



**Course Number: NURS 242**  
**Course Title: Promotion of Adaptation in Adults (II)**  
**Course Term and Year: Spring 2010**

**Course Section: See Course Offerings**  
**Meeting Time and Place: See attached schedule for specific site information**  
**Course Credit Hours: 6 credit hours**

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**FACULTY CONTACT INFORMATION:**

**Course Coordinator:** Ann Sherman MSN, RN, 865-273-1537, [ann.sherman@lmunet.edu](mailto:ann.sherman@lmunet.edu)

**ACC:** Ann Sherman MSN, RN as above

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**I. COURSE DESCRIPTION:**

A 3hr lecture-3hr clinical course that is a continuation of promotion of adaptation in young, middle-age, and elder adults. Utilizes the RAM nursing process to focus on physiological and behavioral deviations associated with ineffective human adaptive responses seen in compensatory and/or compromised health states related to protection (hematologic, immune, integument); major organ system failure and disaster nursing care. Use of current research findings in promotion of adaptive physiologic, self concept, role function, and interdependence responses in adults. Clinical experiences occur in community and/or hospital settings. Prerequisites: NURS 241, Pre-or co-requisite: NURS 245 or NURS 246 and NURS 290.

**II. COURSE OBJECTIVES:**

Students who successfully complete NURS 242 will be able to demonstrate in the clinical/campus laboratory setting, in individual and group conferences, and on written materials, the ability to:

1. Describe physiological and behavioral deviations associated with ineffective human adaptive responses seen in selected compensatory and/or compromised health states: protection (hematologic, immune, integument); major system organ failure and disaster nursing care.
2. Utilize the Roy Adaptation Model (RAM) nursing process for delivery of comprehensive nursing care to young, middle-age and elder adults experiencing adaptive versus ineffective responses to promote adaptation in the four modes: physiologic, interdependence, role function, self-concept.
3. Demonstrate competency in utilizing therapeutic communication skills during interaction with selected young, middle-age and elder adults while providing nursing care.
4. Perform technical skills necessary to provide nursing care for selected young, middle-age

- and elder adults experiencing ineffective responses in community and/or hospital settings.
5. Utilize teaching/learning strategies when providing appropriate education for young, middle-age and elder adults, families, or small groups in selected community and/or hospital settings.
  6. Analyze selected young, middle-age and elder adult patient's adaptive responses both effective and ineffective in relation to stimuli from the environment that affects their health care state.
  7. Apply research findings pertinent to the delivery of care of young, middle-age and elder adults, families, or small groups to promote adaptation in the four modes: physiologic, interdependence, role function, self-concept.
  8. Apply legal, ethical and clinical standards of nursing practice in the provision of care for young, middle-age and elder adults.
  9. Demonstrate competency in the interrelated roles of the associate degree nurse: provider of care, manager of patient care, and member within the discipline of nursing.

### III. TEXTS/MATERIALS FOR THE COURSE:

Ackley, B. & Ladwig, G. (2007). *Nursing diagnosis handbook: A guide to planning care*. (8<sup>th</sup> ed.). St. Louis: Mosby.

American Psychological Association. (2001). *Publication manual of the American Psychological Association*. (5<sup>th</sup> ed.). Washington, DC: American Psychological Association.

Dirckx, J. (2005). *Stedman's concise medical dictionary for the health professions*. (5<sup>th</sup> ed.). Philadelphia: Lippincott Williams & Wilkins.

Evans-Smith, P. (2005). *Taylor's clinical nursing skills: A nursing process approach*. Philadelphia: Lippincott Williams & Wilkins.

Fischbach, F. (2006). *Nurses' quick reference to common laboratory and diagnostic tests*. (4<sup>th</sup> ed.). Philadelphia: Lippincott Williams & Wilkins.

Karch, A. M. (2007). *Lippincott's nursing drug guide*. Philadelphia: Lippincott, Williams & Wilkins.

Kee, J. L., Hayes, E.R., & McCuiston, L.E. (2009). *Pharmacology: A nursing process approach* (6<sup>th</sup> ed.). St. Louis: Mosby.

*NCLEX-RN 250 New-format questions, Preparing for the revised NCLEX-RN*. (2004) Philadelphia: Lippincott Williams & Wilkins.

Silvestri, L. A. (2008). *Saunders comprehensive review for NCLEX-RN*. (4<sup>th</sup> ed.). Philadelphia: W.B. Saunders Company.

Smeltzer, S. C., Bare, B. G., Hinkle, J. L., & Cheever, K. H. (2008). *Brunner and Suddarth's textbook of medical – surgical nursing*. (11<sup>th</sup> ed.). Philadelphia: Lippincott, Williams & Wilkins.

Smeltzer, S. C., Bare, B. G., Hinkle, J. L., & Cheever, K. H. (2008). *Handbook for Brunner & Suddarth's textbook of medical-surgical nursing*. (11<sup>th</sup> ed.). Philadelphia: Lippincott, Williams & Wilkins.

Smeltzer, S. C., Bare, B. G., Hinkle, J. L., & Cheever, K. H. (2008). *Study guide to accompany Brunner and Suddarth's textbook of medical-surgical nursing*. (11<sup>th</sup> ed.). Philadelphia: Lippincott, Williams & Wilkins.

Wissmann, J. (Ed.). *Adult Medical –Surgical Nursing: Content mastery series review module (Ed 7.1)*. Kansas City, MO: Assessment Technologies Institute, LLC.

Wissmann, J. (Ed.). *Community Health-Specialty: Content mastery series review module (Ed 4.0)*. Kansas City, MO: Assessment Technologies Institute, LLC.

Wissmann, J. (Ed.). *Leadership and Management: Content mastery series review module (Ed 4.1)*. Kansas City, MO: Assessment Technologies Institute, LLC.

