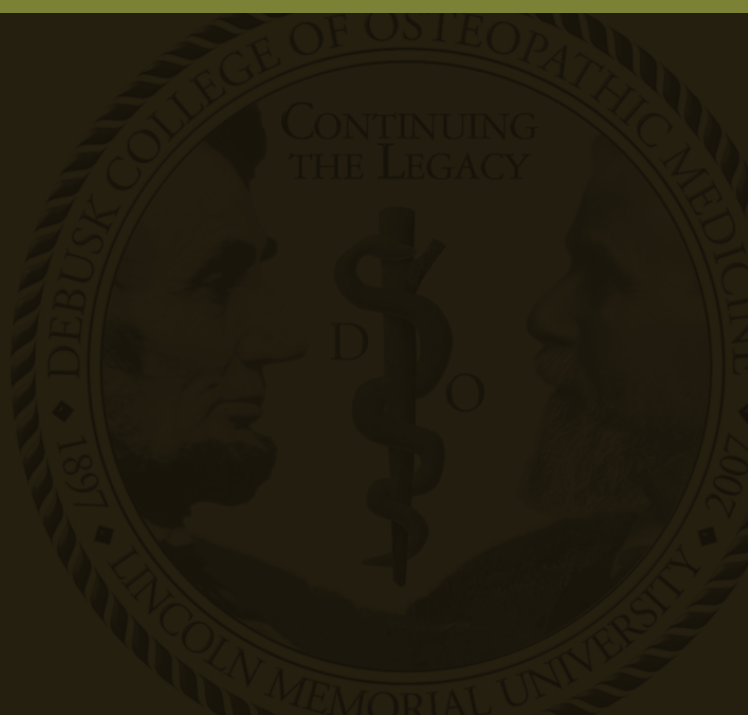
*Lincoln Memorial University –  
DeBusk College of Osteopathic Medicine*  
VALUES • EDUCATION • SERVICE

SPRING 2014 • VOLUME 7 NUMBER 1 | A PUBLICATION FOR THE LMU-DCOM FAMILY



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Amy Drittler  
Director of Marketing and  
Public Relations for Health Sciences  
*Editor, COMmunity Linc*

Cover photo by Tom Shay

## A Message from the Dean



In February 2014, I participated in the American Osteopathic Association (AOA) Mid-Year Board of Trustees Meeting in San Juan, Puerto Rico. At that meeting, after months of discussion, the AOA Board of Trustees voted to agree to a single accreditation system for graduate medical education (GME) programs in the United States. This decision was made in conjunction with the Accreditation Council for Graduate Medical Education (ACGME) and the American Association of Colleges of Osteopathic Medicine (AACOM). This was a momentous and groundbreaking decision for our profession and its future.

A single GME accreditation system will evaluate and provide accountability for the competency of physician residents consistently across all GME programs. This ensures the quality and efficiency of postdoctoral education, while preserving the unique dimensions of the osteopathic medical profession and recognizing its contribution to health care in the U.S.

The agreement's provisions include:

- From July 1, 2015, to June 30, 2020, AOA-accredited training programs will transition to ACGME recognition and accreditation.
- There will continue to be osteopathic-focused training programs under the ACGME accreditation system. Two osteopathic review committees will be developed to evaluate and set standards for the osteopathic aspects of training programs seeking osteopathic recognition.
- DOs and MDs would have access to all training programs. There will be prerequisite competencies and a recommended program of training for MD graduates who apply for entry into osteopathic-focused programs.
- AOA and AACOM will become ACGME member organizations, and each will have representation on ACGME's board of directors.

During my AOA presidency in 2012-2013, I had the honor of presiding over many discussions around a single GME accreditation system. Such a system provides the framework for the osteopathic and allopathic communities to prepare future generations of physicians with the highest quality graduate medical education and serve as a unified voice for graduate medical education resources to help mitigate the primary care physician shortage and better serve the public.

With a single GME accreditation system, all physicians will have access to the primary and sub-specialty training they need for the patients they want to serve. For the osteopathic medical profession, the system recognizes the unique principles and practices of DOs and our contribution to the health and well-being of all Americans.

Recently AOA President Dr. Norman Vinn distributed an open letter to the osteopathic community on the single GMA accreditation system. In that letter, Dr. Vinn pointed out the following important points to consider:

"As we plan for our future, it is critically important to consider the current environment – both inside and outside of the DO community – and begin to align ourselves with the expectations of patients, policy makers, future generations of DOs and other key stakeholders.

*Continued on next page*

A good place to start is with a shared vision on a new approach to graduate medical education that enhances consistency of process, and strengthens the public trust. A single GME accreditation system moves health care toward a consistent approach to training that encourages all physicians to deliver high quality care in a coordinated, patient-centered delivery system. It is an opportunity to align competency standards and expand access to training for all current and future physicians

More importantly, a single GME accreditation system positions the osteopathic medical profession as integral to the delivery of U.S. health care. Under the new system, training programs with an osteopathic dimension will give our profession an opportunity to share our unique perspective on preventive care and its value in improving health and wellness in all communities.

## LMU-DCOM Student Begins Nonprofit Organization

– by Angelina Hall, OMS Class of 2015

Every hour a baby is born with Neonatal Abstinence Syndrome (NAS). NAS is a medical condition in which babies that are exposed to certain substances in utero develop withdrawal after birth. When a mother consumes recreational drugs, opioids (a type of painkiller), benzodiazepines (for anxiety and sleep) and other substances a baby receives the drugs in his/her system as well. This poses a problem when a baby is born and no longer receives the blood flow from its mother that contains the substances. The baby will then experience withdrawal.

I founded the nonprofit organization Rockabye Butterfly to raise support and awareness for NAS at East Tennessee Children's Hospital in Knoxville, Tenn. Through our efforts, we hope to educate the community about the struggles babies with NAS face while in the Neonatal Intensive

There is power in choice. We believe that a single GME system is an unprecedented opportunity for the osteopathic medical profession. DOs and MDs will be able to select the training program that best suits them. Increased access to options enhances rather than diminishes the value of osteopathic medical training. The single accreditation system encourages both DOs and MDs to embrace and celebrate osteopathic principles and practices throughout their careers."

As all parties move forward toward the unified GME accreditation system, the AOA and other participating organizations will continue to keep their constituents apprised of new developments. I encourage you to follow along as this process unfolds. In the meantime, more information about this important topic is available online at [www.osteopathic.org/acgme](http://www.osteopathic.org/acgme).



Care Unit. All of our proceeds go to East Tennessee Children's Hospital's Neonatal Intensive Care Unit. The organization was founded in August 2013 and has already raised over \$2,500.

A portion of these funds have been raised through the effort of LMU-DCOM students. Rockabye Butterfly also has volunteered at the concession stands at University of Tennessee basketball games to help raise money. Many of the volunteers have been LMU-DCOM students.

