

2019-2020 Wellness Themes

<u>January</u> SPIRITUAL	<u>February</u> INTELLECTUAL	<u>March</u> FINANCIAL	<u>April</u> OCCUPATIONAL
<u>May</u> EMPLOYEE HEALTH AND FITNESS MONTH	<u>June</u> NO STUDENTS	<u>July</u> NO STUDENTS	<u>August</u> SOCIAL
<u>September</u> SUICIDE AWARENESS MONTH EMOTIONAL	<u>October</u> PHYSICAL	<u>November</u> NATIONAL SAFETY MONTH ENVIRONMENTAL	<u>December</u> CREATIVE