

The content in this preview is based on the last saved version of your email - any changes made to your email that have not been saved will not be shown in this preview.



October 2010

Issue No. 2

Dean's Corner...



October is the month things truly get swinging here on campus. Our first year students had their White Coat Ceremony on September 25th and all of our student clubs and organizations are up and running.

Since I don't have the opportunity to see you every day it's important for me to let you know about some wonderful happenings for the school.

Big things are happening at LMU-DCOM.

As we continue to focus on preparing the next generation of health care providers here at Lincoln Memorial University-DeBusk College of

Department of Clinical Education



L to R: Jody Caldwell, Director of Rotations and coordinator for students L-Z; Nancy Myers, Director of Clinical Education; Greg Smith, DO, Associate Dean of Clinical Medicine; Donna Palozzolo, Extramural Education Coordinator; Kari Hoskins, Rotations Coordinator for students A-K

Residency Countdown

Are you on track?

Osteopathic Medicine, we have undertaken the task of building a **brand-new state-of-the-art Math and Science building** right here on campus.

Not only will this building be the *central location* for all mathematics and science learning for the university, but it will also house a massive auditorium for medical student lectures, anatomy, electron microscopy, physics and chemistry labs, as well as classroom learning centers. Also planned is a sophisticated research center for faculty and student grant funded studies and projects. The potential for this space is unlimited.

We also hope to provide a superior facility for our graduates to return and receive continuing education credits that contribute to their lifelong learning and successful careers. This will be a lab that our faculty, students, families and graduates can forever be proud to have played a role in seeing to fruition.

Keep up the good work out there. You are representing LMU-DCOM well and making me proud.

Sincerely,

Ray E. Stowers, DO, FACOPF
Vice President and Dean

Graduation Countdown!



One-Stop Shopping for all you need to know about Graduation.

[Inaugural Class Graduation](#)

Homecoming Weekend

Come Home!
October 14-16

Homecoming isn't just about LMU Alumni.

It's about the entire university community.

That means YOU!

This year there are lots of FREE family friendly events that you don't want to miss out on.

[Download the Schedule](#)

Come back to campus and bring your family!

Attention OMS-IV's: Both Matches are open for registration ([AOA/NMS](#) and [NRMP](#)). If you have not already done so, you need to complete your ERAS application and get all supporting documents (LoRs, medical school transcript, and photograph) in to me asap.

Make sure you give yourself (and me!) plenty of time to meet your residency application deadlines. Remember, I can't attach your LoRs until you make slots for them in ERAS. You can track all of your [ERAS](#) documents on [ADTS](#).

If you haven't already requested your medical school transcript from the registrar, you may want to do so soon. [Transcript requests](#) can be faxed or emailed to [Helen Bailey](#), Registrar.

The answers to many of the questions that I am getting can be found in the [MyERAS User Guide](#), [ERAS Timeline](#), the Match websites, and our own [Residency Application Guide and Resources WebPages which includes FAQs](#).

Attention OMS-III's: Be sure to use the DCOM Request for [LoR Cover Sheet](#) when requesting LoRs and check out our [Residency Application Guide and Resources WebPages](#) for important information, timelines, FAQs, and other resources.

-[Donna Palazzolo](#), Ed.S., Extramural Education Coordinator or 869-6832.

Spotlight: 6 Questions with...

Dena Krishnan, OMS-IV

Hometown: Perrysburg, Ohio
Core Rotation Site: Cumberland Medical Center, Crossville, Tenn.

How did it feel to be featured in People Magazine?

I am deeply honored to represent LMU-DCOM and to have the opportunity to share my unique experiences. I have a longstanding interest in working for the under-served, and was humbled by the opportunity to be the voice for so many struggling families. The article has done a great job in highlighting our school's mission to provide health care to the Appalachian region, and I am just delighted to have been a part of it.



What has been your favorite rotation so far, and why?

It would be a tie between my hospitalist rotation at CMC with Mandy Grubb, MD and my Community Hospital rotation with Dr. Rutherford, MD in Carthage Tenn. It was through these rotations that I realized I was most at home in Internal Medicine, and loved both the academic and bedside challenges many of our complicated cases posed. I enjoy taking time with patients and their families, managing multiple problems, and practicing preventative care-all which Internal Medicine provides me.

What has been the biggest challenge while out on rotations?

With every rotation and preceptor comes a different set of expectations. It can be difficult to gauge how involved or assertive we as medical students should be in the care of our patients. Some preceptors want you to jump right in, and others want you to prove yourself first. I found that choosing a variety of electives early on (large teaching hospitals with residents vs. small community hospitals), helped develop flexibility that proved valuable on subsequent rotations.

What are some techniques you've developed to be prepared?

