



Course Number: NURS 126
Course Title: : Promotion of Adaptation in the Psychosocial Modes
Course Credit Hours: 3 credit hours (2 hr. lecture – 1 hr. clinical)
Course Term and Year: Spring 2010

Course Section: NURS 126 – S0

Meeting Time and Place: **Blount Site:** Monday 1:00pm-2:50pm
Corbin Site: Tuesday 1:00pm-2:50pm
Harrogate site: Monday 1:00pm-2:50pm
SMMC site: Thursday 9:00am-10:50am

Course Credit Hours: 3 credit hours

FACULTY CONTACT INFORMATION

Course Coordinator: DJ Strunk, MSN, PMHCNS, BC, 865-273-1542,
donna.strunk@lmunet.edu

Blount site: DJ Strunk, MSN, PMHCNS, BC, 865-273-1542,
donna.strunk@lmunet.edu

Harrogate and Corbin sites: Robin Wilson, EdS, MSN, RNC, 1-800-325-0900, ext. 6321,
robin.wilson@lmunet.edu

SMMCsite: Dr. Lisa Pullen, PhD, PMHCNS, BC, 545-8490, lisa.pullen@lmunet.edu

I. COURSE DESCRIPTION:

A lecture/clinical course focusing on recognition of adaptive human responses versus ineffective responses related to the three psychosocial modes of human adaptive systems. The Roy Adaptation Model (RAM) nursing process is utilized for delivery of basic nursing care for human persons focusing on the adaptive/ineffective responses of the psychosocial modes: self – concept, role function, and interdependence. Builds upon knowledge acquired in study of anatomy, physiology, and developmental psychology. Clinical experiences occur in community and/or hospital mental health care facilities with adults/children/adolescents. Prerequisite: NURS 115, BIOL 261. Pre or co -requisite: NURS 125, BIOL 262, PSYC 221.

II. COURSE OBJECTIVES:

Students who successfully complete NURS 126 will be able to demonstrate, in the clinical/campus laboratory setting, in individual and group conferences, and on written materials, the ability to:

1. Explain current theories, environment, human adaptive systems, and health as it relates to the psychosocial needs of human persons.
2. Apply critical thinking skills based on Roy's Adaptation Model (RAM) in developing the steps of the nursing process.
3. Utilize therapeutic communication skills to promote adaptation of human persons with psychosocial needs.

4. Demonstrate therapeutic interventions to promote adaptive versus ineffective responses in the four adaptive modes: physiologic, interdependence, role function and self – concept.
5. Identify teaching – learning strategies relevant to the human person, environment, health, and adaptation to promote understanding of concepts in mental health nursing.
6. Identify research findings relevant to the RAM nursing process, critical thinking, and therapeutic interventions for human persons with psychosocial needs.
7. Demonstrate knowledge of the ethical and legal standards of mental health nursing.
8. Establish a therapeutic nurse-client relationship with adults, children, and adolescents with psychosocial needs.

III. TEXTS/MATERIALS FOR THE COURSE:

Videbeck, S. (2008). *Psychiatric – mental health nursing*. (4th ed.). Philadelphia: Lippincott.

IV. COURSE REQUIREMENTS, ASSESSMENT (LEARNING OUTCOMES) AND EVALUATION METHODS:

A. Fulfill course requirements.(See LMU Nursing Student Handbook Online 2009- 2010.)

1. Attendance requirements:

- a. Attendance will be taken each class period (lecture/exam). To be counted present, the student must be present for the ENTIRE class period.
- b. Study labs will be provided in each ASN clinical course for faculty to expand on content presented in lecture. Attendance at these study labs is mandatory for ALL students until after the first course exam. After this time, the study labs are mandatory for students who do not have a course average of 83 or greater. Students with course averages of 83 or greater are encouraged to attend the study labs. Attendance will be taken at each study lab. To be counted present, the student must be present for the ENTIRE study lab.
- c. After two (2) absences (lecture/exam/study lab) in one semester, it may necessitate that the student withdraw from this NURS course. The student is to contact the Lead Faculty to arrange for withdrawal from this NURS course.

2. Cell phone usage is NOT permitted in the classroom or clinical area. This includes, but not limited to, talking on the phone, checking messages and text messaging. If a student uses a cell phone during class or clinical, they will be asked to leave and counted absent for that day.