The main fundraiser for Rockabye Butterfly was held on March 15, 2014, at Volunteer Landing. There was a 5k, silent auction, kids area, local entertainment, arts and crafts and a butterfly release. If you would like to help support Rockabye Butterfly, please email [Angelina@rockabyebutterfly.org](mailto:Angelina@rockabyebutterfly.org). Donations are being accepted online.

## Students Come Together to "Build a Better Block" in Middlesboro



LMU-DCOM participated in the "Build a Better Block" event in Middlesboro, Ky., in October 2013. The Better Block project is a demonstration tool that rebuilds an area using grassroots efforts to show the potential to create a great walkable, vibrant neighborhood center. The project acts as a living charrette so that communities can actively engage in the "complete streets" buildout process and develop pop-up businesses to show the potential for revitalized economic activity in an area. LMU-DCOM students built a Pop-Up-Park in four hours as part of the event. Dr. Howard S. Teitelbaum, professor and chair of family medicine, supervised students doing health screenings throughout the event as well.

# LMU-DCOM and ORAU Pilot AOA Category 1-A Online CME Program for Anytime/Anywhere Access and Participation “Increasing Patient Safety”

LMU-DCOM, in partnership with Oak Ridge Associated Universities (ORAU) radiation emergency medicine physicians and experts, has created an online Continuing Medical Education (CME) program entitled “Increasing Patient Safety: Recognition and Management of Acute Local Radiation Injury.”

The release date for the online CME program was December 16, 2013. The two-hour online program addresses acute local radiation injuries, providing a deeper understanding of the subject matter through the study of current publications, addressing related case study issues and with a panel discussion highlighting subjects of concern for osteopathic physicians. Primary care physicians will usually be the first health care providers to see the conditions that result from accidental or malevolent overexposure to ionizing radiation. This online CME will deliver education and training curricula to address the time and resource constraints of the busy practitioner who traditionally does not have the time or resources to engage in disaster medicine CME offerings.

The faculty includes: Dr. Doran M. Christensen, ORAU associate director/staff physician; Dr. Ronald E. Goans, ORAU senior scientific/medical advisor; Dr. Carol J. Iddins, ORAU staff physician; and **Dr. Michael Seaman**, assistant professor of family medicine and emergency medicine at LMU-DCOM.



Registration cost is \$40 and is available online at <https://www.docmeonline.com/>. The program is best viewed through a computer internet browser, such as Chrome or Internet Explorer. It is recommended that participants view the online program on a computer with an operating system of Windows 7 or higher. The program is not optimized for viewing on a mobile device. Two hours of Category 1-A AOA credit will be available to current AOA members. The program is made possible by a grant from the American Osteopathic Association.

Oak Ridge Associated Universities (ORAU) provides innovative scientific and technical solutions to advance research and education, protects public health and the environment and strengthen national security. Through specialized teams of experts, unique laboratory capabilities and access to a consortium of more than 100 major PhD-granting institutions, ORAU works with federal, state, local and commercial customers to advance national priorities and serve the public interest. A 501(c) (3) nonprofit corporation and federal contractor, ORAU manages the Oak Ridge Institute for Science and Education (ORISE) and the Radiation Emergency Assistance Center/Training Site (REAC/TS) for the U.S. Department of Energy (DOE). Visit [www.ornl.gov](http://www.ornl.gov) for more information.

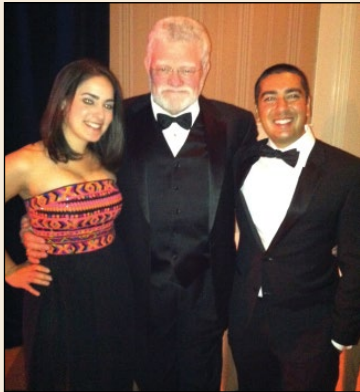
## AOA 2014 Convention Photos



LMU-DCOM Students at AOA Conference with surfboard.



LMU-DCOM Students with Dean Ray Stowers and AOA President Norman Vinn.



OMS Class of 2016 members Jackie Urquida and Ricky Kalia with Dean Ray Stowers at AOA Dinner.

# LMU-DCOM Participates in 2013 “National ShaDO Week”

LMU-DCOM was one of 12 osteopathic medical schools across the country that participated in “National ShaDO Week” November 18-22, 2013.

“National ShaDO Week” is a project of the Student Osteopathic Medical Association (SOMA), and is designed for any student interested in exploring osteopathic medicine. Students participating in the event at LMU-DCOM had an opportunity to attend lectures and participate with current osteopathic medical students in labs specially created for the event. Thirty-three high school and college students participated in LMU-DCOM’s event, which was organized by LMU-DCOM’s SOMA chapter and the LMU-DCOM Internal Medicine Club. Pictured are LMU-DCOM osteopathic medical students and “National ShaDO Week” participants responding to questions in the LMU-DCOM osteopathic principles and practice lab.

LMU-DCOM is planning to participate in the next “National ShaDO Week,” slated for April 14-20, 2014.



## SNMA Hosts Chili Cook-off to Benefit Servolution Health Services

The Student National Medical Association (SNMA) at LMU-DCOM recently made a donation to Servolution Health Services (SHS) in Speedwell, Tenn. Pictured L-R are **Elizabeth Dockery, OMS Class of 2016**, president of the LMU-DCOM SNMA, Alicia Metcalf, Servolution clinic administrator and Edwin Robertson, Servolution executive director. LMU-DCOM SNMA raised more than \$1,000 through a Chili Cook-off hosted on November 6, 2013.



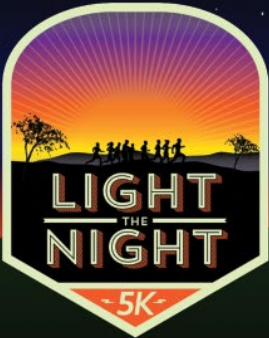
SNMA is the oldest and largest student-run organization focused on the needs and concerns of medical students of color. Membership includes more than 6,000 medical students, pre-medical students, residents and physicians. Established in 1964 by medical students from Howard University

and Meharry medical schools, the SNMA boasts over 40 years of advocacy and service to underserved communities and medical students.

Servolution Health Services recognizes that Jesus Christ is the true healer of individuals, their communities and the source of our ability to serve. Servolution Health Services is a ministry presenting Christ to the tri-state area by providing excellent holistic health, dental and mental health services to the

community regardless of ability to pay and regardless of faith. As a faith based organization, it is the mission of SHS to enhance community health through service with compassion, excellence and efficiency.

Friday, June 6, 2014  
8:30 pm  
Harrogate City Park



Register at:  
[www.lmupa5k.com](http://www.lmupa5k.com)  
Before May 1: \$35  
After May 1: \$40

For more information, contact Ellie Leonard – [ellie.leonard@lmunet.edu](mailto:ellie.leonard@lmunet.edu)



# LMU-DCOM's Wieting Appointed to Tennessee Board of Osteopathic Examination

**Dr. Michael Wieting**, senior associate dean at LMU-DCOM, has been appointed by Tennessee Governor Bill Haslam to the Tennessee Board of Osteopathic Examination.