#### **IV. COURSE REQUIREMENTS, ASSESSMENT (LEARNING OUTCOMES) AND EVALUATION METHODS:**

##### **A. Fulfill course requirements.**(See LMU Nursing Student Handbook Online 2009- 2010.)

##### **1. Attendance requirements:**

- a. Attendance will be taken each class period (lecture/exam). To be counted present, the student must be present for the ENTIRE class period.
- b. Study labs will be provided in each ASN clinical course for faculty to expand on content presented in lecture. Attendance at these study labs is mandatory for ALL students until after the first course exam. After this time, the study labs are mandatory for students who do not have a course average of 83 or greater. Students with course averages of 83 or greater are encouraged to attend the study labs. Attendance will be taken at each study lab. To be counted present, the student must be present for the ENTIRE study lab.
- c. After two (2) absences (lecture/exam/study lab) in one semester, it may necessitate that the student withdraw from this NURS course. The student is to contact the Lead Faculty to arrange for withdrawal from this NURS course.
- d. All students are required to attend a 4 day live NCLEX-RN review course. This will be held April 13 – 16, 2010. Failure to attend ANY portion of this review course will result in a grade of “F” for NURS 242.

**2. Cell phone usage is NOT permitted in the classroom or clinical area.** This includes, but not limited to, talking on the phone, checking messages and text messaging. If a student uses a cell phone during class or clinical, they will be asked to leave and counted absent for that day.

**3. Taping of lectures** is a privilege which may be granted by the individual faculty member, but it is up to students who wish to tape lectures to ask permission, and not simply assume permission. Students should ask for permission at the beginning of the semester with each individual faculty member. Faculty members reserve the right to discuss with students their desire to tape lecture and what benefit it will have for the student.

## B. Written Requirements

### 1. **Tests and Examinations:**

- a. Four (4) exams, a comprehensive final and five course assessment exams are scheduled. Test dates and times are specified on the lecture schedule. Completion of ALL exams (class room and course assessment exams) is required to receive credit for NURS 242.

#### **Instructions regarding Course Assessment Exams:**

1. The student must register get a user name and password for Course Assessment Exams.
  2. If technical assistance is needed call: 1-800-667-7531. Office hours of support are Monday – Friday, 7am-6pm Central Standard Time.
  3. The faculty at each site will assign the Course Assessment Exam. Some exams will be administered via paper/pencil and some via the computer.
  4. If the Course Assessment Exam is for completion only (satisfactory/unsatisfactory), the student will be required to take the exam and turn in the grade sheet by a date specified by the faculty. If the Course Assessment Exam is not taken, completed and turned in by the specified time, the student will not be allowed to take a specific scheduled course exam and will receive a zero for that course exam.
  5. If the Course Assessment Exam is for a % of the course grade, the student will be required to take the 2 non-proctored exams that correspond to the Course Assessment exam and make at least a 90% on both non-proctored exams. The student must present these 2 grade sheets the day of the scheduled Course Assessment Exam in order to take the exam. If these grade sheets are not presented with at least a 90% grade or the student does not complete the Course Assessment exam at the scheduled time, a grade of zero (0) will be recorded.
  6. The RN Predictor Exam is one of the five course assessment exams. This exam will count for 20% of the course grade for NURS 242.
    - a. **Only scores that reach the benchmark score will be recorded.**
    - b. If the student does not reach the benchmark score, they will receive a zero (0) for this portion of the course grade. The benchmark score will be discussed the first day of class.
    - c. A second attempt will be allowed if the benchmark score is not achieved. However, to be eligible to retest, the student must show proof of completing a different comprehensive review course than what was offered as a portion of this course.
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- b. A dosage calculation quiz must be taken and the student must achieve a score of 80% before being allowed to pass medications in the hospital. If the student does not achieve 80% on the second attempt and is not allowed to pass medication, the student will receive an unsatisfactory grade in clinical and will NOT be allowed to continue in the course. **The dosage calculation quiz will be administered for the first time to all students at 8:30am as listed on the lecture schedule. Students will have a maximum time limit of 30 minutes.**

#### **Rules regarding tests and examinations:**

1. All students are expected to take exams as scheduled. Students are required to notify the faculty by phone or email (see Faculty Contact Information) prior to the scheduled exam time if they are not going to be present. Students are given faculty contact information in each NURS course syllabi and are expected to have it available at all times. If for any reason a student is unable to leave a message for

the faculty member via the contact information provided, it is the student's responsibility to contact the Nursing Office on campus (1-800-325-0900, ext. 6324) and talk to the Nursing Secretary or leave a message on her voice mail. Please remember to state you are unable to take the exam and be specific as to the course, the faculty's name and the site you attend. **Any student that does not notify the appropriate faculty will receive a zero for the exam.**

2. The faculty will determine the date and time of any alternate make-up exam. **If the student does not make up the exam on the scheduled date and time, the student will get a zero on the exam.**
3. All electronic devices (pagers, cell phones, PDA's, etc), personal belongings (book bags, purses, coats) are prohibited during examination times. Students may only bring into the exam room pencils and a simple calculator. Students must make arrangements for their other personal belongings during test time.
4. Ball caps or hats with any type of brim will not be allowed to be worn during exam administration.
5. Simple calculators are the ONLY calculators allowed during test time. Scientific calculators or those combined with cellular phones, PDA's, or other electronic devices are not permitted. If a student presents to an exam with any calculator other than a simple calculator the faculty will collect the calculator and the student will be required to do mathematic calculations by hand only. Calculators collected prior to the exam will be returned after the exam is completed.
6. Editorial corrections will be given at the beginning of the exam. If corrections to the exam are needed once the exam has started, the faculty will interrupt the exam and announce the correction and also write it on the board.
7. Any student who has questions during the exam must raise his/her hand and stay seated.
8. The student must not leave his/her seat until the exam is finished, except for emergencies.
9. The exam will be timed. The time for exam booklets to be turned in and for class to resume will be written on the board. Any student entering late will be required to turn his/her exam at the stated time.
10. Violation of ANY of the above policies will result in a zero (0) for that exam.
11. After the exam is finished, the student has the following options:
  - a) Return to his/her seat, and remain quiet until class resumes.
  - b) Leave the classroom. (If the student chooses to leave the room, he/she may not reenter until class resumes.)
12. Nursing Faculty will review and score exams during the week after the exam is given. Individual student grades will be available and posted one week after the exam has been given. Faculty will post exam grades on Blackboard.
13. Faculty reserves the right to correct any clerical error. This includes both increases and decreases to adjusted exam grades.
14. Exam reviews will be scheduled outside of class time. Attendance for exam review is strongly recommended. No books, pencils electronic devices or taping are allowed during the exam review.
15. Students have one calendar week after the test review to meet with their instructor for clarification of any exam related issue. For the last exam of the semester (final unit exam or final comprehensive exam), students must contact the instructor within 24 hours for clarification of any exam related issue. If a student wants to appeal any exam related issue, it must be presented via email within the

time frame listed above and addressed to the instructor who taught the content.

