

**Four-Year Plan  
Physical Education K-12 (PHEDE.BS)**

The following is a suggested four-year plan of study for freshmen entering LMU during the 2017-2018 academic year. This plan should be used in conjunction with the University catalog and in consultation with the faculty advisor. Transfer students should contact their advisor if they have questions regarding transfer credit. Courses listed on the four-year plan may be taken during other semesters, based on availability and course placement. This plan meets LMU's general education (Liberal Arts Common Core) requirements, major requirements and 300/400 level course requirements. *Lincoln Memorial University reserves the right to adjust at any time its Initial Teacher Licensure Undergraduate Program requirements to comply with changes mandated by the State Board of Education.*

**Note: In order to graduate in four years (eight regular semesters) the student must average passing 16/17 hours per semester. Courses with \* must have a grade of C- or better. Courses with \*\* must have a grade of C or better.**

**First Year**

**Fall**

ENGL 101 Composition 1	3
MATH Requirement	3
PEXS 200 Foundation of PE, Sports & Fitness**	2
Fine Arts Requirement	3
Science Requirement	4
UACT 100 Strategies of College Success	2
<b>TOTAL</b>	<b>17</b>

**Spring**

History Requirement	3
EDUC 210 Instructional Technology*	2
HLTH 120 Safety, First Aid & CPR**	2
Fine Arts, Humanities or Ethics	3
Behavioral/ Social Science Requirements	3
COMM 200 Fund of Speech Communications	3
<b>TOTAL</b>	<b>16</b>

**Second Year**

**Fall**

PSYC 221 Child and Adolescent Dev*	3
PEXS 265 Injury Prevent & Emer. Mgt.**	3
PEXS 271 A & P for PE and Sport**	3
ENGL 102 Composition 2	3
Science Requirement	4
LNCN 100 Lincoln's Life & Legacy	1
<b>TOTAL</b>	<b>17</b>

**Spring**

PEXS 372 Kinesiology & Biochemics**	3
PEXS 360 Games and Dance**	3
PEXS 275 Technology for HLTH, PE & PEXS**	2
SPED270 Teaching Exceptional Learners*	2
EDUC 290 The Teaching Profession*	3
History Requirement	3
<b>TOTAL</b>	<b>16</b>

**Third Year**

**Fall**

PEXS 300 Exercise Physiology**	3
SPED 320 K-12 Differentiated Instruction*	3
PSYC 370 Educational Psychology*	3
PEXS 210 Measurement and Eval**	3
PEXS 344 Learning & Psychomotor Dev**	3
LNCN 300 American Citizenship	1
<b>TOTAL</b>	<b>16</b>

**Spring**

ENGL 240, 250, or 260	3
PEXS 440 K-12 Curriculum & Methods**	3
EDUC 360 Secondary Instructional Methods*	2
EDUC 390 Diversity in Today's Classroom*	2
Elective	3
PEXS 430 Organization and Administration**	3
<b>TOTAL</b>	<b>16</b>

**Fourth Year**

**Fall**

EDUC 370 Measurements & Evaluations*	3
HLTH 360 Drug Awareness**	3
PXES 480 PE for Special Populations**	3
EDUC 480 Pre-Clinical Experience*	2
HLTH 340 School Health Programs**	3
<b>TOTAL</b>	<b>14</b>

**Spring**

EDUC 497 Enhanced Clinical Practice	9
EDUC 497F Seminar	3
<b>TOTAL</b>	<b>12</b>
Praxis II Requirements 5624- PLT 5095- Physical Content & Design	
<b>TOTAL</b>	<b>124</b>

Please note: All Students in teacher licensure programs are required to apply for admission to the teacher licensure program while enrolled in EDUC 290, The Teaching Profession. Students will begin taking Praxis II exams near the end of the Junior year. Formal Admission is required prior to enrolling in EDUC 480, Pre-Clinical Experience. All Praxis II requirements and program criteria must be met prior to registration for EDUC 497, Enhanced Clinical Practice and Seminar. Revised 3/2017.