"I am pleased to have been selected to serve the people and the osteopathic profession of Tennessee in this new capacity," Wieting said. "I look forward to the opportunity to bring my experience in peer review, professional regulation, licensure, professional education and accreditation to the Board."

The Board of Osteopathic Examination was created in 1905 by an act of the State Legislature. This Board is responsible for safeguarding the health, safety and welfare of Tennesseans, by requiring that all that practice osteopathic medicine within this state are qualified. The Board interprets the laws, rules and regulations to determine the appropriate standards of practice to ensure the highest degree of professional conduct. The Board is authorized to issue licenses to qualified candidates who have completed appropriate education and successfully completed required examinations. The Board is also responsible for the investigation of alleged violations of the Practice Act and rules, and is responsible for the discipline of licensees who are found guilty of such violation. The Board also certifies X-ray operators in physician offices and the Council of Certified Professional Midwifery. The Board is composed



Dr. Michael Wieting

of six members (five physicians and one lay person) who are appointed by the Governor. The Board meets as needed throughout the year for purposes of conducting administrative business concerning ratifying licenses, promulgating rules, disciplinary matters, etc. The six Board members are appointed by the Governor to serve five year terms. A quorum of four members is required to conduct business, and the meetings are open to the public.

At LMU-DCOM Wieting also serves as dean of clinical medicine, vice president for program development and professor of physical medicine and rehabilitation and osteopathic principles and practice. Wieting is board certified in physical medicine and rehabilitation and is a fellow in the American Osteopathic College of Physical Medicine and Rehabilitation as well as the American Academy of Physical Medicine and Rehabilitation. He received his Doctor of Osteopathic Medicine degree from Oklahoma State University-College of Osteopathic Medicine and completed his residency in physical medicine and rehabilitation at the University of Minnesota Hospital and Clinics. He completed fellowship programs in electrodiagnostic medicine/primary care sports medicine at Michigan State University-College of Osteopathic Medicine and in health policy at the Ohio University College of Osteopathic Medicine and the New York Institute of Technology.

## University Medical Clinic Becomes a Reach Out and Read Partner

The University Medical Clinic became an official Reach Out and Read™ Partner in January 2014. Reach Out and Read prepares America's youngest children to succeed in school by partnering with doctors to prescribe books and encourage families to read together.

The program serves more than four million children and their families across the nation, with a special emphasis on serving those in low-income communities. Families served by Reach Out and Read read together more often, and their children enter kindergarten with larger vocabularies and stronger language skills, better prepared to achieve their potential in school and beyond.

Reach Out and Read provides books for children in more than 14 languages, including Arabic, Chinese, Russian and Spanish.

### The Reach Out and Read Model

- Doctors, nurse practitioners, and other medical professionals incorporate Reach Out and Read's evidence-based, three-part model into regular pediatric checkups:
- In pediatric exam rooms, trained doctors and nurses speak with parents about the importance of reading aloud.
  - At each regular checkup from six months through five years of age, the child receives a new book to take home.
  - Parents become more engaged and read to their children more often.

# Training to Combat "Agents of Opportunity"

In partnership with the Radiation Emergency Assistance Center/Training Site (REAC/TS), a part of the Oak Ridge Institute for Science and Education (ORISE), and the American College of Medical Toxicology (ACMT), LMU-DCOM hosted its second annual continuing medical education course entitled "Agents of Opportunity for Terrorism" September 19-20, 2013. The two-day training was attended by over 300 medical students, physicians, nurses and other health care professionals including first responders, health physicists and administrators.

Because there has been growing concern that many of the most likely terrorist threats will involve "agents of opportunity" or materials that are readily available in most communities around the country, the two-day course reviewed medical and psychological consequences of exposures to a variety of materials to familiarize health care providers and others who might have a role in planning and preparations for an

emergency response to toxic exposures with a variety of toxic syndromes. Participants had an opportunity to see emergency response demonstrations and decontamination procedures common with agents of opportunity clinical scenarios.

In continued partnership with REAC/TS and ACMT, LMU-DCOM is in development of an online, on-demand Agents of Opportunity (AoO) program with recordings from the live, two-day continuing medical education activity on Sept 19-20, 2013. The online program will be available for a total of 11 hours of AMA PRA™ credit (\$165.00) or 9 hours of Category 1-B AOA credit (\$145.00). Credit can also be obtained on individual course modules. Online roll-out is expected in the next few months. For more information, please contact the CME office at 423-869-6819 or [patricia.stubenberg@LMU.net](mailto:patricia.stubenberg@LMU.net) or "like" the CME facebook page at [www.facebook.com/LMU.DCOM.CME](http://www.facebook.com/LMU.DCOM.CME).



## LMU-DCOM Students Make Record Donation to Angel Tree Program

The LMU-DCOM Phi Chapter of Sigma Sigma Phi, Honorary Osteopathic Service Fraternity donated over 400 gifts to the original Angel Tree in Knoxville, Tenn., an annual project sponsored by The Angel Tree Optimist Club. Osteopathic medical students, physician assistant program students and LMU-DCOM faculty and staff all contributed to the drive, which culminated in the largest donation by any school or group of students in the history of The Angel Tree. The donation is the second largest single gift made to The Angel Tree since its beginning in 1975.



"The Angel Tree is delighted to receive the patronage of a local organization to help take care of the nearly 400 needy children served by The Claiborne Hunger Ministry in Tazewell," said Laura Kress, director of Angel Tree. "Knowing LMU-DCOM is willing to help in such a significant way will pave the way for a satellite Angel Tree at the Wal-Mart in New Tazewell in the future."

The gifts benefitted Claiborne and four surrounding counties. Pictured are LMU-DCOM Sigma Sigma Phi members with their faculty advisors.

## Make a gift to LMU-DCOM

By making a gift to the LMU-DCOM Annual Fund, you are making a significant impact on students for years to come. Annual Fund gifts allow LMU-DCOM to place resources where they are most needed or where opportunities are greatest. The LMU-DCOM Annual Fund helps to ensure that each student will have access to scholarships, top notch faculty and staff, a strong educational environment and excellent campus facilities.

**Make your gift online at: <http://dcomalumni.LMU.net>**

For more information on giving and naming opportunities, please contact Joey Gilbert, director of development and alumni services for health sciences at 423.869.7206 or [joey.gilbert@LMU.net](mailto:joey.gilbert@LMU.net).

**Dr. Daniel Carr, DO '12** and **Dr. Lena Yi, DO '12** were married on September 21, 2013. Both Dr. Carrs are pursuing residencies in the Detroit area.

**Dr. Abigail DeBusk, DO '11** has been accepted into a sports medicine fellowship at the University of Cincinnati. She will complete her family medicine residency at the University of Kentucky in June 2014.