2. **Clinical Written Work:** Assigned by the clinical instructor, these works shall be college level submissions.

**A. Daily Written Work**

1. Daily Clinical Worksheet to be completed on each patient. (Daily Clinical Worksheet attached to syllabus.)
2. Handwritten Drug Cards or Drug Sheet (student choice) will be required on daily patient assignments in clinical. Internet-based and preprinted drug cards are **NOT** acceptable. (Template of each attached to syllabus.)
3. Laboratory Value Sheet will be required on daily patient assignments in clinical. (Attached to syllabus.)
4. If a student reports to the clinical area unprepared, he/she will be sent home and the absence will be recorded as an unexcused absence.

**B. Clinical Preceptorship Requirements:**

1. Five written objectives submitted to clinical instructor by 2/15/10.
2. Submit the signed Student/Faculty/Preceptor Agreement and schedule for completing the 60 required hours to your clinical instructor before **ANY** clinical time is completed with the preceptor. If **ANY** preceptor hours are completed prior to this, those clinical hours will **NOT** be counted as part of the 60 hours required to complete the preceptorship.
3. If the schedule changes, it is the student's responsibility to contact the faculty member before the date of the changes or as soon as the student is aware of the changes.
4. If schedules are changed or student absences occur and the student does not notify the faculty member, the student will be removed from the preceptor experience and placed in a med/surg clinical rotation. This clinical rotation may be on a different day of the week and/or a different time than the usual NURS 242 med/surg clinical rotations.
5. Written self-evaluation to clinical instructor no later than 1 week after completion of the preceptor experience.
6. Submission of attendance log to clinical instructor no later than 1 week after completion of the preceptor experience.
7. Written evaluation by preceptor to clinical instructor no later than 1 week after completion of the preceptor experience.
8. No clinical hours for the preceptorship may be completed during scheduled class time for any LMU course. If this is done, those clinical hours will **NOT** be counted as part of the 60 hours required to completed the preceptorship.

3. **Coaching Material:**

Coaching material is available through both the ATI Adult Medical-Surgical Nursing Review Module and the Adult Medical-Surgical Nursing DVD purchased at the beginning of the semester. Students are expected to utilize this material to supplement all other NURS 242 course material in order to successfully complete this course. Completion of mandatory content exams (course assessment exams) is required prior to some exams. **See lecture schedule for specific exam requirements.**

- C. Clinical Requirements:** There will be a total of 135 campus lab/clinical hours for NURS 242. Attendance is mandatory in clinical. See LMU Nursing Student Handbook Online (2009-2010). All clinical absences must be made up. A make up day will be required for all excused and unexcused absences. (A doctor's excuse will be required.) Each clinical day in a health care facility will be 7.5 hours in length including a ½ hour lunch break. The clinical days will be 8.5 hours for the last rotation due to Good Friday holiday. Students will be in the clinical setting two days per week. Clinical group assignments will be made at the individual sites by the nursing faculty. Clinical days will occur on Thursdays and Fridays from January 21 – April 9, 2010. Make-up days are scheduled for April 22 and 23, 2010. If a student reports to the clinical area unprepared, he/she will be sent home and the absence will be recorded as an unexcused absence.
1. After two (2) clinical/campus lab absences (excused and/or unexcused) in one semester, it may necessitate that the student withdraw from this and any other clinical NURS course in which the student is enrolled. The student is to contact the Lead Faculty to arrange for withdrawal from this course/courses. If the student is enrolled in both NURS 242 and a specialty NURS course (NURS 245 or 246) the policy of two (2) clinical/ campus lab absences relates to the combined number of absences between these two NURS courses.
  2. A tardy is defined as arriving to the clinical facility ANY time after the scheduled start time. If a student is more than 15 minutes late to the clinical area the clinical instructor has the right to inform the student to go home and the absence will be counted as an unexcused absence.
  3. **A student who has unexcused absences and/or tardies will have a point for each absence and each tardy deducted from his/her final exam grade.** The only absences that will be recognized as an excused absence will be illness accompanied by a doctor's excuse or a death in the immediate family.
  4. In order to receive a satisfactory grade in clinical, the student must perform the critical behaviors identified in the Clinical Outcomes Tool.
  5. In order for a student to be eligible to go into the clinical areas, he/she must produce evidence of an annual negative PPD or annual negative chest x-ray, record of Hepatitis B vaccination or declination form, a Rubella titer and/or second MMR, and current CPR certification the first time this course meets this semester. **If this documentation is not on file before the first clinical day of the semester, the student will not be allowed to attend clinical and the absence(s) will be counted as unexcused.**
  6. Students are reminded that any time they are in the clinical setting for pre-planning, pre-conference, clinical and/or post-conference, they are to adhere to the department of nursing uniform policy.
  7. During the semester, 60 of the above 135 hours will be spent completing a clinical preceptorship that the clinical instructor will arrange. The written requirements have been detailed above. **If it is determined by faculty that a student needs to spend more time in the clinical area with a clinical instructor, the student will be kept in a regular rotation with a clinical instructor and not given the opportunity to complete a preceptorship.**

#### D. Methods of Evaluation

Oncology Unit Exam	16%
Altered Cell Unit Exam	16%
Multisystem Organ Failure Unit Exam	16%
Emergency & Disaster Nursing Unit Exam	16%
Comprehensive Final Exam	16%
RN Predictor Exam	20%
Focused RN Med/Surg: Immune Exam	Satisfactory/Unsatisfactory
Focused RN Med/Surg: Renal & Urinary Exam	Satisfactory/Unsatisfactory
Focused RN Med/Surg: Gastrointestinal Exam	Satisfactory/Unsatisfactory
Adult Medical-Surgical Exam	Satisfactory/Unsatisfactory
Clinical Evaluation	Satisfactory/Unsatisfactory
Clinical Attendance	Satisfactory/Unsatisfactory

#### E. Incomplete Policy

Students are expected to complete all requirements as assigned during the semester. Incompletes are only given in extreme circumstances deemed by the instructor. If the request for an "I" is approved, the work must be completed within the first six weeks of the following semester (excluding summer terms); otherwise the grade automatically becomes "F". The grade of "I" is calculated in the grade point average with zero points.

