

## What Services are provided by Upward Bound?

### Academic Services

- ♦ *Academic monitoring; checking academic progress within the high school.*
- ♦ *Diagnostic testing; aid in determining student strengths and weaknesses.*
- ♦ *Social adjusting; creating an atmosphere for social interaction.*
- ♦ *Financial advising; assisting in preparation of financial aid forms.*
- ♦ *Career resources; aiding students in career choices through available materials (books, magazines, computer programs, guest speakers and career inventories).*

### College Preparation Services

- ♦ *Learn valuable learning strategies.*
- ♦ *Explore values, interests, talents, and skills.*
- ♦ *Review and prepare for the ACT.*
- ♦ *Learn about Lincoln Memorial University and other colleges and universities.*
- ♦ *Assist with college applications.*
- ♦ *Provide and assist with financial aid application.*
- ♦ *Provide scholarship information.*

## Meet Your Staff

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Assistant Director  
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**Carrabeth Myatt**

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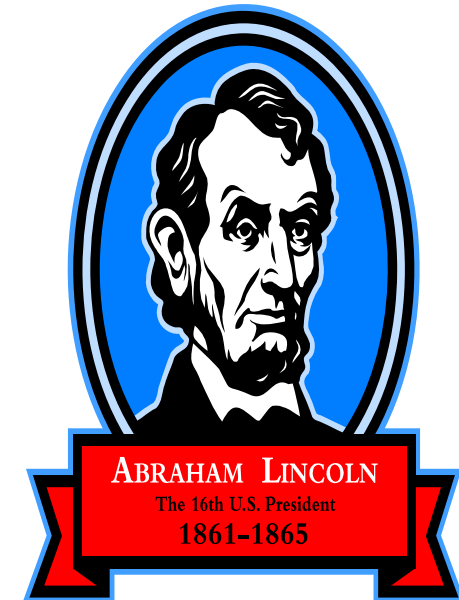
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# Upward Bound



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**Upward Bound**

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## What is Upward Bound?

*Upward Bound is a federally funded program through the United States Department of Education and is housed on the campus of Lincoln Memorial University. It aids qualified high school students in generating the skills and motivation necessary to complete high school and to successfully enroll and succeed in postsecondary education*

## Who Qualifies for the Upward Bound Program?

*The high school students with postsecondary potential can be either a first generation student (neither parent graduated from a four year institution) or be financially eligible under federal guidelines.*

## Which Area High Schools are Served?

*Campbell County High School  
Claiborne High School  
Cumberland Gap High School  
Hancock County High School  
Jellico High School  
Middlesboro High School  
Union County High School  
Washburn High School*

## What is the Academic Year Component?

- 1. Upward Bound students are transported to Lincoln Memorial University on Saturdays between September and May.*
- 2. Students take part in seminars/workshops.*
- 3. Students take part in Interactive Mathematics Program (IMP) classes.*
- 4. Cultural excursions will be taken.*
- 5. A monthly stipend is paid for each Saturday attended and school visits.*
- 6. Bi-monthly visits are made to each of the area high schools by the Upward Bound staff.*
- 7. Tutorial information through handouts and CDs are available upon request.*
- 8. Students are encouraged to do five hours of community service per year. It is required to attend the spring trip.*
- 9. One ACT fee waiver is available to eligible juniors and seniors.*
- 10. College visits available to seniors.*

## What is the Summer Residential Component?

- 1. Upward Bound students live on campus in residence halls approximately 5-6 weeks.*
- 2. The students take part in four (4) academic classes each morning. Math, Science, Foreign Language, and Composition and Literature.*
- 3. The students choose three (3) elective classes to take each afternoon.*
- 4. Recreation and social activities are planned for each evening to give each student the opportunity to enhance his/her socialization skills.*
- 5. A cultural trip is planned for the last four-five days of the program.*
- 6. A stipend is paid to each student for each week attended during the summer component.*
- 7. Short cultural excursions will be made during the summer program.*
- 8. A career work study is available for seniors and juniors if spots are available.*