Dr. Abigail DeBusk

**Dr. Souleymane Yaya Diallo, DO '13** presented on Mrizzi syndrome during the University of Texas Health Science Center San Antonio (UTHSCSA) Internal Medicine program intern learning group morning report. He also served as a panelist/speaker at the student National Minority Association Region III/ Pre-medical Conference organized by UTHSCSA Office of Diversity and Student Professional Development. He participated in the session titled "Rotations & Residency 101." Diallo also has been selected to serve as a member of the recruitment committee at UTHSCSA.



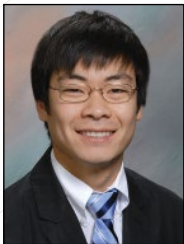
Dr. Souleymane Yaya Diallo

**Dr. Meredith Disharoon, DO '12** has received the "Everyday Hero" and the "Bravo" certificates from Oakwood Southshore Medical Center, where she is pursuing her diagnostic radiology residency. Both are acknowledgements from patients for outstanding care provided.

**Paige Goforth, PA '13**, had her abstract "Merkel Cell Carcinoma: Is It On Your Differential?" accepted for a poster presentation for JADPRO LIVE: Transforming Oncology Practice in St. Petersburg, Fla. The meeting was held in January 2014.



Paige Goforth



Dr. Johan Koo

**Dr. Johan Koo, DO '12** is one of two second-year family medicine residents selected by TeamHealth to attend the 2014 Resuscitation Conference & Critical Care Boot camp in Las Vegas, Nev.

**Dr. Amanda Vanlandingham, DO '11** has been accepted into a pulmonology/critical care medicine fellowship at East Tennessee State University. Vanlandingham will complete her internal medicine residency at ETSU in June 2013.



Dr. Amanda Vanlandingham

## LMU-DCOM Alumni Association Update

The LMU-DCOM Alumni Association held a regional chapter meeting in Columbus, Ohio, in the summer of 2013. Several LMU-DCOM alumni attended. The guest speaker for that meeting was **Dr. Howard Teitelbaum**, professor and chair of preventive medicine, who spoke about the transition from residency into practice.

There are currently plans for LMU-DCOM Alumni Association regional chapter meetings in Florida, Michigan and Oklahoma for 2014. If you live in these areas and are interested in attending, please contact **Dr. Elizabeth Brewer, DO '11**, by email (elizabeth.brewer@LMU.net.edu) for further information. The Alumni Association is also planning an alumni gathering at the 2014 OMED meeting in Seattle, Wash. There will be more details on this event at a later date.

Please remember to update your contact information on the LMU-DCOM Alumni Association website. You may access the Alumni Association website through the LMU-DCOM home page (www.LMU.net.edu/dcom).

This website is updated frequently and includes information for the mentor and host programs, a job bank and a newly updated Alumni Giving page.

LMU-DCOM Alumni Association Board of Directors:

**Dr. David Heath, DO '11** – President  
**Dr. Jim Kowalczyk, DO '11** – Vice President  
**Dr. Elizabeth Brewer, DO '11** – Secretary  
**Dr. Martin Clemmons, DO '11** – Treasurer  
**Dr. Abigail DeBusk, DO '11**  
**Dr. Amanda Vanlandingham, DO '11**  
**Dr. Johnathan "Heath" Thompson, DO '11**  
**Dr. Amanda Saunders, DO '11**  
**Dr. Joseph Jones, DO '12**  
**Dr. Chelsea Nickolson, DO '12**  
**Dr. Danielle Street, DO '13**  
**Dr. Kari Jones, DO '13**  
**Dr. Howard Teitelbaum, DO, PhD, MS** – Faculty Advisor  
**Joey Gilbert** – Director of Development and Alumni Services

**Dr. Lawson Hunley, DO '11**, currently serves as chief resident of the family medicine residency program at Lonesome Pine Hospital in Big Stone Gap, Va. Hunley was instrumental in requesting help from the Lonesome Pine Hospital Community Fund to purchase a prescription drug drop-off box. JoAnne Harding, program coordinator, writes, "Residents at the hospital have been participating in the drug take-back program in which two days a year are set aside for residents to bring in their expired medicines, meds no longer needed, etc. Dr. Sue Cantrell, Director of the LENOWISCO Health District brought it to our attention that having a drop-off box would make it more convenient for our citizens. They no longer have to wait for a designated day. Dr. Hunley picked up on Dr. Cantrell's suggestion and helped bring this need to the attention of the LPH Board. This is the type of thing Dr. Hunley does on a regular basis. He is always thinking of ways to give back and offer a helping hand. Dr. Hunley is a true ambassador for our family medicine residency and LMU-DCOM."



Dr. Lawson Hunley

## Drop Box Aids in Disposal of Unused Medications

The following article first appeared in "Wellmont News" and is reprinted with permission from Wellmont Health Services.

Wise County residents can feel safer knowing they have a place to dispose unused medications they no longer need.

The Lonesome Pine Hospital Community Fund recently donated the funds to purchase a medication return drop-off box for the Wise County Sheriff's Department. Leaders of the fund and the sheriff's department unveiled the new community resource during a ceremony on Monday, Jan. 13.

"For those people who have medications they would like to remove from their home, we have an excellent outlet," said Ronnie Oakes, sheriff of Wise County and the City of Norton. "Medications should only be used by people who need them for legitimate purposes, and this unit is a perfect way to help prevent someone who does not need them from getting their hands on them."



The box is an alternative to flushing medications in a toilet, which can harm water supplies.

Anyone can dispose prescription and over-the-counter medications – with no questions asked – in the lobby of the sheriff's department at 224 Water St. SE from 8 a.m. – 4:30 p.m. Monday-Friday.

Other items that are accepted include vitamins, medication samples and even medications for pets. Some items that cannot be accommodated include needles, hydrogen peroxide, inhalers and aerosol cans. The federal Drug Enforcement Agency picks up items in the box and burns them. "This unit is an excellent way to promote safety and protect the community, and we are pleased we can assist," said Ed Roop, the fund's chairman. "Southwest Virginia is a great place to live, and our collaboration with the sheriff's department on this project reflects our shared commitment to the people we are privileged to serve."



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Follow "lmumy" on Twitter for updates from Director of Marketing and Public Relations for Health Sciences, Amy Dritter.



Search "lmunetedu" for more than 100 videos from the University, including many from LMU-DCOM faculty.

# Student Club Updates

## ARTS IN MEDICINE

The Arts in Medicine group held an Open Mic holiday dinner in December 2013. The event included food, student performances and children's activities. The group also held lunchtime sessions with light refreshments and available art supplies and musical instruments to provide a creative outlet for students to unwind.

## BUSINESS IN MEDICINE CLUB

The Business in Medicine Club hosted guest speaker Dr. Thomas Kohntopp, director of the LMU MBA program. He spoke on the advantages to having an MBA in today's health care market and on course curriculum for LMU's DO/MBA program.