3. Taping of lectures is a privilege which may be granted by the individual faculty member, but it is up to students who wish to tape lectures to ask permission, and not simply assume permission. Students should ask for permission at the beginning of the semester with each individual faculty member.

B. Written Requirements

1. Tests and Examinations:

- a. Four (4) exams, a comprehensive final and one course assessment exam are scheduled. Test dates and times are specified on the lecture schedule. Completion of ALL exams (classroom and course assessment exams) is required to receive credit for NURS 126.

Instructions regarding Course Assessment Exams:

1. The student must register get a user name and password for Course Assessment Exams.
 2. If technical assistance is needed call: 1-800-667-7531. Office hours of support are Monday – Friday, 7am-6pm Central Standard Time.
 3. The faculty at each site will make arrangements for each Course Assessment Exam. Some exams will be administered via paper/pencil and some via the computer.
 4. If the Course Assessment Exam is for completion only (satisfactory/unsatisfactory), the student will be required to take the exam and turn in the grade sheet by a date specified by the faculty. If the Course Assessment Exam is not taken, completed and turned in by the specified time, the student will not be allowed to take a specific scheduled course exam and will receive a zero for that course exam.
 5. If the Course Assessment Exam is for a % of the course grade and the student does not complete the exam at the scheduled time, a grade of zero (0) will be recorded.
- b. A dosage calculation quiz must be taken and the student must achieve a score of 80% before being allowed to pass medications in the hospital. If the student does not achieve 80% on the second attempt and is not allowed to pass medication, the student will receive an unsatisfactory grade in clinical and will NOT be allowed to continue in the course. **Students will have a maximum time limit of 30 minutes.**

Rules regarding tests and examinations:

1. All students are expected to take exams as scheduled. Students are required to notify the faculty by phone or email prior to the scheduled exam time if they are not going to be present. Students are given faculty contact information in each NURS course syllabi and are expected to have it available at all times. If for any reason a student is unable to leave a message for the faculty member via the contact information provided, it is the student's responsibility to contact the Nursing Office on campus (1-800-325-0900, ext. 6324) and talk to the Nursing Secretary or leave a message on her voice mail. Please remember to state you are unable to take the exam and be specific as to the course, the faculty's name and the site you attend. **Any student that does not notify the appropriate faculty will receive a zero for the exam.**
2. The faculty will determine the date and time of any alternate make-up exam. **If the student does not make up the exam on the scheduled date and time, the student will get a zero on the exam.**
3. All electronic devices (pagers, cell phones, PDA's, etc), personal belongings (book bags, purses, coats) are prohibited during examination times. Students may only bring into the exam room pencils and a simple calculator. Students must make arrangements for their other personal belongings during test time.
4. Ball caps or hats with any type of brim will not be allowed to be worn during exam administration.

5. Simple calculators are the **ONLY** calculators allowed during test time. Scientific calculators or those combined with cell phones, PDA's, or other electronic devices are not permitted. If a student presents to an exam with any calculator other than a simple calculator the faculty will collect the calculator and the student will be required to do mathematic calculations by hand only. Calculators collected prior to the exam will be returned after the exam.
6. Editorial corrections will be given at the beginning of the exam. If corrections to the exam are needed once the exam has started, the faculty will interrupt the exam and announce the correction and also write it on the board.
7. Any student who has questions during the exam must raise his/her hand and stay seated.
8. The student must not leave his/her seat until the exam is finished, except for emergencies.
9. The exam will be timed. The time for exam booklets to be turned in and for class to resume will be written on the board. Any student entering late will be required to turn his/her exam at the stated time.
10. **Violation of ANY of the above policies will result in a zero (0) for that exam.**
11. After the exam is finished, the student has the following options:
 - a) Return to his/her seat, and remain quiet until class resumes.
 - b) Leave the classroom. (If the student chooses to leave the room, he/she may not reenter until class resumes.)
12. Nursing Faculty will review and score exams during the week after the exam is given. Individual student grades will be available and posted one week after the exam has been given. Faculty will post exam grades on Blackboard.
13. Faculty reserves the right to correct any clerical error. This includes both increases and decreases to adjusted exam grades.
14. Exam reviews will be scheduled outside of class time. Attendance for exam review is strongly recommended. No books, pencils electronic devices or taping are allowed during the exam review.
15. Students have one calendar week after the test review to meet with their instructor for clarification of any exam related issue. For the last exam of the semester (final unit exam or final comprehensive exam), students must contact the instructor within 24 hours for clarification of any exam related issue. If a student wants to appeal any exam related issue, it must be presented via email within the time frame listed above and addressed to the instructor who taught the content.