#### F. ASN Caylor School of Nursing Grading Scale:

- A = 90-100%
- B = 80-89%
- C = 70-79%
- D = 60-69%
- F = below 60%

The minimal acceptable grade in nursing is a "B" in theory, and a satisfactory in clinical. An unsatisfactory grade in clinical will result in an "F" for the course. See the LMU Student Handbook Online 2009-2010 or obtain one from the secretary of the Caylor School of Nursing.

A failing grade for either theory or clinical performance will result in a failing grade for the course. The student must attain an overall average of 80% to pass NURS 242 with a "B". **There will be NO rounding of earned grades within the course and NO rounding of the final grade for the course.**

#### F. Clinical Facilities

<b>Tennessee Facilities:</b>	<b>Phone #</b>
Blount Memorial Hospital	865-983-7211
Claiborne County Hospital	423-626-4211
Ft. Loudoun Medical Center	865-271-6000
Jellico Community Hospital	423-784-7252
St. Mary's Medical Center	865-545-8000
St. Mary's Medical Center of Campbell Co.	423-907-1200
Sweetwater Hospital	423-337-6171

<b>Kentucky Facilities</b>	
Baptist Regional Medical Center (Corbin)	606-528-1212
Cumberland Valley Surgical Center	606-526-7874
Saint Joseph's London	606-878-6520
Middlesboro Appalachian Regional Hospital	606-242-1100
Oak Tree Hospital	606-523-5150
Pineville Community Hospital	606-337-3051
Whitley County Health Department	606-549-3380

## V. METHODS OF INSTRUCTION:

Lecture	Small Group Activities
Discussion	Independent Study
Audiovisual Materials	Required & Recommended Readings
Campus/Clinical Laboratory Experiences	Written Assignments
Self-Evaluation	Role Playing
Guest Lecturers	Individual Guidance & Assistance from Instructors
Computer Assisted Learning	Case Studies
Seminars	

## VI. INFORMATION LITERACY/TECHNOLOGICAL RESOURCES:

Blackboard will be used for this course to post announcements and individual course grades. In addition, the student's email address will be used for all correspondences. Students are required to check their LMU email account on a daily basis and respond to faculty communication within 24 hours. Students must have computer skills necessary to participate in this course.

## VII. UNIVERSITY POLICIES:

**Students with Disabilities Policy:** As a rule, all students must read and comply with standards of the LMU Student Handbook and LMU catalogue. Any student needing assistance in accordance with the Americans Disabilities Act (1990 as amended) should contact the instructor and the LMU ADA Compliance Officer, Donna Treece-Paul, in order to make appropriate arrangements. Contact information: [donna.treece-paul@lmunet.edu](mailto:donna.treece-paul@lmunet.edu) and/or 423-869-6251 (800-325-0900 ext. 6251). Office is located on the third floor of the Student Center

**Discrimination Policy:** Lincoln Memorial University is committed to maintaining study and work environments that are free from discriminatory harassment based on sex, race, color, national origin, religion, pregnancy, age, military status, disability or any other protected discriminatory factor. Sexual or other discriminatory harassment of its students is strictly prohibited, whether by non-employees (such as contractors or vendors), other students, or by its employees, and LMU will take immediate and appropriate action to prevent and to correct behavior that violates this policy. Likewise, students are strictly prohibited from engaging in harassing behavior directed at LMU's employees, its visitors, vendors and contractors. All students must comply with this policy and take appropriate measures to create an atmosphere free of harassment and discrimination. Appropriate disciplinary action, up to and including, as appropriate, suspension, expulsion, termination from employment or being banned from LMU properties, will be taken against individuals who violate this policy.

**Scholastic Dishonesty:** It is the aim of the faculty of LMU to foster a spirit of complete honesty and a high standard of integrity. The attempt of any student to present work as his/her own that he/she has not honestly performed is regarded by the faculty and the administration as a very serious offense and renders the offender liable to several consequences and possible suspension.

**Cheating:** LMU prohibits dishonesty of any kind on examinations or written assignments. These include unauthorized possession of examination questions, the use of unauthorized notes during an examination, obtaining information during an examination from another student, assisting others to cheat, altering grade records, or entering any campus office without permission. Violations will subject the students to disciplinary action.

**Plagiarism:** LMU prohibits offering the work of another as one's own without proper acknowledgment. Any student who fails to give credit for quotations or essentially identical material taken from books, magazines, encyclopedias, or other reference works, or from the themes, reports or other writings of a fellow student has committed plagiarism.

**LMU's Inclement Weather Policy:** Local radio and television stations will be contacted and every effort made to have morning or daytime cancellations posted/announced by 6:00 a.m., along with a recorded announcement on the LMU main campus telephone number: (423) 869-3611. You may also check the university's website for class cancellation notices; they will be posted on <http://www.lmunet.edu/curstudents/weather.html>.