## EMERGENCY MEDICINE

The Emergency Medicine Club presented "Pictures with Dr. Claus" in December 2013. Proceeds from the event went to Servolution Health Services.

## HEALTH EQUITY CLUB

The Health Equity Club held a clothing drive to benefit individuals in Hancock County (Tenn.) The county has a median income of \$19,000, the lowest in the state of Tennessee. The clothing donated was given to Hancock County High School.

## INTERNAL MEDICINE CLUB

The Internal Medicine Club hosted guest speakers **Dr. Frank Venuti**, associate professor of family medicine, and **Dr. Howard S. Teitelbaum**, professor and chair of preventive medicine.

## INTERNATIONAL MEDICINE CLUB

The International Medicine Club held a Salsa Dance Night in December 2013 as a fundraiser. Salsa dancing lessons were available to the attendees.

## MUSLIM STUDENT ASSOCIATION

The Muslim Student Association held a potluck dinner in October 2013 to introduce students to the club. This is the first year for the club at LMU-DCOM.

## PEDIATRICS CLUB

The Pediatrics Club hosted guest speaker **Dr. Ava Stanczak**, associate professor and chair of pediatrics, on October 24, 2013. She spoke about the pediatrics profession.

## PHYSICAL MEDICINE AND REHABILITATION (PM&R)

The PM&R Club hosted guest speaker **Dr. Eva Shay**, assistant professor of OMM, who spoke on prolotherapy. The group also sponsored the second annual No Shave November contest for students, faculty and staff.

## PSYCH/NEURO CLUB

The Psych/Neuro Club hosted student support groups during the Fall 2013 semester. They held a class on Memory and Learning on October 23, 2013. The group held a presentation on living with obsessive-compulsive disorder. The group held a mental health week at the end of October 2013 to bring awareness to students of mental health and resources that are available both nationwide and at LMU-DCOM. Information was broadcast on the television screens in both the LMU-DCOM and Hamilton Math and Science Building lobbies.

## SIGMA SIGMA PHI

Sigma Sigma Phi held a barbeque lunch fundraiser to benefit the Special Olympics of Tennessee in November 2013. The group also sponsored the annual Mr. DCOM pageant in November 2013.

## SOCIAL AND GENDER EQUALITY CLUB

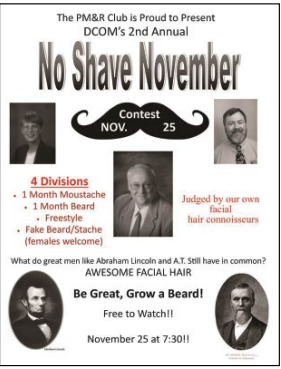
The Social and Gender Equality Club held a National Coming Out Day party in October 2013 as its fall fundraiser. Proceeds from the event went to the East Tennessee Gay Straight Alliance. In November 2013 the group hosted guest speaker **Dr. Howard S. Teitelbaum**, professor and chair of preventive medicine, who spoke about his experience treating HIV/AIDS patients at the onset of the AIDS crisis.

## STUDENT AMERICAN OSTEOPATHIC ACADEMY OF ORTHOPEDICS (SAOAO)

Members of the SAOAO assisted with clean up at the Servolution Health Services free clinic facility in Speedwell, Tenn., in November 2013. The group helped to haul off trash and clean the grounds of the facility.

## STUDENT ADVOCATE ASSOCIATION (SAA)

The SAA held its annual Fall Festival on October 30, 2013. The event raised about \$350 to support student activities. The group also held a couples workshop facilitated by **Dr. Michael Wieting**, senior associate dean, and his wife



Shelley, LMU assistant professor of nursing and SAA faculty advisor. They presented information about medical school and how to survive as a couple, including valuable insights on financial management and relationship advice. The SAA held its annual Thanksgiving Dinner for students and their families in November 2013. Participants brought canned food items to benefit the Manna House in Tazewell, Tenn.

## STUDENT ASSOCIATION OF THE AMERICAN ACADEMY OF OSTEOPATHY (SAAO)

SAAO has continued its weekly "Greet and Treat" sessions to allow students a time to provide OMT services to fellow students under supervision. SAAO also continues to provide LMU Athlete Treatment Sessions (LATS) to treat student athletes. The group sold vertebrae mugs as a fundraiser in Fall 2013. On November 16, 2013, SAAO members provided OMT at the Claiborne County (Tenn.) Sheriff's Office. The SAAO made cards for the patients at St. Jude's Children's Research Hospital in December 2013.

## STUDENT ASSOCIATION OF THE AMERICAN COLLEGE OF OSTEOPATHIC FAMILY PHYSICIANS (SAACOFFP)

The SAACOFFP held the annual staff appreciation dinner in November 2013. The SAACOFFP hosted a visit by Dr. Carol Henwood, president-elect of the national American College of Osteopathic Family Physicians (ACOFFP) in December 2013. In January 2014 the SAACOFFP collected supplies and donations for the DOCARE clinic in Guatemala.

## STUDENT NATIONAL MEDICAL ASSOCIATION (SNMA)

The SNMA assisted Victory Church in Harrogate, Tenn., with their fundraising drive to benefit their Angels in Africa charity fund. The funds collected provided Christmas meals for needy families in Africa. The group also prepared shoe box gifts for Operation Christmas Child. In January 2014 the SNMA welcomed speaker **Dr. Howard S. Teitelbaum**, professor and chair of preventive medicine, who spoke about health care disparities among minorities.

## STUDENT OSTEOPATHIC MEDICAL ASSOCIATION (SOMA)

SOMA and the LMU-DCOM Student Government Association hosted the annual Osteoblast event on September 5, 2013. The event allows first-year students an opportunity to get familiar with the various clubs at LMU-DCOM. Several SOMA members attended the Fall SOMA convention in Las Vegas, Nev., in September 2013, which was held in conjunction with the annual American Osteopathic Association OMED conference. While in Las



Vegas, they participated in the American Osteopathic Foundation project on September 29, 2013.

SOMA, in conjunction with United Healthcare, hosted the Second Harvest Mobile Food Pantry on October 19, 2013. Approximately 600 bags of food were distributed to the public. SOMA will host another Mobile Food Pantry on February 15, 2014. In December 2013 SOMA organized a



competition in the SOMA Region II "Bears that Care" drive to benefit East Tennessee Children's Hospital. The first-year team consisted of the OMS Class of 2017, nursing students and Hamilton Math and Science Building staff. The second-year team consisted of OMS Class of 2016, the PA Class of 2015, and LMU-DCOM building staff. The first-year team won a narrow victory,

donating 50 bears to the cause. In total 99 bears were collected. SOMA members presented a Mini Medical School program on November 8, 2013, and a "What's in a Doctor's Bag?" program on December 4, 2013. SOMA held its first Talent Show on March 4, 2014, on the LMU campus. Proceeds from the show benefitted the Claiborne (Tenn.) Animal Shelter.

