



THE GUIDING KNIGHT

A Monthly Publication of the J. Frank White Academy
Guidance Office

Nuzhat Nadvi, Guidance Counselor

October 2010
Vol. 2, Issue 4

October... the joys of fall, PSAT (?!) and Halloween...!!

Fall is in the air, and all of us are feeling it: the cooler temperatures, the leaves changing color, cloudy rainy days. And of course the coughs, colds and runny noses. Since students are in and out of the building all day, and you know the weather can often change rather quickly at this time of the year, please make sure your children are dressed for the weather and have an umbrella with them. Walking around cold and damp only adds to the days missed due to illness.

The meetings with college admissions counselors culminated in students attending the LMU College Fair earlier this week. Students were able to visit with admissions counselors from many colleges. This will help seniors who are still undecided.

Calendar items are discussed on page 2. Please call the Guidance Office at 869-6349 if you have any questions.

October 2010

6 – Last day to drop LMU course w/o “WD”

8 – SAT registration deadline for Nov. 6 test

8 – school-wide field trip WRS Park

9 – SAT Test

13 – PSAT Test (grades 10 & 11)

11- 15: LMU mid-term exams

17— World School team to Seoul, S. Korea

18-19: Fall Break- JFWA & LMU

20 – End 1st nine weeks

21—JFWA Fall Open House

21 – Underclassmen picture retakes

22 – Last day to drop LMU class without “F”

22 – Gr. 9-12 with guest speaker (10-11 a.m.)

23 – ACT test

25 – LMU early registration-spring semester

26 – 1st nine weeks report cards mailed

30 – LMU Preview day

31—World School team returns

Dates in red - items not on master calendar .

Seniors Corner... Juniors take heed!

Testing Info

Please register online at www.actstudent.org for ACT and www.collegeboard.com for the SAT. The JFWA school code for both: **430-868**

Do explore the websites for valuable test-taking tips and college related information.

ACT help!

ACT Prep classes are being offered by Ms. Ayers (English) Mrs. Welch (Science), and Ms. Partin (Math), after school. If interested in joining please see the teacher of the subject **ASAP**. There is no charge, so do take advantage of the help offered.

College Info

LMU hosted the College Fair at the Arena on **Sept. 28th**, from 9 to 11 a.m. About 35-40 colleges had booths set up, and more than 1100 seniors from several high schools in the area attended. It was a great opportunity for students to see the choices available, in terms of colleges, majors and financial aid, as well as opportunities beyond college. More importantly, they were able to connect with many admissions counselors and have their questions answered.

LMU’s Preview Day is set for **Oct. 30th**. Check out www.lmunet.edu/admissions.

Please note...

The Guidance newsletter as well as daily announcements are all online! Please note: the Guidance office will continue to send all progress reports and report cards by regular mail, along with newsletters *if you* have requested that they be mailed to you. Please check the JFWA calendar so you will know when to expect those.

Please continue to check the website often for other information as it is updated frequently.



Oct. 8 – All school field trip to the Wilderness Road State Park for Martin’s Station Fall Encampment. Details have been sent to parents.

Oct. 13 – PSAT test. See next column.

Oct. 11-15: LMU mid-term exams. So get those assignments done and start reviewing. Grades will be posted on WebAdvisor and students will need to print them out and give to Ms. Nadvi.

Oct. 17 – World School team leaves for S. Korea. Please wish Victoria Bigelow and Lauren Forster all the best as they go to represent the US at the World School Forum in Seoul.

Oct. 21 – JFWA Open House. Please join us with your family and friends.

Oct. 22 - 10:00 a.m. - Larry Thacker will talk to students from Gr.9 - 12, about various school and college related topics especially what to expect in college and how to be better prepared.

Oct. 23 – ACT test. These scores should reach colleges in time for their decision-making. Many colleges accept later scores for scholarships.

Oct. 25 – Early registration for LMU spring semester classes. Start planning!

Oct. 26 - 1st 9-weeks report cards will be mailed. For seniors these are the first “senior” grades that colleges will look at. And for freshmen: these are the “first” grades that will be looked at when they apply to colleges as seniors. No pressure, right?

Oct 30 – Preview day at LMU. Even if a student is not planning to attend LMU, it is good to go to these events, just to have an idea of what to expect at other colleges.

Oct 31 – World School team returns, jet lagged and dead tired. Teachers, consider yourselves warned! You thought they would do make-up work?!

PSAT

The PSAT is taken by juniors, and sophomores take it for practice. It is a curriculum based test that measures critical reading, math problem-solving and writing skills, thus identifying areas that need improvement as well as giving them a head start on improving academic skills needed for success in college.

The PSAT also provides practice for the SAT[®], and juniors enter NMSC scholarship programs and gain access to college and career planning tools. Juniors will also receive information from colleges when they check "yes" to Student Search Service box on the test.

Juniors may also qualify to enter the competitions for prestigious scholarships and participate in recognition programs, e.g. The National Hispanic Recognition Program (NHRP), National Scholarship Service, and the Telluride Association

About 1.5 million juniors take this test nationwide, and approx. the top 34,000 get recognized as Commended Scholars; our own Samantha Rasnic being one of this elite group this year! We are so very proud of her! It is an honor for Samantha as well as for the Academy.

Juniors and sophomores need to sign up with Ms. Nadvi for the PSAT test, and pay the fee of \$13.00 to her. Do check out www.collegeboard.com, go to the student section and follow the links for the PSAT, for useful tips and pointers as well as sample test questions. Teachers will also be reviewing practice tests in class for the PSAT, in order to allay test anxiety.

The test will be held at the Academy, starting at **8:15 a.m. on October 13th**, and will end by 11:00 a.m. Students need to be well rested and eat a good break-

My College QuickStart

Attention seniors and juniors:

My College QuickStart is a personalized college and career planning kit powered by your PSAT/NMSQT test results (available free to students who took the test in 2006 or later).

To sign in, you will need the access code printed on your PSAT/NMSQT paper score report. If you do not already have a College Board account, you'll be prompted to create one. It typically takes less than two minutes to create your FREE account.

My College QuickStart includes these features:

- My Online Score Report – An enhanced score report that allows you to review each test question, your answer, and the correct answer with answer explanations.
- My SAT Study Plan – A customized SAT study plan based on your PSAT/NMSQT test performance, highlighting skills for review and practice.
- My College Matches – A starter list of colleges based on your home state and indicated choice of major.
- My Major & Career Matches – Personalized lists of majors and careers plus access to a personality assessment that suggests other compatible possibilities. Please check out:

<http://www.collegeboard.com/student/testing/psat/quickstart.html>