#### **VIII. LINCOLN MEMORIAL UNIVERSITY MISSION STATEMENT:**

This may be found at <http://www.lmunet.edu/about/mission.html>

#### **IX. CAYLOR SCHOOL of NURSING MISSION STATEMENT:**

In agreement with the University's mission and goals, the Faculty of the Caylor School of Nursing strives to instill responsibility and high moral/ethical standards in the preparation of quality nurses, at multiple levels of nursing education, through superior academic programs at undergraduate and graduate level. Specifically, the mission of the Faculty is to prepare nurses with the A.S.N., B.S.N., and M.S.N. degree, to assist individuals, families, communities, and society as they adapt to changes in physiological needs, role function, self-concept, and interdependent relationships during health and illness. The Caylor School of Nursing seeks to respond to the needs of nursing education and healthcare in the surrounding communities by preparing nurses at multiple levels and by providing continuing education/professional development opportunities that are rooted in knowledge, research, and other scholarly activities.

**X. Course Outline/Assignment or Clinic Schedule:**

**NURS 242/244 LECTURE SCHEDULE – Spring 2010**

**Harrogate Campus**

**Scheduled Class: Monday 9:00am-11:50am**

**Bolded dates/times below = deviations from scheduled class time**

<b>Date</b>	<b>Content</b>
January 4	<b>9-11:00am Syllabus review</b>
5	<b>Oncology Unit (12 – 2:50 pm)</b>
7	<b>Dosage Calculation Quiz (8:30-9am), Oncology Unit (9-11:50am)</b>
11	Oncology Unit/Begin Altered Cell Unit
18	<b>HOLIDAY</b>
25	Oncology Exam/Altered Cell Unit
February 1	Altered Cell Unit
8	Altered Cell Unit
15	Altered Cell Exam, begin Multisystem Organ Failure Unit <b>*Grade sheet for Focused RN Med/Surg: Immune Exam grade sheet must be submitted in order to take Altered Cell Exam.</b>
22	Multisystem Organ Failure Unit
March 1	Multisystem Organ Failure Unit
8	Multisystem Organ Failure Unit
15	<b>SPRING BREAK</b>
22	Multisystem Organ Failure Unit Exam, Emergency & Disaster Nurs Unit <b>*Grade sheet for Focused RN Med/Surg: Renal &amp; Urinary Exam &amp; Focused RN Med/Surg: Gastrointestinal Exam grade sheet must be submitted in order to take Multisystem Organ Failure Unit Exam.</b>
29	Emergency & Disaster Nursing Unit
April 5	Emergency & Disaster Nursing Unit
5	<b>2:00-2:30pm - All students must log onto <a href="http://www.atitesting.com">www.atitesting.com</a> during this time to begin the Adult Medical-Surgical ATI Exam. (Can be done at home)</b>
12	Emergency & Disaster Nursing Unit Exam (9-10am)
<b>13 -16</b>	<b>Mandatory Review Course (8:00-4:30pm)</b>
19	Final Comprehensive Exam (9-11am) <b>Adult Medical-Surgical ATI Exam grade sheet must be submitted to take the Final Exam</b>
26	<b>RN Predictor Exam – 1<sup>st</sup> attempt, will be scheduled in computer lab throughout the day</b>
TBA	RN Predictor Exam – 2 <sup>nd</sup> attempt if necessary – will occur after the student brings verification they have completed an additional review course.

**Clinical** – January 21 – April 9, 2010. Time – TBA per clinical instructor.

Make-up days April 22 & 23, 2010.

**X. Course Outline/Assignment or Clinic Schedule:**

**NURS 242/244 LECTURE SCHEDULE – Spring 2010**

**St. Mary's Campus**

**Scheduled Class: Monday 9:00am-11:50am**

**Bolded dates/times below = deviations from scheduled class time**

<b>Date</b>	<b>Content</b>
January 4	<b>9:00 -11:00am Syllabus Review</b>
5	<b>Oncology Unit (1 – 3:50 pm)</b>
7	<b>Dosage Calculation Quiz (8:30-9am), Oncology Unit (9-11:50am)</b>
11	Oncology Unit/Begin Altered Cell Unit
18	<b>HOLIDAY</b>
25	Oncology Exam/Altered Cell Unit
February 1	Altered Cell Unit
8	Altered Cell Unit
15	Altered Cell Exam, begin Multisystem Organ Failure Unit <b>*Grade sheet for Focused RN Med/Surg: Immune Exam grade sheet must be submitted in order to take Altered Cell Exam.</b>
22	Multisystem Organ Failure Unit
March 1	Multisystem Organ Failure Unit
8	Multisystem Organ Failure Unit
15	<b>SPRING BREAK</b>
22	Multisystem Organ Failure Unit Exam, Emergency & Disaster Nursing Unit <b>*Grade sheet for Focused RN Med/Surg: Renal &amp; Urinary Exam &amp; Focused RN Med/Surg: Gastrointestinal Exam grade sheet must be submitted in order to take Multisystem Organ Failure Unit Exam.</b>
29	Emergency & Disaster Nursing Unit
April 5	Emergency & Disaster Nursing Unit,
5	<b>2:00-2:30pm - All students must log onto <a href="http://www.atitesting.com">www.atitesting.com</a> during this time to begin the Adult Medical-Surgical ATI Exam. (Can be done at home)</b>
12	Emergency & Disaster Nursing Unit Exam (9-10am)
<b>13 - 16</b>	<b>Mandatory Review Course (8:00-4:30pm)</b>
19	Final Comprehensive Exam (9-11am) <b>Adult Medical-Surgical ATI Exam grade sheet must be submitted to take the Final Exam</b>
26	<b>RN Predictor Exam – 1<sup>st</sup> attempt, will be scheduled in computer lab throughout the day</b>
TBA	RN Predictor Exam – 2 <sup>nd</sup> attempt if necessary – will occur after the student brings verification they have completed an additional review course.

**Clinical** – January 21 – April 9, 2010. Time – TBA per clinical instructor.

Make-up days April 22 & 23, 2010.