## STUDENT OSTEOPATHIC SURGICAL ASSOCIATION (SOSA)

SOSA held the first "Neal Cross Give a Kid a Smile" fundraising drive to benefit Operation Smile. The fundraiser was conducted in memory of Dr. Neal Cross. Operation Smile is a charity that provides surgeries to repair cleft palates in children all around the world.

## STUDENT TACTICAL AND OPERATIONAL RESCUE MEDICINE (STORM)

STORM hosted a training class on the use of tourniquets on November 8, 2013. The club also sold LMU-DCOM Tervis Tumblers as a fundraiser.

# Student Club Updates

## RESEARCH CLUB

The Research Club held its inaugural meeting on January 23, 2014. The meeting featured speaker **Dr. Dominic Palazzolo**, professor of physiology, who spoke on the topic “My adventure in the world of vaping: What led me on this adventure and where I hope it will take me.”

## WILDERNESS MEDICINE CLUB

The Wilderness Medicine Club hosted **Dr. Mary Beth Babos**, associate professor of pharmacy, who spoke about edible local flora. On October 24, 2013, the club sponsored a roadside cleanup in front of H.Y. Livesay Middle School in



Harrogate, Tenn. The group hosted the annual Tennessee MedWar competition in November 2013.

## WOMEN’S HEALTH AND MEDICAL SOCIETY

Several members of the Women’s Health and Medical Society volunteered at the Susan G. Koman Race for the Cure in Knoxville, Tenn., in October 2013. The club also sponsored 20 runners in the race.



With 35 registered volunteers present, the group received a medal for having the second largest volunteer group. The group sold t-shirts as a fundraiser.

The PA Program Class of 2015 held its annual Gala in January 2013. Students and faculty enjoyed a night of food and dancing at Pine Mountain State Park in Pineville, Ky. The theme of the event was *The Great Gatsby*.



Photo credit: Jessica Seymour Photography

# Student Accolades

OMS-II students **Ryan Griggs**, **Austin Smith** and **Austin Skakle** serve on the Servolution Health Services (SHS) Board Council. SHS opened a free medical and dental clinic in Speedwell, Tenn., near LMU-DCOM in December 2013. The qualifying adult uninsured population of SHS is 200% of federal poverty level. The students are currently helping to mediate between LMU-DCOM and SHS to form an affiliation agreement and attempting to set up an evening clinic to allow OMS, PA-S and nursing students to gain experience under appropriate supervision. The students are also in the process of creating the Physicians and Students Serving Appalachia Gaining Education (PASSAGE) Club to organize these student nights.



Dr. Burt Routman, professor and chair emeritus of family medicine (R) with students following the first student-run free clinic at SHS.

**Kaitlin Dewhirst, OMS Class of 2014** spoke at the “Advocacy for Healthy Partnerships” Conference in Atlanta, Ga. Dewhirst was one of only two students at the conference, sponsored by the American Osteopathic Association.



Kaitlin Dewhirst

**Douglas “Deke” Barron, OMS Class of 2014** published “Choosing a Specialty: My Journey into Family Medicine” on in-training.org in November 2013.

**Katie Clark, OMS Class of 2014**, was chosen as LMU-DCOM’s Student Doctor of the Year. SDOY is a program of the Council of Osteopathic Student Government Presidents (COSGP). The primary focus of the award is to acknowledge students’ commitment to their school, their community and the osteopathic profession.



Katie Clark

## Rotations Spotlight

Several members of the LMU-DCOM Class of 2015 participated in the 8th Annual Dragon Boat Race Festival with the Indian Path Medical Center “Water Warriors” team. The event raised money for Mountain States Health Alliance Oncology Services.



Third year students who participated (in order starting L bottom row): Elizabeth Aradine, LaToya Patterson Branam, Anne Wills, Ashley Collins, Zachary Tomlinson, David Robinson, Loni Quarles and Sunny Tomlinson. Other participants were IPMC physicians and staff.

## Student DO of the Month

### NOVEMBER 2013

Catherine Hassett, OMS Class of 2016  
Russell Jefferson, OMS Class of 2017

### DECEMBER 2013

Rodney Steff, OMS Class of 2016  
Paul Weaver, OMS Class of 2017

### JANUARY 2014

Brennen Puryear, OMS Class of 2016  
Anthony Whitlow, OMS Class of 2017

### FEBRUARY 2014

Mary Mamut, OMS Class of 2016  
Nasir Ali, OMS Class of 2017

### MARCH 2014

Paul Ramirez, OMS Class of 2016  
Kelly Coches, OMS Class of 2017

*Congratulations on your accomplishments!*

# Physician Assistant Program

## PA Class of 2015 Hosts Blood Drives

The Dr. George Stanley Thompson PA Student Society and the PA-S Class of 2015 hosted an American Red Cross Blood Drive on October 16, 2013. A total of 53 donations were made, which can potentially save 159 people. This was the second blood drive hosted by the PA Class of 2015. The first blood drive of 2014 was held on January 31.



Chelsey Crowley, Kelsey Wise, Thanh Tran, Courtney Brooks, Jennifer Brown



Kevin Tawzer, Heather Church

## Chili Cookoff to Benefit Those in Need

On December 4, 2013, the PA Class of 2015 held a chili cook-off benefiting the Claiborne Hunger Ministry in Tazewell, Tenn. The event was put on by the Dr. George Stanley Thompson PA Student Society as a way to help those in the community who are less fortunate have a happier holiday season. A total of 12 pots of chili were submitted with a wide variety of flavors and spices. Students and faculty got to try all of the chili they wanted for a \$2 donation, though some individuals chose to give even more. Everyone was a judge, able to vote by making additional donations. Dollar bills counted as positive votes, but coins subtracted from the total. The event raised \$725, providing over 2,000 meals to those in need.



Matt Hunt, Claiborne County Hunger Ministry representative, Alexis Rouvelas



Chili pots are set up and ready to be sampled.

## Kick Butt! Quit Smoking

On December 10, 2013, the Dr. George Stanley Thompson PA Student Society hosted a free smoking cessation workshop for the local community. Attendees were offered

smoking cessation material and advice on how to quit by PA-S Class of 2015 members **Matthew Hunt** and **Chaz Morris**. **Shane Spears**, assistant professor of physician assistant studies, shared helpful tips on how to kick the habit. Group discussion was encouraged and participants were receptive to the information provided. Overall, those in attendance provided very positive feedback on the workshop, and some said they quit smoking that evening.



Professor Spears talking to attendees



Matthew Hunt and Chaz Morris giving their presentation

## PA Students Bring Christmas Cheer to Laurel Manor

Dr. George Stanley Thompson PA Student Society Outreach Chairperson and PA-S Class of 2015 member **Alexis Rouvelas**, joined by classmates **Sara Chasteen**, **Brett Johansen** and **Kevin Tawzer** organized a Christmas card-making project for residents of Laurel Manor Nursing Home in Tazewell, Tenn. The students had first come into contact with the residents in Summer 2013 during a project for their Public Health class. The cards were handmade by some of the students' children, providing an added personal touch to brighten the spirits of the residents during the holiday season.