I read about my cases and look up anything that is new or unfamiliar. I try to be prepared for rounds and anticipate what questions I will be asked. Most importantly, I utilize all sources for information about my patients-nursing staff, the patient and his family, old records, other specialty consultants, etc. This way, I am aware of concerns,

REGISTER NOW

Library Nook



Keep checking back for new resources at

[The Lon and Elizabeth Parr Reed Medical and Allied Health Library.](#)

Class Rings

Be part of the tradition.

LMU-DeBusk College of Osteopathic Medicine graduates will enter the workforce prepared, compassionate and skillful physicians.

As a symbol of your journey we are proud to offer you the Official LMU-DeBusk College of Osteopathic Medicine class ring.

This ring is a physical reminder of all that you have achieved at LMU-DeBusk College of Osteopathic Medicine. We hope that wearing it brings you pride, honor and a feeling of great accomplishment.

[Now available online!](#)

The Go-To List

[DCOMDO](#) - Your everything guide to student life at LMU-DCOM

[LMU-DCOM](#) - Official website

[Calendar](#) - Get your datebook ready and write these down!

Find us on Facebook

Follow us on

View our profile on

questions, and all aspects of the patient's care to address and discuss with my attending and resident.

What part of your first two years at DCOM has helped you the most?
PHYSIOLOGY! Internal medicine is really just applied physiology. I try not to memorize details but to think about the big picture. That has helped me not only recall and make connections at the patient's bedside but also helps me anticipate outcomes and treatment plans.

Describe a patient encounter that has been particularly impactful.
 During my hospitalist month, Dr. Grubb and I had been caring for a young father who we diagnosed with stage 4 renal cell carcinoma. The patient had chosen comfort care and a code status of "do not resuscitate" once he and his family understood he could pass away any day. While on rounds one day, we were quickly rushed into the patient's room as he gasped for air. Instead of running a code, it was the first time I had to stand and watch a man die. As his wife threw her body on him screaming "please, please do something," his children cried out and soon his father would fall to his knees in shock and despair. I watched my preceptor take the patient's hand while embracing his wife, and cried and prayed with that family until his last breath. Wiping our tears as we left the room, I told Dr. Grubb that I didn't know if I was cut out for this. She reminded me that patients don't want a "cold doctor" and it's okay to cry. That day she taught me that being a physician is not all about saving lives, but also about giving love, dignity and humanity even in our last days.

Rotation Tips



Keep a journal for each rotation. Record such things as the number of patients you see every day, the types of illnesses your patients have, any of your medical "firsts" (i.e., the first physical you perform, the first baby you deliver, etc.) and any expectations you have for the rotation before you begin. This will help you remember your experiences and process your feelings. When it's time to choose a specialty, your journal will help you reconcile your experiences with your expectations and goals.

Maximize time spent waiting during rotations. Since you never know when you'll have extra time, don't go anywhere without something to read. Keeping journal articles or reference materials with you will afford you the opportunity to study, read up on a patient, or prepare for your next set of rounds. During down time, resist the urge to engage in excessive non-rotation tasks, such as personal e-mail, Web surfing, blogging or personal phone calls. Your residents and attendings may interpret this as boredom, distraction or disinterest. Instead, check out online resources (check out the Library Nook) all of which are likely to enhance your rotation experience.

Words of Wisdom

This month's words of wisdom are brought to you by

Alan Alda
M*A*S*H

Excerpt from his speech to Columbia University College of Physicians and Surgeons.

"Be skilled, be learned, be aware of the dignity of your calling. But please, don't ever lose sight of your own simple humanity."

"Unfortunately, that may not be so easy. You're entering a special place in our society. People will be awed by your expertise. You'll be placed in a position of privilege. You'll live well, people will defer to you, call you by your title, and it may be hard to remember that the word 'doctor' is not actually your first name."

Alan Alda

"I ask of you, possess your skills but don't be *possessed* by them. You are entering a very select group. You have a monopoly on medical care. Please be careful not to abuse this power that you have over the rest of us."

"Put people first. And I include in that, not just people, but that which exists between people. Let me challenge you. With all your study, you can read my x-rays like a telegram. BUT, can you read my involuntary muscles? Can you see the fear and uncertainty in my face? Will you tell me when you don't know what to do? Can you face your own fear, your own uncertainty? When in doubt, can you call in help?"

Rotation Snapshots



Type caption text here.

OMS-III Britton Jewel treats LMU Alumna Pauline Hagy from Norton, VA out on rotations.

* Do you have a Rotations Snapshot to share?
Email it to [Erin Lenz](mailto:Erin.Lenz) Director of Development and Alumni Affairs.



[Forward email](#)



Try it FREE today.

This email was sent to erin.lenz@lmunet.edu by erin.lenz@lmunet.edu | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

LMU-DCOM | 6965 Cumberland Gap Parkway | Harrogate | TN | 37752