2. **Clinical Written Work:** Assigned by the clinical instructor, these works shall be college level submissions.

The following four clinical assignments, 1 – 4 below are the written work for the clinical rotation in N126. The due date for these four clinical assignments is on the last clinical day scheduled for each student. These four clinical assignments can be turned in earlier. These four clinical assignments will be completed on a patient during the clinical rotation. A score of 80% or better must be achieved for the student to receive a satisfactory grade in clinical and successfully complete N126. These assignments shall

be college level submissions. One point per day will be subtracted for late assignments.

1. Assessment
2. Mini – Mental Status Exam (MMSE)
3. Care plan
4. Drug List

Each student will have the opportunity to attend a support group during their clinical rotation. The student will also complete a written assignment for this activity. The due date for this assignment will be on the following clinical day after the support group attendance. The support group assignment must be placed into a folder and turned into the clinical instructor on the due date. This assignment must be satisfactory in order for the student to be successful in N126 clinical rotation. The student will receive an unsatisfactory if this assignment is not turned in on the due date.

3. Coaching Material:

Coaching material is available through the ATI Review Modules, ATI DVD's and student customized review guides generated through practice ATI exams. Students are expected to utilize this ATI material to supplement all NURS course material in order to successfully complete this course.

C. Clinical Requirements: There will be a total of 45 clinical hours for NURS 126. Attendance is required in clinical/campus lab experiences. See LMU Nursing Student Handbook Online (2009-2010). All clinical absences must be made up. A make up day will be required for excused absences. (A doctor's excuse will be required.)

Clinical: Each clinical day in a health care facility will be 7.5 hours in length including a ½ hour lunch break. Students will be in the clinical setting two days per week. Clinical group assignments will be made at the individual sites by the nursing faculty. Clinical days will be announced during the first day of lecture. Clinical make-up days are scheduled for TBA 2009.

- a. After two (2) clinical/campus lab absences (excused and/or unexcused) in one semester, it may necessitate that the student withdraw from this and any other clinical NURS course in which the student is enrolled. The student is to contact the Lead Faculty to arrange for withdrawal from this course/courses. If the student is enrolled in both this course and a specialty NURS course the policy of two (2) clinical/campus lab absences relates to the combined number of absences between these two NURS courses.
- b. A tardy is defined as arriving to the clinical facility ANY time after the scheduled start time. If a student is more than 15 minutes late to the clinical area the clinical instructor has the right to inform the student to go home and the absence will be counted as an unexcused absence.
- c. A student who has unexcused absences and/or tardies will have a point for each absence and each tardy deducted from his/her final exam grade. The only absences that will be recognized as an excused absence will be illness accompanied by a doctor's excuse or a death in the immediate family.
- d. In order to receive a satisfactory grade in clinical, the student must perform the critical behaviors identified in the Clinical Outcomes Tool.
- e. In order for a student to be eligible to go into the clinical areas, he/she must produce

evidence of an annual negative PPD or negative chest x-ray, record of Hepatitis B vaccination or declination form, a Rubella titer and/or second MMR, and current CPR certification the first time this course meets this semester. **If this documentation is not on file before the first clinical day of the semester, the student will not be allowed to attend clinical and the absence(s) will be counted as unexcused.**

- f. Students are reminded that any time they are in the clinical setting for pre-planning, pre-conference, clinical and/or post-conference, they are to adhere to the Caylor School of Nursing uniform policy.

D. Methods of Evaluation

Exam I	20%
Exam II	20%
Exam III	20%
Exam IV	20%
Comprehensive Final Exam	15%
Comprehensive Assessment Exam	5%
Clinical Evaluation	Satisfactory/Unsatisfactory
Clinical Attendance	Satisfactory/Unsatisfactory

E. Incomplete Policy

Students are expected to complete all requirements as assigned during the semester. Incompletes are only given in extreme circumstances deemed by the instructor. If the request for an "I" is approved, the work must be completed within the first six weeks of the following semester (excluding summer terms); otherwise the grade automatically becomes "F". The grade of "I" is calculated in the grade point average with zero points.