PA-S Class of 2015 members Brett Johansen, Alexis Rouvelas and Sara Chasteen.



# Mark Your Calendar

**PA-S Class of 2014 Graduation**  
**August 9, 2014 • 10 a.m.**  
**Tex Turner Arena**  
**Harrogate, Tenn.**

# Blog Focuses on Women's Health Issues

In September 2013, Dr. Nicole Shields, assistant professor of family medicine, launched a new women's health blog, "Deciphering Venus." Shields publishes a blog post on women's health each Thursday at <http://lmuwomenshealth.wordpress.com/>. Below is an excerpt from Shields' first blog post explaining the origin and intent of her outreach.

As a physician, I am often amazed by what women (and girls) don't know about their bodies. Then again, I'm a primary care physician and there is plenty that I am still learning (like, say, everything that happened during my pregnancy and all that followed). And while my profession is medicine, women's health is important to me as a wife, mother, daughter and friend. During some of my own medical (mis)adventures as a patient, I learned that so many women have similar struggles and experiences. As I reflected on this, I was crushed that as a physician I was relatively clueless about what women (and even some friends) were really experiencing in their own lives. Why is this? Have we, as women, learned to hide from each other? Or have we become so busy that we no longer have the time or energy to really listen? I am not sure of the answer, but I know that I have a renewed sense of social and professional responsibility and commitment to women's health. And fortunately, as a full-time faculty member at Lincoln Memorial University-DeBusk College of Osteopathic Medicine, I am afforded the unique opportunity to act on it.

Sometimes, even more surprising to me than not knowing our bodies, is what is held as truth. With social media and modern-day capabilities of instant communication, the propagation of misinformation seems more prevalent than ever before. "Why?" you may ask. Well, medicine is a field that is constantly changing, improving. What was true 10 years ago, two years or even six weeks ago may no longer be true or the best practice in medicine. This is a good thing, or we would still be bloodletting and without antibiotics. But with change brings the need for staying current both as a consumer and a health care provider. There are thousands of research studies published every year. It is impossible for physicians to stay current with all the latest and greatest. And by now you are probably wondering, well if health care professionals are having difficulty keeping up, how do I



know I'm getting the correct advice and guidance? Good question. For starters, find reliable resources that focus on up to date research and guidelines. In medicine this is known as "evidence-based medicine." Use those buzz words, and I promise you'll have your provider's attention.

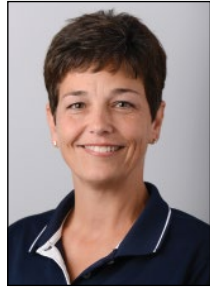
As a primary care physician, I welcome informed patients and am encouraged when people come to me with questions. After all, it is your health. Now, what this does not mean is that you Googled fill-in-the-blank, read all of the personal cyber horror stories and printed them to discuss at your next appointment. There are numerous reliable resources available for free, like the CDC, Mayo clinic, USPSTF just to name a few. To be clear, I am not endorsing one over another and, in fact, I often use several. Which leads to another valid consideration, there are mountains of information to sift through. Yes there are, and I know you don't have time for that. So, how do you get the need-to-know on women's health in the ever-changing world of medicine? Hopefully, this blog will be a starting point. My goals are to candidly cover key topics related to women's health every week, pare it down into digestible pieces of information and empower you to seek the evidence-based, pertinent medical information you need (and deserve) as a woman. And while every topic may not relate to you directly, chances are you have someone in your life that could benefit from your newfound knowledge (go ahead, bridge the generation gap)." ❧



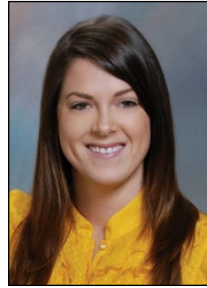
# Faculty/Staff Happenings



Dr. Mary Beth Babos



Christy McGhee

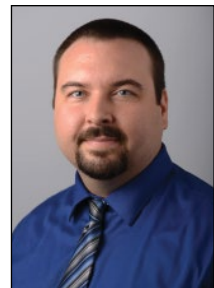


Dr. Brittney Grady

**Dr. Mary Beth Babos**, associate professor of pharmacy, published "Pathophysiology of Pain" in *Disease-a-Month* 2013; 59(10) 325-350 with **Dr. Warren Wisnoff**, assistant professor and chair of internal medicine, **Christy McGhee**, assistant professor of physician assistant studies and **Dr. Brittney Grady, DO '13**. She also gave a CME presentation at Claiborne County (Tenn.) Hospital in December 2014.

**Johnathan Greene**, center for simulation and training coordinator, was recently appointed chairman of the Hancock County (Tenn.) Health Alliance. He was a guest speaker at the Northeast Washington County/Johnson City (Tenn.) Rescue Conference on the topic of "Excellent Customer and Community Service" and spoke at a pediatric conference on "Special Care for Special Needs Kids." Greene provided a faculty training for England-Corsair plant management team on "Substance Abuse in the Workplace." He attended the Northeast ENA Conference in Jonesboro, Tenn., and the Rural Health Association of Tennessee annual conference in Pigeon Forge, Tenn.

**Dr. Adam Gromley**, assistant professor of molecular/cellular biology, and **Dr. Zeynep Gromley**, assistant professor of biochemistry, published one of their TBL modules, "Stem Cells and Stem Cell Therapy," in December 2013 in a peer-reviewed online publication in MedEdPORTAL Publications.



Dr. Adam Gromley



Dr. Zeynep Gromley

**Dr. Kenneth Heiles**, associate dean of graduate medical education, attended the Osteopathic Medical Education Leadership Conference in Austin, Texas, in January 2014.



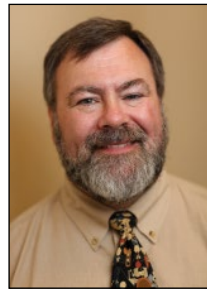
Dr. Kenneth Heiles

**JooHee Kim**, assistant VP for academic services and assessment, attended the Osteopathic Medical Education Leadership Conference in Austin, Texas, in January 2014. and served on the Osteopathic Medical Education Steering Committee for the conference. Kim also has been invited to serve on the National Board of Osteopathic Medical Examiners (NBOME) Standards and Assurances Committee. The first meeting is March 29, 2014, in Chicago, Ill. The committee will meet annually or as needed.



JooHee Kim

**Dr. Stephen Miller**, associate professor of OMM/family medicine and chair of family medicine, **Dr. Zeynep Gromley**, assistant professor of biochemistry, and **Dr. Casey Bassett**, associate professor of anatomy and histology, presented "Using Team-Based Learning to Override the Cram and Dump Mentality in Medical Education" at the Osteopathic Medical Education Leadership Conference in Austin, Texas, in January 2014.