**X. Course Outline/Assignment or Clinic Schedule:**

**NURS 242/244 LECTURE SCHEDULE – Spring 2010**

**Blount & Corbin Campus**

**Scheduled Class: Wednesday 9:00am-11:50am**

**Bolded dates/times below = deviations from scheduled class time**

<b>Date</b>	<b>Content</b>
January 4	<b>Blount 1:30-3:00pm Syllabus review; Corbin 8:00-10:00am Syllabus review</b>
6	Oncology Unit
13	<b>Dosage Calculation Quiz (8:30-9am)</b> , Oncology Unit (9-11:50am)
20	Oncology Unit/Begin Altered Cell Unit
27	Oncology Exam/Altered Cell Unit.
February 3	Altered Cell Unit
10	Altered Cell Unit
17	Altered Cell Exam, begin Multisystem Organ Failure Unit <b>*Grade sheet for Focused RN Med/Surg: Immune Exam grade sheet must be submitted in order to take Altered Cell Exam.</b>
24	Multisystem Organ Failure Unit
March 3	Multisystem Organ Failure Unit
10	Multisystem Organ Failure Unit
17	<b>SPRING BREAK</b>
24	Multisystem Organ Failure Unit Exam, Emergency & Disaster Nursing Unit <b>*Grade sheet for Focused RN Med/Surg: Renal &amp; Urinary Exam &amp; Focused RN Med/Surg: Gastrointestinal Exam grade sheet must be submitted in order to take Multisystem Organ Failure Unit Exam.</b>
31	Emergency & Disaster Nursing Unit
April 7	Emergency & Disaster Nursing Unit
7	<b>2:00-2:30pm - All students must log onto <a href="http://www.atitestfing.com">www.atitestfing.com</a> during this time to begin the Adult Medical-Surgical ATI Exam. (Can be done at home)</b>
12	<b>Emergency &amp; Disaster Nursing Unit Exam (9-10am)</b>
<b>13 - 16</b>	<b>Mandatory Review Course (8:00-4:30pm)</b>
<b>19</b>	<b>Final Comprehensive Exam (9-11am) Adult Medical-Surgical ATI Exam grade sheet must be submitted to take the Final Exam</b>
<b>26</b>	<b>RN Predictor Exam – 1<sup>st</sup> attempt, will be scheduled in computer lab throughout the day</b>
TBA	RN Predictor Exam – 2 <sup>nd</sup> attempt if necessary – will occur after the student brings verification they have completed an additional review course.

**Clinical** – January 21 – April 9, 2010. Time – TBA per clinical instructor.  
Make-up days April 22 & 23, 2010.

## XI. IMPORTANT DATES IN THE ACADEMIC CALENDAR SPRING 2010:

### Spring Semester 2010

Residence halls open (8:00 a.m.)	January 3
Registration and New Student Orientation	January 4
Classes begin	January 5
Last day to complete registration/add classes	January 13
Martin Luther King Day (no classes)	January 18
Convocation (9:30 a.m. in session classes & resident students)	February 2
Lincoln Day/Founders Day (special activities)	February 12
<b>Last day to drop course without "WD"</b>	February 19
Mid-term	February 22-26
<b>Last day to drop course without "F"</b>	March 10
Residence halls close (5:00 p.m.)	March 12
Spring break (no classes)	March 15-19
Residence halls open (1:00 p.m.)	March 21
Early registration begins	March 29
Good Friday (no classes)	April 2
Classes end	April 23
Final exams	April 26 - 30
Commencement (11:00 a.m.)	May 1
Residence halls close (2:00 p.m.)	May 1

**XII. THE INSTRUCTOR RESERVES THE RIGHT TO REVISE, ALTER AND/OR AMEND THIS SYLLABUS, AS NECESSARY. STUDENTS WILL BE NOTIFIED IN WRITING AND/OR BY EMAIL OF ANY SUCH REVISIONS, ALTERATIONS AND/OR AMENDMENTS.**

**LMU Daily Clinical Worksheet**

**STUDENT:**

**DATE:**

RM#	Pt last initial:	Age:	Hometown:	Marital Status:	Religious Preference:
Occupation:			Insurance:	Allergies:	
Date of Admission:		Primary HCP:		MD Consults:	
Current Diagnosis:				Surgery:	
Medical History:			Psychosocial History:		
<b>Day 1</b>			<b>Day 2</b>		
Height:		Weight:		Height:	
AM/PM Assessment		AM/PM Care		AM/PM Assessment	
VS	T	P	R	BP	
VS	T	P	R	BP	
Diet:		Method:		Diet:	
Activity:		Positioning:		Activity:	
Seizure Precautions:		Fall Risk:		Seizure Precautions:	
O2:		Trach:		ETT	
VT	Rate	FIO2	Peep	Pressure	
Cardiac Monitor:					
IV Site	Size	IVF	Rate	Pump	
IV Site	Size	IVF	Rate	Pump	
IV Site	Size	IVF	Rate	Pump	
Intake	Oral	IVF	Irrigant		
Output	Urine	Stool	Drains		
Dressings		Drains		Output	
Dressings		Drains		Output	
Urinary Elimination Method:		Bowel Elimination Method:		Urinary Elimination Method:	

**Lincoln Memorial University  
Caylor School of Nursing**

Student \_\_\_\_\_ Date \_\_\_\_\_ Room # \_\_\_\_\_ Pt. Initials: \_\_\_\_\_ Age: \_\_\_\_\_  
 Diagnosis(es) \_\_\_\_\_

<b>Name</b> (generic & trade), <b>Time, Route,</b> <b>Recommended Safe Dose</b> (calculate for peds)	<b>Drug</b> <b>Classification</b>	<b>MOA</b> (Mechanism of Action)	<b>Reason YOUR client</b> <b>is receiving</b>	<b>Adverse Effects</b>	<b>Nursing Considerations</b>

Name of Medication (generic & trade) \_\_\_\_\_  
Drug Classification \_\_\_\_\_ Route \_\_\_\_\_  
Time/frequency \_\_\_\_\_ Dosage \_\_\_\_\_  
Recommended Safe Dose (calculate for peds) \_\_\_\_\_