F. ASN Caylor School of Nursing Grading Scale:

- A = 90-100%
- B = 80-89%
- C = 70-79%
- D = 60-69%
- F = below 60%

The minimal acceptable grade in nursing is a "B" in theory, and a satisfactory in clinical. An unsatisfactory grade in clinical will result in an "F" for the course. See the LMU Student Handbook Online 2009-2010 or obtain one from the secretary of the Caylor School of Nursing.

A failing grade for either theory or clinical performance will result in a failing grade for the course. The student must attain an overall average of 80% to pass NURS 241 with a "B". **There will be NO rounding of earned grades within the course and NO rounding of the final grade for the course.**

E. Clinical Facilities

Tennessee Facilities

Phone #

V. METHODS OF INSTRUCTION:

Lecture	Small Group Activities
Discussion	Independent Study
Audiovisual Materials	Required & Recommended Readings
Campus/Clinical Laboratory Experiences	Written Assignments
Self-Evaluation	Role Playing
Guest Lecturers	Individual Guidance & Assistance from Instructors
Computer Assisted Learning	Case Studies

VI. INFORMATION LITERACY/TECHNOLOGICAL RESOURCES:

Blackboard will be used for this course to post announcements and individual course grades. In addition the student's email address will be used for all correspondences. Students must have computer skills necessary to participate in this course.

VII. UNIVERSITY POLICIES:

Students with Disabilities Policy: As a rule, all students must read and comply with standards of the LMU Student Handbook and LMU Catalogue. Any student needing assistance in accordance with the Americans with Disabilities Act (1990 as amended) should contact the instructor and the LMU ADA Compliance Officer, Donna Treece-Paul, in order to make appropriate arrangements. Contact information: donna.treece-paul@lmunet.edu and/or 423-869-6251 (800-325-0900 ext. 6251). Office is located on the third floor of the Student Center.

Discrimination Policy: Lincoln Memorial University is committed to maintaining study and work environments that are free from discriminatory harassment based on sex, race, color, national origin, religion, pregnancy, age, military status, disability or any other protected discriminatory factor. Sexual or other discriminatory harassment of its students is strictly prohibited, whether by non-employees (such as contractors or vendors), other students, or by its employees, and LMU will take immediate and appropriate action to prevent and to correct behavior that violates this policy. Likewise, students are strictly prohibited from engaging in harassing behavior directed at LMU's employees, its visitors, vendors and contractors. All students must comply with this policy and take appropriate measures to create an atmosphere free of harassment and discrimination. Appropriate disciplinary action, up to and including, as appropriate, suspension, expulsion, termination from employment or being banned from LMU properties, will be taken against individuals who violate this policy.

Scholastic Dishonesty: It is the aim of the faculty of LMU to foster a spirit of complete honesty and a high standard of integrity. The attempt of any student to present work as his/her own that he/she has not honestly performed is regarded by the faculty and the administration as a very serious offense and renders the offender liable to several consequences and possible suspension.

Cheating: LMU prohibits dishonesty of any kind on examinations or written assignments. These include unauthorized possession of examination questions, the use of unauthorized notes

during an examination, obtaining information during an examination from another student, assisting others to cheat, altering grade records, or entering any campus office without permission. Violations will subject the students to disciplinary action.

Plagiarism: LMU prohibits offering the work of another as one's own without proper acknowledgment. Any student who fails to give credit for quotations or essentially identical material taken from books, magazines, encyclopedias, or other reference works, or from the themes, reports or other writings of a fellow student has committed plagiarism.

LMU's Inclement Weather Policy: Local radio and television stations will be contacted and every effort made to have morning or daytime cancellations posted/announced by 6:00 a.m., along with a recorded announcement on the LMU main campus telephone number: (423) 869-3611. You may also check the university's website for class cancellation notices; they will be posted on <http://www.lmunet.edu/curstudents/weather.html>.