Dr. Stephen Miller



Dr. Casey Bassett

**David Petersen**, health sciences librarian, published "New Horizons: A Partnership Between a New Medical Library and a Specialized Hospital Library, with Recommendations for the Future" in the *Journal of Hospital Librarianship*.

**Dr. Natalie Shirley**, assistant professor of anatomy, had the abstracts "Enough is Enough! What Are Validation Studies of Age Estimation Methods Really Telling Us?" and "A Multidisciplinary Forensic Effort Unwraps the Mystery of a Mummified Case" accepted for presentation at the AAFS Annual Scientific Meeting held in Seattle, Wash., February 17 - 22, 2014. Her article "Age Estimation in Forensic Anthropology: Quantification of Observer Error in Phase versus Component-Based Methods" has been accepted for publication in the *Journal of Forensic Sciences*. Shirley received a grant award in September 2013 for "Applied Research and Development in Forensic Science for Criminal Justice Purposes"- Evaluation of Osteometric Measurements in Forensic Anthropology in the amount of \$207,624.



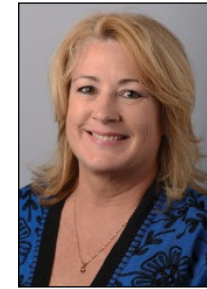
Dr. Natalie Shirley

**Dr. Ava Stanczak**, associate professor and chair of pediatrics, has been invited to join the editorial board of the *Journal of Pediatrics and Congenital Disorders*, a new journal launched by Jscholar publishers. JScholar is an open access publisher of peer reviewed scholarly research articles online, which are free to access, share and distribute for the advancement of scholarly communication among the researchers, scientists and readers.



Dr. Ava Stanczak

**Dr. Patricia Stubenberg**, director of continuing medical education and preceptor development, attended the Osteopathic Medical Education Leadership Conference in Austin, Texas, in January 2014. She also presented, along with Doran Christensen of REAC/TS, preliminary results from the LMU-DCOM and ORAU pilot AOA cat 1-A online CME program.



Dr. Patricia Stubenberg

**Dr. Frank Venuti**, associate professor of family medicine, has been selected by the national Student Osteopathic Medical Association (SOMA) Foundation as a finalist for the Northrup Educator of the Year award. LMU-DCOM students presented a short video to the SOMA House of Delegates in March 2014 in support of Venuti's nomination.



Dr. Frank Venuti

**Dr. Michael Wieting**, senior associate dean, published "Quadriceps Contusion," a chapter in *Essentials of Physical Medicine and Rehabilitation*. The article was co-authored with **Dr. Michael Slesinski, DO '11**. Wieting also published an article in the *JAOA* on OMT for Coronary Bypass in May 2013. He presented "Quick and Easy OMT in Sports Medicine" for the 30th Primary Care Update, Oklahoma State University Center for Health Sciences, in Tulsa, Okla., in November 2013 and "Evaluation of the Painful Joint in Primary Care Practice" for Tennessee Academy of Family Physicians 65th Annual Scientific Assembly in Gatlinburg, Tenn., in November 2013. Wieting has been appointed to the LMU Institutional Effectiveness Committee and to the



Dr. Michael Wieting



Dr. Michael Slesinski

National Faculty in Osteopathic Principles and Practices/ Neuromusculoskeletal Medicine for the National Board of Osteopathic Examiners. He attended the Osteopathic Medical Education Leadership Conference in Austin, Texas, in January 2014.

**Dr. John Williamson**, assistant professor and chair of OB/GYN and director of international medicine, attended the Osteopathic International Medicine Conference in January 2014.



Dr. John Williamson

**Dr. Paul Wood**, professor of pharmacology, and **Dr. Natalie Shirley**, assistant professor of anatomy, published "Lipidomics Analysis of Postmortem Interval: Preliminary Evaluation of Human Skeletal Muscle" in the journal *Metabolomics*. Wood also published "Mass Spectrometry Strategies for Clinical Metabolomics and Lipidomics in Psychiatry, Neurology, and Neuro-Oncology" in *Neuropsychopharmacology Reviews*.



Dr. Paul Wood

## Mark Your Calendar

**OMS Class of 2014 Graduation**  
May 10 • 10 a.m.  
Tex Turner Arena  
Harrogate, Tenn.

## TOME NEWS

The Tennessee Osteopathic Medical Education Consortium (TOME) held its first "Grand Rounds" presentation on November 13, 2013. The presenter was Dr. Eva Shay, assistant professor of OMM, who spoke on "OMM's Role in Palliative Care."

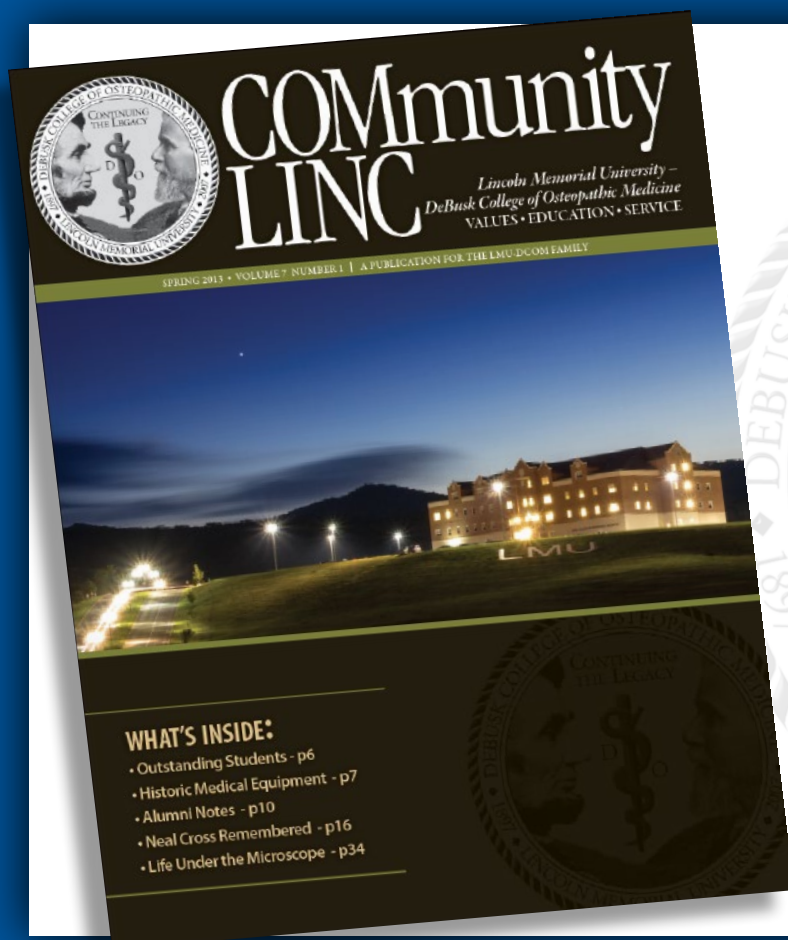
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