Reason YOUR patient is receiving medication \_\_\_\_\_

MOA \_\_\_\_\_

Adverse Effects \_\_\_\_\_

Nursing Considerations \_\_\_\_\_

Name of Medication (generic & trade) \_\_\_\_\_

Drug Classification \_\_\_\_\_ Route \_\_\_\_\_

Time/frequency \_\_\_\_\_ Dosage \_\_\_\_\_

Recommended Safe Dose (calculate for peds) \_\_\_\_\_

Reason YOUR patient is receiving medication \_\_\_\_\_

MOA \_\_\_\_\_

Adverse Effects \_\_\_\_\_

Nursing Considerations \_\_\_\_\_

**Lincoln Memorial University  
Caylor School of Nursing  
Laboratory Value Sheet**

<b>Laboratory Test</b>	<b>Normal Values</b>	<b>Admission</b>	<b>Date/Time</b>	<b>Date/Time</b>	<b>Reason for Abnormal Values</b>
<b>CBC</b>					
White Blood Cells (WBC)					
Red Blood Cells (RBC)					
Hemoglobin (Hgb)					
Hematocrit (Hct)					
Platelets					
<b>Coagulation Studies</b>					
Prothrombin time (PT)					
International normalized ratio (INR)					
Activated partial thromboplastin time (PTT)					
<b>Comprehensive Metabolic Panel</b>					
Sodium (Na)					
Potassium (K)					
Chloride (Cl)					
Calcium (Ca)					
Magnesium (Mg)					
Phosphorus					
Glucose (FBS)					
Hemoglobin A1C					
BUN					
Creatinine					
<b>Lipid Panel</b>					
Cholesterol					
HDL					
LDL					
Triglycerides					
<b>Liver Function Tests (LFT)</b>					
Albumin					
Bilirubin					
ALT					
AST					
GGT					
Ammonia					
<b>Cardiac Enzymes</b>					
CPK					
CK MB					
Troponin					
B natriuretic peptide BNP					

<b>Arterial Blood Gasses (ABG)</b>					
pH					
PCO2					
P02					
HCO3					
<b>Urinalysis</b>					
Color					
Appearance					
Specific Gravity					

pH					
Glucose					
Ketones					
Nitrates					
Bacteria					
RBC					
WBC					
Crystals					
Culture Results					
Sensitivity					
<b>Therapeutic Drug Level (ex. Digoxin, Dilantin, Theophylline, etc)</b>					
<b>Sputum Culture and Sensitivity</b>					
<b>Biopsy</b>					
<b>CT Scan</b>					
<b>X-Ray</b>					
<b>EKG</b>					

**Lincoln Memorial University  
Caylor School of Nursing  
Nursing 242/244  
Guidelines for Preceptorship Experience**

**Purpose:** To give the graduating student an opportunity to gain experience in a chosen area of nursing with an experienced RN. The experience will be 60 clinical hours and can be a combination of 8 and 12 hour shifts.

**The student will:**

1. Indicate areas of nursing where he/she would like to gain experience with an experienced RN. Submit area/hospital

request to the designated nursing faculty member.

2. Submit five objectives for the experience to the designated faculty member by date specified in NURS 242//244 syllabus. These objectives should be written in measurable terms and be realistic.
3. Sign the Student/Faculty/Preceptor Agreement with the designated faculty member. Make contact with the assigned preceptor to arrange dates and times for the experience and have the preceptor sign the Agreement.
4. Submit all dates and times to the designated faculty member 1 week prior to beginning the clinical experience. It is the student's responsibility to notify the clinical instructor of any changes to the schedule.
5. Submit the Student/Faculty/Preceptor Agreement to the designated faculty member before attending ANY clinical time with the preceptor. If the student wants a copy of the Agreement, he/she should make their own copy before submitting it.
6. Keep a log with appropriate signatures of time spent in the clinical area and submit to the designated faculty member 1 week after completion of the preceptor experience.
7. Following the Preceptorship experience, evaluate in writing whether the five objectives were met. This evaluation is due 1 week after completion of the preceptor experience.
8. Ask the preceptor to complete the Preceptor Evaluation form and mail to the clinical instructor no later than one week after completion of the preceptor experience.

**The designated faculty member will:**

1. Assign the student to a health care agency and appropriate preceptor. The preceptor cannot be a close family member or friend of the student.
2. Review and approve/disapprove the five objectives the student submits to make sure they are individualized, measurable and realistic before the student begins the preceptor rotation.
3. Keep the original signed copy of the Student/Faculty/Preceptor Agreement for the student's permanent file.
4. Be available by telephone, either in the office or by cell phone/beeper, while the student is in the clinical experience. Perform a site visit with the student and the preceptor.
5. Review the student's evaluation of whether the five objectives were met and the Preceptor's Evaluation of the student with the student.
6. Assign a grade of satisfactory/unsatisfactory at the completion of the preceptorship experience and record on the Clinical Outcomes Tool Nursing 242/244.

**Lincoln Memorial University  
Caylor School of Nursing  
Information Letter for Preceptors**

Thank you for your support in our preceptor program for Lincoln Memorial University's nursing students. In response to frequent questions regarding how our preceptor program works and what the student is allowed to do, we have developed some guidelines that should help in determining appropriate learning for the student. The following is a basic list of the skills the student has had in the campus laboratory/clinical setting that the student is allowed to perform under the guidance and supervision of the preceptor. Please note that even though our students are preparing to graduate, they still need your direct observation and assistance in the performance of these skills. Any invasive or complex procedures must be performed with the preceptor present at the student's side.

