

2009 JFWA CROSS COUNTRY SCHEDULE

<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	<u>DEP.TIME</u>	<u>RACE TIME</u>	<u>TEAMS</u>
09/09	OXBOW	ST. PAUL, VA	1:45 PM	4:30 PM	JV,VG,VB
09/17	RAIDER RUN	KINGSPORT, TN	1:45 PM	4:25 PM	JV,VG,VB
9/24	RICHARD MAGYAR MEMORIAL RUN	SCOTT CO, TN	2:30 PM	5:30 PM	VG,VB
9/30	WILDERNESS ROAD STATE PARK	EWING, VA	4:00 PM	5:00 PM	JV,VG,VB
10/14	OXBOW	ST. PAUL, VA	1:45 PM	5:30 PM	VG
10/15	COVE LAKE	CARYVILLE, TN	3:45 PM	5:30 PM	VB
10/21	CAMP BETHEL	WISE, VA	1:45 PM	4:30 PM	JV,VG,VB
10/29	REGION 1 A-AA	GRAY, TN	TBA	TBA	VG,VB
11/7	TSSAA STATE CHAMP.	NASHVILLE, TN	TBA	TBA	TBA