



Keeping U Healthy Keeps LMU Healthy!

Important Points for Resident Advisors and Resident Directors:

- If you think someone in your residence hall has H1N1, notify Robert Sabbatini (423-869-6212) or Frank Smith (423-869-7088).
- Make sure the **Cover Your Cough** posters stay up around your residence hall. If you need replacements, send an email to amy.drittler@lmunet.edu.
- Be a good role model for your residents:
 - Wash your hands frequently.
 - **Cover Your Cough!**
 - If you have flu-like symptoms, isolate yourself for 7 days after a positive lab diagnosis or for 24 hours after symptoms disappear – whichever is longer.
- Encourage your residents to disinfect doorknobs, appliance handles, keyboards, remote controls and any other surfaces that are frequently used. Encourage roommates to use disposable plates and silverware and to avoid sharing dishes.
- If someone in your residence hall is sick, **call Security at 423-526-7911 for transportation**. Ask the student the following:
 - Do you have a fever? Do you have a cough?
 - If the student answers YES, alert the transportation staff. They will provide the student a surgical mask to wear during the transport.
 - Make sure the transport staff also wears surgical masks and has hand sanitizers as they transport the student.
 - Make sure the transport staff knows to **alert the Department of Outpatient Services** that they are on their way.
 - **Call a doctor immediately if a student has trouble breathing, pain in the chest or abdomen, sudden dizziness or confusion.**
 - Check on sick students daily.
 - Wear a surgical mask and gloves when visiting a sick student.
 - Maintain a **safe distance of 3 feet** from the student.
 - Wash your hands after visiting the student.

Questions? Call (423) 869-7193 or email billie.price@lmunet.edu