- Basic patient care (EX: vital signs, beds, baths, oral care, assisting with ambulation, feeding, applying restraints, positioning, transfers, ROM, etc)
- Head-to-toe assessment and documentation of physical assessment
- Specimen collection
- I&O
- NG tube insertion/care; Gastric and NG feedings
- Bowel elimination needs (Ex: colostomy care, rectal tubes, enemas)
- Wound care/decubitus care
- Dressing changes- simple and complex, removal of sutures/staples
- Application of compresses
- Care of drains ie: penrose, JP, Hemovac
- Catheter insertion and care
- Oxygen administration, pulse oximetry
- Incentive spirometer, TCDB
- Tracheostomy care, Chest tubes care
- Medication administration: oral, SL, suppository, otic and ophthalmic, IM/SQ/IV
- Start IV and INT and monitoring of IV site, Administration of IVPB and IV push medications
- Blood administration
- Care and monitoring of central venous lines
- Obstetrical care to include:
  - Assist with pelvic exam and Pap smear
  - Administer vaginal irrigation
  - Perform postpartal assessment
  - Perform postpartal breast care and demonstrate appropriate use/care of breast pumps
  - Provide perineal/episiotomy care (Sitz baths, perineal sprays)
  - Perform newborn assessment, Provide cord care/circumcision care
  - Provide care for the newborn receiving phototherapy

If you have any questions regarding the preceptorship, please contact the faculty member that is listed on the Preceptor Contract for further information. Once again, thank you for helping our students in obtaining the 60 hours of clinical time in the preceptorship. Please refer to the contract that has been provided to you for further information regarding the responsibilities of the preceptor, student, and instructor.

Sincerely,

NURS 242/244 Faculty  
 Lincoln Memorial University  
 Caylor School of Nursing

**Lincoln Memorial University  
 Caylor School of Nursing  
 Associate Degree and RN to BSN Completion programs  
 Student/Faculty/Preceptor Agreement**

**PURPOSE:** The purpose of this agreement is to obtain the mutual cooperation between:

---

(Student Name and Signature)

---

(Preceptor Name and Signature)

---

(LMU Faculty Name and Signature) (Office # and email address)

preceptorship experiences at \_\_\_\_\_  
(Agency)

---

(Nursing Administration Representative Name and Signature)

**A. The Preceptor agrees to:**

1. Obtain approval by Agency personnel for serving as the student's Preceptor;
2. Collaborate with student and instructor in developing specific individualized learning objectives which reflect the student's needs, interests, and the realities of the clinical setting;
3. Provide adequate and appropriate supervision of the student while in the clinical setting;
4. Plan with the student experiences which provide for a progression from participant observation (if required) toward responsible professional practice;
5. Assist the student to select experiences that facilitate learning;
6. Participate in the evaluation of the student's performance;
7. Give reasonable notice to the student of schedule changes and arrange for comparable supervision if necessary;
8. Be available to the student for consultation at all times while in the clinical setting, and if necessary, arrange an appropriate substitute or assistant;
9. Notify the instructor immediately if concerns/questions arise as the student's behavior or nursing competence;
10. At all times, take reasonable prudent action to protect the rights of clients;
11. Maintain open communication with student and instructor;
12. Provide the resources needed for a desirable learning climate.

**B. The Student agrees to:**

1. Collaborate with preceptor and instructor in the development of specific individualized learning objectives which reflect student's needs, interests, and the realities of the clinical setting and accept accountability for achievement of those objectives as well as the performance criteria on Preceptor Evaluation of Student.

2. Arrange with the preceptor appropriate learning experiences;
3. Be responsible for planning, implementing and evaluating learning experiences;
4. Give reasonable notice to the preceptor and instructor of schedule changes;
5. Report to the preceptor prior to each learning experience unless other arrangements have been made;
6. Keep the preceptor and instructor informed of learning activities;
7. Be accountable for own nursing actions while in the agency;
8. Respect the confidentiality of all information with regard to the client's and agency's records;
9. Collaborate with preceptor and instructor in evaluation of learning experiences;
10. Maintain appropriate liability insurance through Lincoln Memorial University during the clinical experience;
11. Practice within the limits of the State Nurse Practice Act where the agency is located and according to professional standards of practice;
12. Uphold agency policies and procedures unless in conflict with professional, regulatory or institutional (LMU) standards;
13. Show evidence of adequate preparation for the clinical practicum experience.

**C. The Instructor agrees to:**

1. Collaborate with the preceptor and student in the development of specific individualized learning objectives which reflect student's needs, interests, and the realities of the clinical setting;
2. Provide the preceptor and student with course objectives and expectations/guidelines at the beginning of the experience. Appropriate forms will be provided during the experience;
3. Be available for scheduled and "PRN" consultation/conferences, with student and/or preceptor via telephone, beeper or in person if needed;
4. Participate, in collaboration with student and preceptor, informative and summative evaluation of the student's mastery of the objectives and the preceptor arrangements;
5. Assign a grade of satisfactory/unsatisfactory at the completion of the clinical component:

**D. Upon mutual agreement, all parties involved may modify in writing any terms of the agreement at any time.**

**E. None of the parties incur any responsibility for financial exchange whether in monies or in kind.**

**F. All parties involved are accountable for upholding individual rights and will not discriminate on**

the basis of age, sex, national origin, religious preference or personal beliefs.

- G. All parties agree to promote and maintain direct, open communication. Should problems or conflicts arise, each agrees to discuss them directly with the person involved and work toward mutual resolution.
- H. All parties agree to respect the confidential nature of the learning experience and the health care setting.

**I. Period of Agreement:**

This Agreement shall be in effect beginning

\_\_\_\_\_ and shall end on  
(Month/Day/Year)

\_\_\_\_\_  
(Month/Day/Year)

**Lincoln Memorial University  
Caylor School of Nursing  
NURS 242/244 Preceptor Attendance Log**

**STUDENT NAME:** \_\_\_\_\_

**HOSPITAL:** \_\_\_\_\_

**UNIT:** \_\_\_\_\_



	Improvement	Average	Average	Excellent
Attendance / Punctuality				
Dress / Professionalism				
Communication Skills				
Ability to get along with others				
Caring Attitude				
Organizational / Time Management Skills				
Initiative / Willingness to Learn				
Problem Solving Ability				
Performance of Technical Skills				
Ability to Provide Safe Care				
Accomplishment of Objectives				

What are the student's strengths? \_\_\_\_\_

\_\_\_\_\_

What are the student's weaknesses? \_\_\_\_\_

\_\_\_\_\_

Other comments? \_\_\_\_\_

\_\_\_\_\_

Preceptor Signature: \_\_\_\_\_ Date: \_\_\_\_\_