VIII. LINCOLN MEMORIAL UNIVERSITY MISSION STATEMENT:

This may be found at <http://www.lmunet.edu/about/mission.html>

IX. CAYLOR SCHOOL OF NURSING MISSION STATEMENT:

In conjunction with the University's mission, the Faculty of the Caylor School of Nursing strives to instill responsibility and high moral/ethical standards in the preparation of quality nurses, at multiple levels of nursing education, through superior academic programs at the undergraduate and graduate level. Specifically, the mission of the Faculty is to prepare nurses with the ASN, BSN, and MSN degree, to assist individuals, families, communities, and society as they adapt to changes in physiological needs, role function, self-concept, and interdependent relationships during health and illness. The Caylor School of Nursing seeks to respond to the needs of nursing education and healthcare in the surrounding communities by preparing nurses at multiple levels and by providing continuing education/professional development opportunities that are rooted in knowledge, research, and other scholarly activities.

X. COURSE OUTLINE/ASSIGNMENT OR CLINIC SCHEDULE:

NURS 126 LECTURE SCHEDULE – Spring 2010

Blount Site: Mondays 1:00pm-2:50pm

SMMC Site: Thursdays 9:00am-10:50am

Harrogate Site: Mondays 1:00pm-2:50pm

Week of: **Bolded dates/times below = deviations from scheduled class time**

1/4/10 **Monday, Jan. 4:** Orientation to Course, History of Mental Illness

Blount Site: 12p- 1:30p

Corbin Site: 2p-4p

Harrogate Site: 9a-11a

SMMC Site: 2p-4p

Wednesday, Jan. 6: Orientation to Course, History of Mental Illness

Harrogate Site : 1p-3p

Thursday, Jan. 7: Mental Health Assessment, DSM IV – TR, Mental Health/Illness

Blount site: 1pm-4pm

Friday, Jan. 8: Mental Health Assessment, DSM IV – TR, Mental Health/Illness

Harrogate site: 1p-3p

Blount and SMMC sites: 9a-11:30a Clinical Orientation at Peninsula Hospital (Mandatory)

- 1/11/10: Neurobiologic and Psychosocial Theories
- 1/18/10: Martin Luther King, Jr. Day (no classes)
- 1/25/10: Psychopharmacology, Individual, Group, and Family Therapy, Treatment Settings and Therapeutic Programs
- 2/1/10: Therapeutic Relationships and Communication
- 2/8/10: **Exam I**, Review of Mental Health Assessment/Exam, Cultural Traditions/Customs
- 2/15/10: Legal and Ethical Issues, Anger, Hostility, and Aggression
- 2/22/10: Abuse and Violence, Grief and Loss
- 3/1/10: **Exam II**, Anxiety Disorders
- 3/8/10: Schizophrenia, Mood Disorders
- 3/15/10: Spring Break (no classes)**
- 3/22/10: Personality Disorders, Substance Abuse (**Substance Abuse content will be on Exam IV**)
- 3/29/10: **Exam III**, Somatoform Disorders, Cognitive Disorders
- 4/5/10: Eating Disorders and Child and Adolescent Disorders
- 4/12/10: **Exam IV**
- 4/19/10: **ATI Mental Health Course Assessment Exam**
- 4/28/10: Comprehensive Final Exam (All sites): Wednesday, April 28 9a-11a**

XI. IMPORTANT DATES IN THE ACADEMIC CALENDAR SPRING 2010:

Spring Semester 2010

Residence halls open (8:00 a.m.)	January 3
Registration and New Student Orientation	January 4
Classes begin	January 5
Last day to complete registration/add classes	January 13
Martin Luther King Day (no classes)	January 18
Convocation (9:30 a.m. in session classes & resident students)	February 2
Lincoln Day/Founders Day (special activities)	February 12
Last day to drop course without "WD"	February 19
Mid-term	February 22-26
Last day to drop course without "F"	March 10
Residence halls close (5:00 p.m.)	March 12
Spring break (no classes)	March 15-19
Residence halls open (1:00 p.m.)	March 21
Early registration begins	March 29
Good Friday (no classes)	April 2
Classes end	April 23
Final exams	April 26 - 30
Commencement (11:00 a.m.)	May 1
Residence halls close (2:00 p.m.)	May 1

XII. THE INSTRUCTOR RESERVES THE RIGHT TO REVISE, ALTER AND/OR AMEND THIS SYLLABUS, AS NECESSARY. STUDENTS WILL BE NOTIFIED IN WRITING AND/OR BY EMAIL OF ANY SUCH REVISIONS, ALTERATIONS AND/OR AMENDMENTS.